



St Barnabas

Church of England Primary Academy

A member of **CDARI**

Curriculum Overview PSHE & RSE 2021-2022

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Key Dates	World Mental Health Day - 10th October	World Kindness Day - 13th November Anti-Bullying & Road Safety Week - W/C -15th November	Safer Internet Day - 8th Feb	International Women's Day - 8th March World Health day - 7th April Earth Day - 22nd April	Mental Health Awareness Week - W/C - 10th May	LGBT Pride Month - June World Environment Day - 5th June
Reception	Unit 1 – Core Skills	Unit 11 – Being Different	Unit 9 – Taking Part	Unit 5 – Keeping Safe	Unit 2 – Relationships	Unit 10 – It's OK to Tell
Year 1	What is the same and different about us?	Who is special to us?	What helps us stay healthy?	What can we do with money?	Who helps to keep us safe?	How can we look after each other and the world?
Year 2	What makes a good friend?	What is bullying?	What jobs do people do?	What helps us to stay safe?	What helps us grow and stay healthy?	How do we recognise our feelings?
Year 3	How can we be a good friend?	What keeps us safe?	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
Year 4	What strengths, skills and interests have?	How do we treat each other with respect?	How can we manage our feelings?	How will we grow and change?	How can our choices make a difference to the others and the environment?	How can we manage risk in different places?
Year 5	What makes up a person's identity?	What decisions can people make with money?	How can we help in an accident or emergency?	How can friends communicate safely?	How can drugs common to everyday life affect health?	What jobs would we like?
Year 6	How can we keep healthy as we grow?		How can the media influence people?		What will change as we become more independent? How do friendships change as we grow?	
KEY	Health and Wellbeing		Living in the Wider World		RELATIONSHIPS	

