








Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Dish	Vegetarian meatballs in a tomato sauce with spaghetti	Mince beef and dumplings with crusty bread	Roast turkey and stuffing roast potatoes and gravy	Chicken and tomato pasta bake	Fish of the day with chips
Vegetarian Main Dish	Vegetarian shepherd's pie 	Vegetable curry with rice  	Quorn chicken fillet and roast potatoes 	Mascarpone pasta	Pizza with chips
Accompaniments	 Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
Desserts	Apple crumble and custard	Shortbread biscuits and mandarins 	Chocolate crunch	Banana muffins	Chocolate cake
Fresh Fruit & Yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt 
Jacket Potato and Sandwich Selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



MENU



Fuel your afternoon with a healthy school lunch from Mellors

-  - MEAT FREE MONDAY
-  - 1 OF YOUR 5 A DAY
-  - CHEF'S CHOICE