








Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meat Dish</b>	Bbq quorn wraps With potato wedges 	Chicken and vegetable pie with mashed potato	Roast beef with Yorkshire puddings, roast potatoes and gravy	Chicken tikka masala with brown rice	Fish of the day with chips
<b>Vegetarian Main Dish</b>	Vegetarian bolognese with pasta	Sweet potato and vegetable hot pot 	Vegetarian toad in the hole with roast potatoes and gravy	Quorn™ lasagne with crusty bread	BBQ bean and cheese wrap with chips
<b>Accompaniments</b>	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
<b>Desserts</b>	Mandarin cake and custard 	Banana and oat muffin	Fruit scone 	Oaty apple crumble and custard 	Homemade Cookie
<b>Fresh Fruit &amp; Yoghurt</b>	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
<b>Jacket Potato and Sandwich Selection</b>	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



# MENU



Quench your thirst with free fresh drinking water available daily



- MEAT FREE MONDAY



- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE