



St Barnabas

Tuesday 4th March 2025

Church of England Primary Academy

A member of **CTDARI**



Shrove Tuesday



Lent is a time for
saying sorry for things.



**What are you
sorry for?**

**God listens to our
prayers and
forgives us when
we do things
wrong.**

When does Lent begin?

- Lent begins the day after pancake day/Shrove Tuesday.
- The last day ends with Palm Sunday.
- This is the day when Jesus rode into Jerusalem on a donkey and people waved palms leaves at him and laid them at his feet.



What happens during Lent?



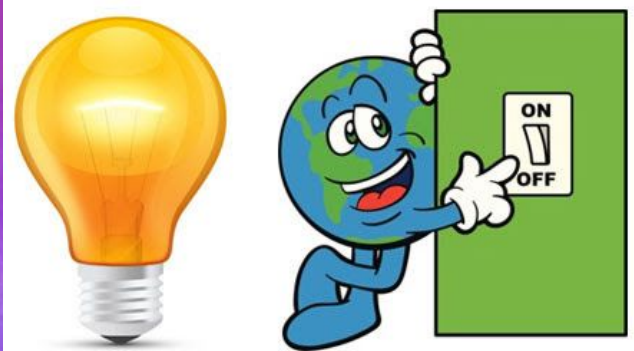
- Lent is a time when Christians give up something special like chocolate.
- This reminds them when Jesus went into the desert and gave up food.
- It's also a time to give something back.

- There are many special days during Lent leading up to Easter.
- Easter is the most important of all Christian festivals
- Lent is a time when Christians prepare for Easter and think of Jesus.



**If you gave
something up
for Lent. What
would it be?**





SAVE ENERGY
Turn off light after use



What could you 'give' this Lent?







Religious Studies

Good deeds for Ramadan



Donate to food
banks



Help out
others



Look after the
environment



Share food



Give to charity



Volunteer



DO LENT
GENEROUSLY



4 acts School wallchart

Sundays are rest or catch-up days

#generosity 1 List 5 things you are thankful for	#encouragement 2 Surprise someone with a compliment	#provision 3 Do you have a duplicate of something, like a sticker or toy? Consider giving one to someone who'll love it	#connection 4 Smile at ten people today
#share 5 Share a ruler, eraser or colouring pencils with someone who asks to use them	#language 6 Learn to say hello to someone in their first language	#wonder 7 Tell someone what makes them special to you. This can be in a letter, or in conversation	#offerings 8 Decorate a giving jar to start collecting loose change, or pocket money that you save just to give away
#blessing 9 Help with washing up after art lesson or load the dishwasher at home/child-minders or school	#support 10 Say thank you every time someone does something for you today, no matter how small	#brew 11 Offer to get a drink for a grown up or fill a friend's water bottle	#seen 12 Smile at everyone who goes past you
#bestow 13 Make a poster about a local food bank and share it with your class	#hospitality 14 Leave fresh water or seeds out for the birds, or refill your pet's food/water bowl at home	#appreciation 15 Find something you have in common with 5 different people	#equip 16 Find something broken and fix it
#feed 17 Thank the person who gave you lunch today	#value 18 Notice something an adult in school does today to help you and say thank you	#message 19 Draw a picture that will make someone smile and give to them	#kindness 20 Offer to carry someone's schoolbag or allow someone to take your place in the lunch queue

4 acts School wallchart

Sundays are rest or catch-up days

#wisdom 21 Help someone with a task they find difficult, like reaching or putting on shoes	#converse 22 Learn how to say 'hello' in sign language	#family 23 Make a friendship bracelet and give it away	#care 24 Tidy up for someone without being asked
#gratitude 25 Make a thank you card for your classroom/school cleaners	#service 26 Offer to carry a friend's schoolbag	#presence 27 Help someone with a challenge and support them until they're confident	#prayer 28 Take some time to sit quietly and give thanks for all the things you have and all the people you love
#champion 29 Turn the lights off as you leave an empty room throughout the day	#neighbour 30 Is there someone in your class or school you haven't talked to? Start a conversation and see where it leads	#nourish 31 Eat the healthy bits of your lunch first and really enjoy any treats	#believe 32 Ask your teacher to tell you a story of a time when they were generous, or experienced generosity
#rock 33 Cheer when someone does something great today	#light 34 Turn a piece of scrap paper into something artistic and give it away to someone	#welcome 35 Invite someone to sit next to you at lunch today	#percentages 36 Let someone go ahead of you in a queue
#love 37 Tell someone how much you love them, then show them with little acts of love	#gifts 38 Share one of your favourite things with a friend	#time 39 Ask someone how they are feeling today and listen to their answer	#reflect 40 Congrats on reaching 40! Share which challenges were your favourite

4 acts School wallchart

Sundays are rest or catch-up days

#generosity

1

List 5 things you are thankful for

#encouragement

2

Surprise someone with a compliment

#provision

3

Do you have a duplicate of something, like a sticker or toy? Consider giving one to someone who'll love it

#connection

4

Smile at ten people today



Reflection



How can you 'be kind' and show generosity and 'give' during Lent to help others?




Be kind



Lent 2020

CAF  **D**

Catholic Agency for
Overseas Development

**no one
beyond reach** 

Loving God,

Help us to work together

to share what we have

so that everyone has what they need.

Help us to build a better world

where each of us can become the best person we can be.

Amen

A vibrant, cartoon-style illustration of a landscape. On the left, a multi-colored rainbow arches across the sky. The sky is a clear, bright blue, populated by several soft, white, puffy clouds. In the upper right corner, a large, bright yellow sun is partially visible. The ground is a solid green field. In the foreground, several stylized flowers with green stems and leaves are scattered across the grass. The flowers have various colored petals, including pink, yellow, and blue. The overall scene is cheerful and bright.

Give me love in my heart, keep me serving
Give me love in my heart, I pray
Give me love in my heart, keep me serving
Keep me serving 'til the break of day

*Dance, dance, wherever you may be
I am the Lord of the Dance, said He*

*And I'll lead you all, wherever you may be
And I'll lead you all in the Dance, said He*

**IF I SAID, THANK YOU A MILLION TIMES
IT'S NOT ENOUGH**



