



## St Bartholomew's C of E Primary School – Physical Education Curriculum Intent



### Curriculum Intent

At St Bartholomew's Church of England Primary School we are athletes! We want our children to love physical education and sport, knowing that if they enjoy PE they can grow up wanting to become gold medal winners, sports journalists, nutritionists and personal trainers. The PE curriculum has been designed so that pupils have the opportunity try a range of sports and develop their skills in a progressive manner. We want them to remember their PE lessons in school and embrace opportunities that they are presented with. We enrich their time in school with unforgettable experiences and provide opportunities that might normally be out of reach. For example: residential and day trips to experience Outdoor and Adventurous activities. We firmly believe that it is not just about what happens in the classroom and that memorable experiences are important to inspire our children.

The curriculum promotes the children to become resilient and independent, whilst working as a team participating in sporting activities. We want to equip them with not only the minimum statutory requirements of the physical education National Curriculum but to prepare them for the opportunities, responsibilities and experiences of later life. For example; through learning problem solving skills in orienteering and being able to work as part of a team in our games units, children are able to apply these skills in wider-world contexts.

We want our pupils to use the local area and be inspired by local athletes to learn about other cultures, respect diversity and each other's talents and gifts. We want the pupils to go on in later life with a love of being physically active and know the benefits of exercise on their health and mental wellbeing. We recognise the difference between Physical Education and Physical activity. We want children to understand that there is more to PE than just being active. Our goal is for children to build an arsenal of knowledge and skills to become physically literate. To do this we incorporate both in the life of a pupil at St Barts.' Extra-curricular clubs support learning from PE lessons, provide wider sporting opportunities e.g. archery and lacrosse and develop their skills further as well as providing competitive opportunities against others.

Through our involvement in the local sports partnerships, we provide every child with the opportunity to experience competitions and sporting events. We also use our PE and sport curriculum to ensure that every child has Leadership opportunities, both of which support their development into adulthood.

We believe that every pupil should experience a range of sports to enable them to make well-informed decisions about staying active in the future and give them skills in a variety of areas so that children can develop their love for physical activity.