

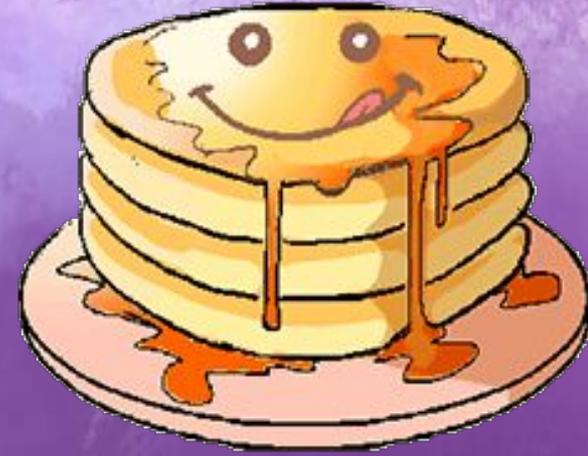
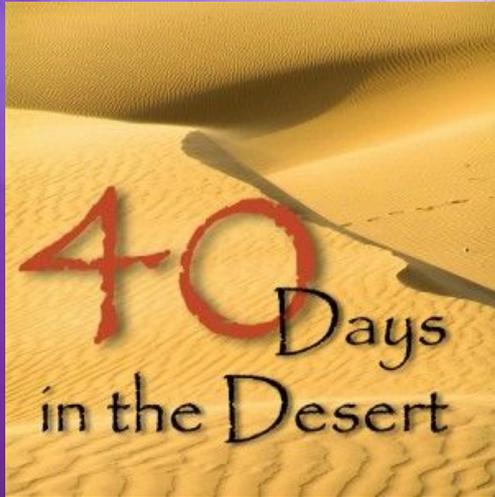


St Barnabas

Monday 3rd March 2025

Church of England Primary Academy

A member of **CTDARI**



Shrove Tuesday

10.



LENT PRAYER



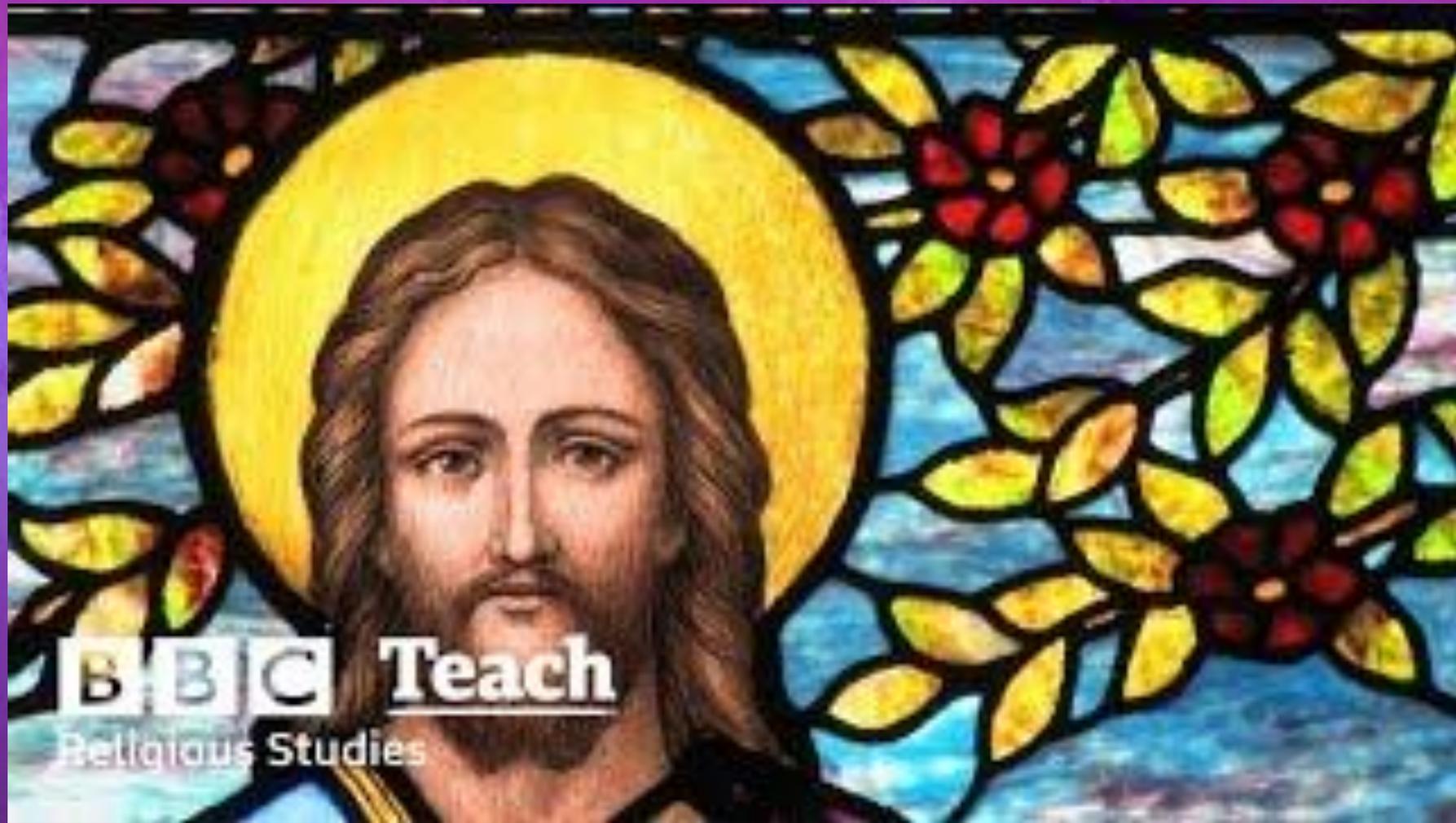
PEACE BE WITH YOU

**And also
with you**



Lord Jesus,
help us to use the days of
Lent to grow closer to You,
to seek forgiveness of our
sins and to rejoice in the
salvation You give us
through the power of the
cross.

Amen



BBC Teach

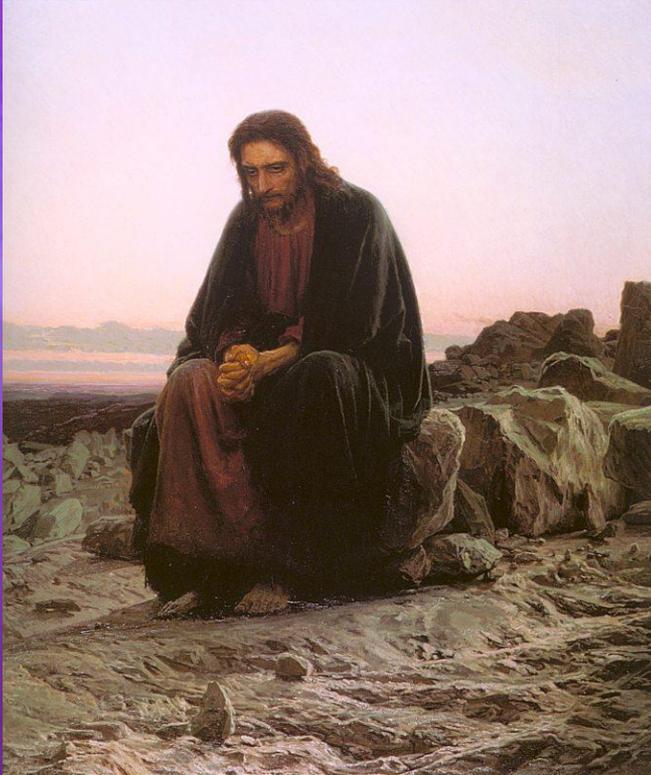
Religious Studies

When does Lent begin?

- Lent begins the day after pancake day/Shrove Tuesday.
- The last day ends with Palm Sunday.
- This is the day when Jesus rode into Jerusalem on a donkey and people waved palms leaves at him and laid them at his feet.



Why does Lent last for 40 days?



- Jesus went to the desert for 40 days and nights. He didn't have any food or water.
- The devil came and tried to make Jesus eat and drink.
- He made Jesus lots of promises but Jesus said **NO!**

What happens during Lent?



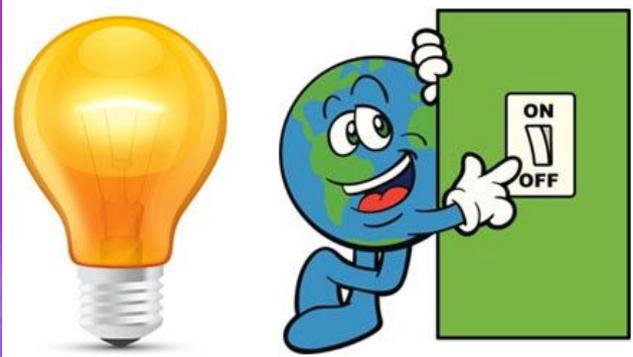
- Lent is a time when Christians give up something special like chocolate.
- This reminds them when Jesus went into the desert and gave up food.
- It's also a time to give something back.

- **There are many special days during Lent leading up to Easter.**
- **Easter is the most important of all Christian festivals**
- **Lent is a time when Christians prepare for Easter and think of Jesus.**



If you gave
something up
for Lent. What
would it be?





SAVE ENERGY
Turn off light after use



What could you 'give' this Lent?





THE BIG LENT WALK

WALK 200KM IN 40 DAYS TO HELP
FIGHT GLOBAL POVERTY



WHY ARE WE WALKING THIS LENT?

Your sponsorship can and will change lives. Every £1 raised through the Big Lent Walk will help fight poverty globally in countries like Afghanistan, Colombia, the Democratic Republic of the Congo and South Sudan.

CAFOD and SCIAF have a shared project in Ethiopia and we are working together to respond to the devastating food crisis there. Years of drought caused by the climate crisis means families are no longer able to cope, but your support means we are working with people right now, providing them with water, emergency food and healthcare.

CAFOD's Lent Appeal this year highlights [Lokho's story](#) and her community's resilience in overcoming the devastating impacts of drought. Together, they worked to protect their crops from the harsh climate.

With your hard work and sponsorship this Lent, we can change families' lives for good and tell poverty to take a hike.

No food. No water. No safety net



 Lokho and her children

<https://schools.walk.cafod.org.uk/fundraising/st-barnabas-ce-primary-academys-big-lent-walk>





Reflection



Is there anything that you would like to 'give up' this Lent to help you feel closer to God?

How can you show kindness and 'give' during Lent to help others?

Which Christian Values can you show this Lent?

Dear God,

Thank you for the love you have for all of us.

Thank you that you are with us in both good and bad times.

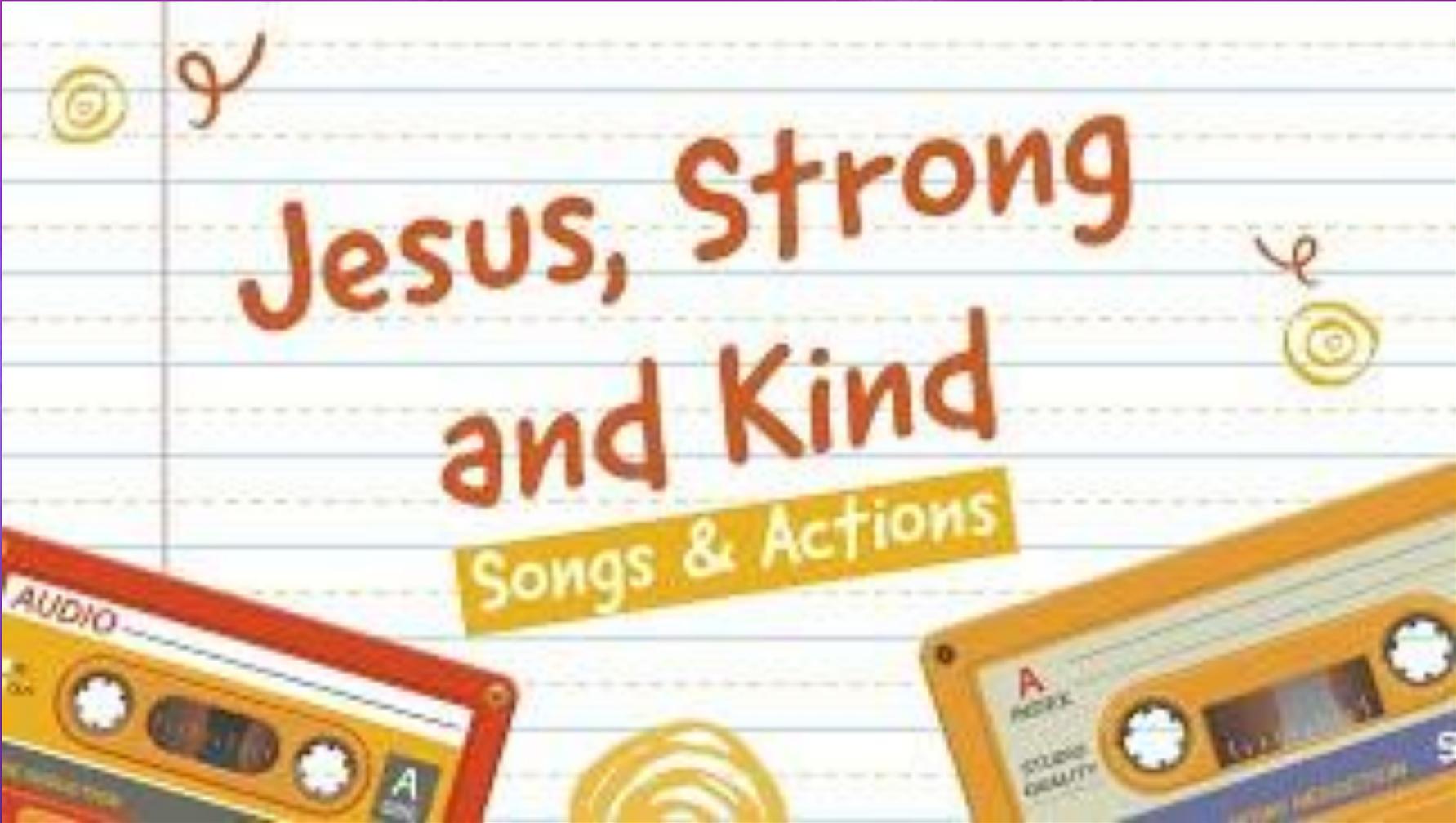
Thank you that Jesus went through tough times.

Thank you that he never gave up, but continued to love us.

Please help us always to be ready to help others when they are in need.

Please help us to work together to show kindness to each other and our world this Lent.

Amen.



Jesus, Strong
and Kind

Songs & Actions

