



# St Barnabas

## Church of England Primary Academy

A member of **CDARI**

**'Achieving great things through learning and growing together in a love-filled Christian family'**

**'That they shall have life, life in all its fullness!' John 10:10**

## **Physical Education Intent, Implementation and Impact**

### **Intent**

At St Barnabas, Physical Education is an integral part of our curriculum and we strive to create a culture which aims to inspire an active generation to enjoy PE, encourage each other and achieve great things. We provide a safe and supportive environment for children to flourish in an ever widening range of different physical activities which is essential in supporting their physical, emotional, spiritual, social and moral development. We aspire for children to adopt a positive Growth Mindset and believe that anything can be achieved with determination and resilience. We are extremely lucky at St Barnabas having four specialist PE teachers as part of our school family and we are able to offer a varied and dynamic program of activity to ensure that all children progress physically through a unique and fully inclusive PE curriculum. Our curriculum aims to challenge and support, improving the well-being and fitness of all children. This is not only achieved through the sporting skills taught, but through the underpinning values and disciplines PE promotes. We aim to deliver high quality teaching and learning opportunities that enable all children to achieve their best and succeed. All children participate in a vast range of competitive sports at St Barnabas, at a range of levels which can be against self and/ or others, inter and intra school. We also place an essential part of our curriculum on swimming. Swimming is an important life skill and we aspire for all children to leave primary school having met at least the minimum requirements of the National Curriculum. We endeavour to encourage children to transfer the school

values and that our whole school family can be physically active for sustained periods of time and able to make informed decisions to lead healthy and active lives.

### **Implementation**

- PE at St Banbas provides challenging and enjoyable learning through a range of sporting activities including invasion games, net & wall games, striking and fielding games, gymnastics, dance, health and fitness, outdoor and adventure and swimming.
- The whole Year 3 class has swimming in the Autumn and Summer Terms. In Summer Term, booster sessions are held for children in Years 4-6 who have not yet met the curriculum requirements.
- Pupils participate in at least 2 hours of high-quality PE lessons each week, covering two different sports/ skills focuses each half term.
- The Long-Term planning for each class, which are accessed electronically through iPads, set out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met. This is tracked by the PE Lead using the PE Passport App, where evidence, assessments and twice weekly registers can be viewed. All staff can access the Medium-Term planning and half termly assessments for each class throughout the academic year.
- Teachers use and adapt planning and resources to ensure lessons across years show progression.
- Children are encouraged to participate in the varied range of extra-curricular activities. We provide inclusive and enjoyable clubs which increase children's physical activity. Clubs are offered to both KS1 and KS2 children, occasionally Foundation Stage too.
- Children are encouraged to stay active at break times, completing their 1K a Day, using the Trim Trails, accessing the MUGA or taking part in a club. A sports and fitness coach is also employed by school each lunchtime. Classes follow a weekly timetable and take part in a range of sports and physical activity.
- All Year 6 children can become Play Leaders for the school. Training for this is provided by our School Games Organiser. The children assist with and organise games at break times.

- We believe that having Sports Leaders at St Barnabas, helps to develop sporting role models for the younger children. Six Sports Leaders are elected each year. These children meet weekly with the PE Lead and discuss ways to develop the PE and Sports in our school. They also organise both Inter and Intra School competitions, support club development, lead pupil voice and actively encourage sport for all.
- Children are invited to attend a host of competitive sporting events and festivals within the local area and beyond. We take part in all competitions on offer and strive for an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events also develop teamwork and leadership skills. We have regularly represented the Borough at The Lancashire School Games in events such as High 5's Netball and Orienteering and these are very much enjoyed by children.

### **Impact**

At St Barnabas, we aspire for children to enjoy PE and develop a love of sport and physical activity which becomes part of their future life outside of primary school. We ensure that our PE curriculum is progressive and allows children to develop fundamental skills and apply them to a variety of sports and activities. Our pupils are physically active, and this has a positive impact on their learning in the classroom. We have created a safe and supportive environment that encourages each child to lead a healthy lifestyle and understand the importance of regular exercise. Children can represent the school at sporting events from local to county level. All children are provided with the necessary skills and given opportunities to demonstrate improvement to achieve great things and live life in all its fullness.