

#### Subject Area: Physical Education

#### Reporting Period: September 2018 – February 2019

Actions:

-Organise for the Lancashire Lead PE practitioner to undertake both INSET and one to one sessions for both gymnastics and dance.

Lancashire Lead teacher has undertaken

-Specialist coaching

-SLA agreement with Blackburn with Darwen School Sports Partnership

- Organise further provision for children to take part in swimming lessons with a focus on life saving/water safety skills.

- To provide opportunities for the wider community to improve their health and fitness

- To continue with the 1K a day initiative and Active Ants scheme

- Provide specialist coaching and CPD for teachers in Orienteering (Lead competition for Lancashire Schools Games 2019)

- To ensure that all children leave Year 6 meeting the National Curriculum requirements by providing them with further supported swimming lessons. Contact Anne Rawlings to arrange extra swimming session for those that have not achived expectation after attending in either Year 3 or 4.

- To book Year 3 and 4 on a visit to an Outdoor Education centre

- To provide specialist sports coaching specifically linked to taking part in The Lancashire School Games

- To purchase an outdoor sound system for both Key stage playgrounds in order to undertake fitness sessions such as outdoor aerobics

- To purchase new KS2 playground markings directly linked to health and fitness

#### **Impact of Actions Taken:**

-Lancashire Lead PE Teacher Jessica Squires has undertaken twilight sessions for both Dance and Gymnastics. All teachers have also received further CPD in gymnastics. Lesson observations and walk throughs show that the standard of teaching for gymnastics has improved dramatically and confidence within this area has grown. Children enjoy lessons and progression can clearly be observed. CPD in dance has also been booked for Summer term 2019. Staff questionnaires to be completed at the end of Summer term when all CPD has been undertaken.

-The SLA agreement increase has enabled children from across both key stages to access competitions from Kurling at Key Stage 1 to Sportshall Athletics and Biking in Key Stage 2. This has also enabled further provision for both Able and Gifted and SEN children, such as the Feb 19 half term sports camp, attended by four pupils identified as A&G at St Bedes.

-Further/extended swimming provision for Year 3 has enabled more children to meet the NC requirements and we have also seen an increase in children meeting the NC requirements for competency in water safety. Alongside this, we have booked an extra swimming block for those children who have previously attended school swimming lessons, but did not meet the NC requirements. This involves 24 children from Years 4-6 attending a swimming lesson at DLC on a Friday afternoon for a full term. This will finish at the end of Spring term 2 2019.

-The 1K a day initiative continues to be undertaken daily and is now led by the Welfare team. Unfortunately the Active Ants scheme has still not been established by the outside agency provider, so we have decided as a school that a refund should be sought and funding can now go towards supply cover for teachers who wish to attend competitions and courses for PE CPD.

-A specialist coach in Orienteering is currently employed by the school and this will be in place until Spring term 19. He is also providing CPD for the Year 5 and 6 teachers, alongside preparing the children to take part

in the School Games Competition in March 2019.

-Year 5 will attended a PGL visit in June 2019. The children will benefit hugely with increased self-esteem, confidence and develop independence with being away from home. Team building and problem solving encourage different friendship groups and overall these are highly valued and professionally led residential visits.

The Year 5 residential has been paid for by parents/carers.

-Years 3 and 4 will attend a day visit to Rock and River Outdoor Education centre in Summer Term 2019 and the cost of this will be met by Sports Premium Funding.

-Sports Leaders have taken an active role in developing the provision for school sport and both inter and intra school competitions. So far, the Sports Leaders have helped organise and manage a Sportshall Athletics competition for Sig 5 group schools, specifically for Able and Gifted children and a House academies event across both key stages. Children take more responsibility and lead on listed responsibilities. In undertaking these further responsibilities this has alleviated some of the pressure on the PE curriculum leader and the office admin staff. EG meets with the Sports Leaders every Wednesday lunchtime to discuss future events and initiatives etc.

-Daily Playground leaders undertake activities on the Infant yard. Extra equipment was purchased to support the PAL's program and HB acts as Welfare supervisor. A good quality resource is now available to all children and a timetable is followed successfully.

-Playground markings have been purchased for the KS2 playground and these are in the form of a health and fitness trail. Further provision for football nets and netball court markings are to follow in Summer term 2019. -We are currently looking at a range of quotes from locally based companies, who can provide us with an outdoor sound system and this will be put in place by summer 2019.

-Children have been able to access an extensive range of clubs at lunchtime and after school. The PE Leader, CT's and specialist coaches have enabled children of all abilities to access extra- curricular sport and physical activity.

Clubs and training sessions that have been undertaken linked to the School Games Initiative and Competitions:

### Cross Country Event 1 @ St Pauls, Hoddlesden

• Placing in events

### High 5's Netball

• BRIC Indoor Central League – runners up

### **Sports Hall Athletics**

- Year 5 & 6 Second place.
- Years 3 & 4 Overall winners

# Tri-Golf

• Years 3 & 4 – Professional coach booked for weekly after school club in Spring Term 2 2019. Competition to follow in May 2018.

# Orienteering

• Years 5 & 6 – Professional coach currently undertaking weekly class based sessions in both year groups. School Games competition entered for March 19.

# Netball

- DPSSA Overall Winners (out of 13 schools)
- Biking
  - BwD Schools Competition to attend March 19

# KS1 Kurling

• Attended in November 2018 and gained 3<sup>rd</sup> place position

# Key Step Gymnastics Step 2

• Year 3 and 4 squad attended in February 2019 with results to follow

Children have been able to familiarise themselves with the event environment, practice and build confidence. Training in Whitehall park and around Jacks Key has built stamina for cross country events.

Clubs and specialist coaching undertaken this academic year:
High 5's Netball – Y4/5/6
Netball 7's – Y4/5/6
Tag Rugby – Y3/4/5/6
Football – Y3/4/5/6 and specialist coaching with Pro-Direct
Sports Hall Athletics –Y3/4/5/6 and specialist coaching
Cross Country Running – Y3/4/5/6
Dodgeball –Y1/2/3/4/5 Pro –Direct Football – Y1/2/3/4/6
Dodgeball –Y1/2/3/4/5/6
Orienteering – Y5/6 and specialist coaching
Tri Golf – Y3/4/5/6 and specialist coaching with PGA golf
Cricket – Y5/6
Swimming – Y3/4/5/6
Rounders –Y5/6
Quad Kids -Y3/4
Athletics –Y3/4/5/6
Visits included Whitehall Park for Cross Country training, Feniscowles Recreation ground for Orienteering
club, Darwen Leisure Centre for Swimming.
Continuous monitoring and observations of PE sessions undertaken. Pupil interviews conducted and
recorded. Parental feedback forms to be completed post PGL visits to and for Sports Day also.
CPD to be undertaken in Dance and Gymnastics following a staff audit. EG to organise with Lancashire Lead
Glen Swindlehurst for Jessica Squires to attend Twilight and CPD sessions in school time with all class
teachers.
Next Steps:
• Meet with BS (Lead Governor) to discuss impact so far and budgetary requirements/legislation
<ul> <li>Check that all NEW Evolve for OAA and PGL visits have been completed by leading CT's</li> </ul>
Complete Staff CPD questionnaires Summer 19
• Book further inter school competitions in the school diary for Sports Leaders to organise and lead on.
<ul> <li>Send out all PE diary dates for Summer 19 with a detailed list of children/staff involved etc on a school based RA.</li> </ul>

- Confirm dates with staff for Lancashire PE Lead to run further dance CPD in summer term 19 and organise an up to date DBS for Jessica Squires.
- Purchase outside sound system and organise fitting for summer 19.
- Organise and manage clubs and competitions for Summer 19 linked to both School Games and DPSSA events.

Signed: Emily Gardner Date: February 2019