






Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Dish	Vegetarian sausage with hash brown and omelette	Homemade Lasagne 	Roast Beef with Yorkshire pudding gravy and mashed potato	Chicken curry with mixed rice 	Fish of the day or salmon fishcakes with chips
Vegetarian Main Dish	BBQ Quorn™ wrap with baked potato wedges	Vegetarian pasta bake 	Quorn roast with gravy and mashed potato	Vegetarian chilli with rice	Pizza with chips
Accompaniments 	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
Desserts	Short bread Biscuit	Chocolate sponge & chocolate sauce	Flapjack	Fruit crumble and custard 	Chocolate orange cookies
Fresh Fruit & Yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
Jacket Potato and Sandwich Selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



MENU



Variety is the key to a healthy diet. try something new today!

-  - MEAT FREE MONDAY
-  - 1 OF YOUR 5 A DAY
-  - CHEF'S CHOICE