

EASTER HOLIDAY SWIMMING LESSONS WEEK 1: 1 - 7 April 2024

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A	AIREBOROUGH	FEARNVILLE	HOLT PARK ACTIVE	JOHN CHARLES, AQUATICS CENTRE	JOHN SMEATON
Tue Be Tue Im	-Swimmer Intensive es-Fri 09.20-09.50 eginner Intensive es-Fri 08.45-09.15 prover Intensive es-Fri 09.55-10.25	Beginner Intensive Tues-Fri 09.15-09.45, 09.50-10.20 Improver Intensive Tues-Fri 10.30-11.00 Challenge Award (Stage 7) Wed & Thurs 14.20-15.20 Introduction To Rookie Lifesaving (8-12yrs) Tues 14.15-15.15	Beginner Intensive Tues-Fri 09.00-09.30 1-2-1 Lesson (30min slots) Tues/Wed/Thurs/Fri 10.30-11.00 Swim Stoke Improvement Breaststroke Tues 11.10-11.40 Backstroke Wed 11.10-11.40 Frontcrawl Thurs 11.10-11.40 Butterfly Fri 11.10-11.40	Beginner Intensive Tues-Fri 09.30-10.00 Improver Intensive Tues-Fri 10.00-10.30	Beginner Intensive Tues-Fri 10.00-10.30, 10.30-11.00 Improver Intensive Tues-Fri 10.00-10.30, 10.30-11.00
	KIRKSTALL	PUDSEY	SCOTT HALL	WETHERBY	PRICING*
Ad Tue 1-2-1 Tues 10 Wed 09 Th	hprover Intensive es-Fri 13.10-13.40 dvanced Intensive es-Fri 13.40-14.10 Lesson (30min slots) 0.50-11.50, 14.25-14.55 0.30-10.00, 14.25-14.55 hurs 14.25-14.55 10-10.40, 14.25-14.55	Non-Swimmer Intensive Tues-Fri 10.55-11.25	9-14yr Beginner Intensive Tues-Fri 08.45-09.15 9-14yr Improver Intensive Tues-Fri 09.20-09.50	Non-Swimmer Intensive Tues-Fri 13.30-14.00 Beginner Intensive Tue-Fri 14.00-14.30 Improver Intensive Tues-Fri 14.00-14.30 1-2-1 Lesson (30min slots) Various slots available check online	INTENSIVE 4 DAY £28.00 ST / £20.00 LCX 1-2-1 LESSON £22.50 ST / £16.00 LCX CHALLENGE AWARD (2 DAYS) £24.00 ST / £20.00 LCX SWIM STROKE IMPROVEMENT & INTRODUCTION TO £7.00 ST / £5.00 LCX *ST = STANDARD AND LCX =

For further information or to make a booking please contact your chosen centre direct, for contact details visit active.leeds.gov.uk Please note not all activities available at all sites

LEEDSCARD EXTRA



14.55

Thurs 14.25-14.55

Fri 09.10-10.40, 14.25-14.55

EASTER HOLIDAY SWIMMING LESSONS WEEK 2: 8 - 14 April 2024

SCAN ME	
TO BOOK ONLINE	

TRY DIVING / TRY STAGE 8 COMPETITIVE SWIMMING

50P

*ST = STANDARD AND LCX = LEEDSCARD EXTRA

					TO BOOK ONLINE
AIREBOROUGH	FEARNVILLE	HOLT PARK ACTIVE	JOHN CHARLES, AQUATICS CENTRE	JOHN SMEATON	KIPPAX
Non-Swimmer Intensive Tues-Fri 09.55-10.25 Beginner Intensive Tues-Fri 08.45-09.15, 09.20-09.50 Improver Intensive Tues-Fri 08.45-09.15, 09.20-09.50 Advanced Intensive Tues-Fri 09.20-09.50	Beginner Intensive Tues-Fri 09.15-09.45, 09.50- 10.20 Improver Intensive Tues-Fri 10.30-11.00 Introduction To Stage 8 Competitive Swimming Tues 14.15-15.15	Beginner Intensive Tues-Fri 09.00-09.30 1-2-1 Lesson (30min slots) Tues/Wed/Thurs/Fri 10.30-11.00 9-14yr Beginner Intensive Tues-Fri 11.10-11.40	Beginner Intensive Mon-Fri 09.30-10.00 Improver Intensive Mon-Fri 10.00-10.30	Beginner Intensive Tues-Fri 10.00-10.30, 10.30-11.00 Improver Intensive Tues-Fri 10.00-10.30, 10.30-11.00 Introduction To Rookie Lifesaving (8-12yrs) Thurs 13.45-14.30	
KIRKSTALL	PUDSEY	SCOTT HALL	WETHERBY	PRICIN	
Improver Intensive Tues-Fri 13.10-13.40 Advanced Intensive Tues-Fri 13.40-14.10		Beginner Intensive Mon-Fri 08.45-09.15 Improver Intensive Mon-Fri 09.20-09.50	Non-Swimmer Intensive Tues-Fri 13.30-14.00 Beginner Intensive Tue-Fri 14.00-14.30	£35.00 ST / £ INTENSIVE £28.00 ST / £ 1-2-1 LE £22.50 ST / £	E 4 DAY 220.00 LCX SSON
1-2-1 Lesson (30min slots) Tues 10.50-11.50, 14.25- 14.55 Wed 09.30-10.00, 14.25-	Non-Swimmer Intensive Tues-Fri 10.55-11.25	Challenge Award (Bronze) Mon 08.55-09.55	Swim Stoke Improvement Breaststroke Mon 14.00-14.30 Butterfly Tues 14.00-14.30 Frontcrawl Thurs 14.00-14.30	CHALLENGE £12.00 ST / £ SWIM STROKE IMPROVEMEN £7.00 ST / £	T & INTRODUCTION TO

1-2-1 Lesson (30min slots)

Various slots available check

online

For further information or to make a booking please contact your chosen centre direct, for contact details visit <u>active.leeds.gov.uk</u>

Please note not all activities available at all sites

TRY Stage 8 Competitive

Swimming

Wed 08.55-09.55



EASTER HOLIDAY SWIMMING LESSONS **DESCRIPTIONS & INFORMATION**

					SCAN ME TO BOOK ONLINE
NON-SWIMMER INTENSIVE	BEGINNER INTENSIVE	IMPROVER INTENSIVE	ADVANCED INTENSIVE	9-14YR BEGINNER INTENSIVE	9-14YR IMPROVER INTENSIVE
For children aged 3+ with no swimming experience. The children will work towards the preschool or Stage 1 Swim England outcomes	For children ages 5+ with some experience in the water. The children will work towards the Stage 1 or Stage 2 Swim England outcomes.	For children ages 5+ who are enrolled on Stage 3 or 4 or are able to swim a minimum of 5m on the front and back unaided. The children will work towards the Stage 3 or Stage 4 Swim England outcomes.	For children ages 5+ who are enrolled on Stage 5+ or are able to swim a minimum of 20m on the front and back unaided. The children will work towards the stage 5 or Stage 6/7 Swim England outcomes.	For older beginners (9- 14yrs) who cannot swim 2 recognisable strokes (5m each). They will work towards Stage 1 & Stage 2 Swim England outcomes. Learn the basic strokes and water confidence.	For older improvers (9- 14yrs) who have completed 9+ beginners and able to swim basic strokes without aids. Develop your swimming with older children working towards Stage 3 & Stage 4 Swim England outcomes.
1-2-1 LESSON	SWIM STROKE IMPROVEMENT	CHALLENGE AWARD	INTRODUCTION TO	TRY DIVING / STAGE 8 COMPETITIVE SWIMMING	PRICING* INTENSIVE 5 DAY
These 1-2-1 lessons are suitable for either new	For children in Swim	Children must be in Stage 7 or above to attend.	An introductory lesson covering the skills essential	DIVING: Enjoy gymnastics, trampolining, mountain biking or just an adrenaline junkie? Swimmers must be	£35.00 ST / £25.00 LCX INTENSIVE 4 DAY £28.00 ST / £20.00 LCX 1-2-1 LESSON £22.50 ST / £16.00 LCX

swimmers or those who wish to have individual and specialised teaching to improve a stroke or a particular skill. Lessons available for children and for adults.

England Stage 4 swimming lessons upwards. The full class working only on stroke technique. You never know, it might help you move up to the next stage.

Swimmers will be challenged to develop a wide range of skills and stamina to achieve the Awards, focusing on good stroke style. Awards are available for all to complete.

to the specific discipline i.e. rookie, diving, water polo, synchronised swimming (synchro).

Swimmers must have completed Stage 7.

stage 5+, or able to swim 50m and be confident in deep water

STAGE 8 COMPETITIVE **SWIMMING: Swimmers** must have completed stage 7 and have an interest in swimming competitively.

CHALLENGE AWARD (2 DAYS) £24.00 ST / £20.00 LCX

CHALLENGE AWARD £12.00 ST / £10.00 LCX

SWIM STROKE IMPROVEMENT & INTRODUCTION TO... £7.00 ST / £5.00 LCX

TRY DIVING / TRY STAGE 8 COMPETITIVE SWIMMING 50P

For further information or to make a booking please contact your chosen centre direct, for contact details visit <u>active.leeds.gov.uk</u> Please note not all activities available at all sites. If you are attending intensive lessons as a new customer, attendance does not guarantee a place on our lesson programme.

*ST = STANDARD AND LCX = LEEDSCARD EXTRA

COMPETITIVE SWIMMING SESSIONS @ AQUATICS CENTRE, JOHN CHARLES

DIVE START CLINIC

(Stage 8 Competitive Swimming, County East/West & Regional Fast track)

Dates Available: 2 April 09.00-12.00 or 13.00-16.00

Cost £24.00 standard or £17.00 Leedscard Extra

RACING SKILLS TOUCH & TUMBLE TURNS CAMP*

(Stage 8 Competitive Swimming, County East/West & Regional Fast track)

Dates Available: 3 April 09.30-14.30

Cost £32.00 standard or £27.00 Leedscard Extra

SWIM STROKE TECHNIQUE*

(Stage 8 Competitive Swimming, County East/West & Regional Fasttrack)

Dates Available:

Butterfly 4 April 09.30-14.30

Backstroke 9 April 09.30-14.30

Breaststroke 10 April 09.30-14.30

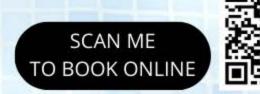
Freestyle 11 April 09.30-14.30

Cost £32.00 standard or £27.00 Leedscard Extra (per day)

*Children booking on to camps will enjoy a morning of dryland & pool activities, quick pit stop for lunch (don't forget a pack up) and then the same again in the afternoon

Bookings now been taken, book online or call 0113 3760398 to book your child's place





DTS SQUAD CAMPS

M AQUATICS CENTRE, JOHN CHARLES

SQUAD DIVE CAMP

Dates Available: 5 April & 10 April

Time: 09.00-14.00

Cost £32.00 standard or £23.00 Leedscard Extra (per day)

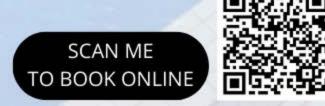
THOSE ATTENDING MUST BE A MEMBER OF THE DIVING TRAINING SCHEME

Remember a pack up! Children under 8 must have an adult in the building for the duration

Bookings now been taken, book online or call 0113 3760398







DIVEIN

AQUATICS CENTRE, JOHN CHARLES

LEARN TO DIVE CAMP: BEGINNERS & IMPROVERS

Dates Available: 3 April, 8 April, 12 April

Time: 09.00-14.00

Cost £32.00 standard or £23.00 Leedscard Extra (per day)

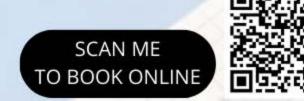
Children must be able to swim 50 metres or at Stage 5 and be confident in deep water

Those attending the full day camp will enjoy a morning of dryland & pool activity, quick pit stop for lunch (remember a pack up) and same again in the afternoon. Children under 8 must have an adult in the building for the duration

Bookings now been taken, book online or call 0113 3760398







AIREBOROUGH EASTER HOLIDAY DRYSIDE ACTIVITIES



1 - 14 April 2024

MULTI-SPORT CAMP (8-12YRS)

Dates Available: 2, 3, 4, 5, 8, 9, 10, 11, 12 April

Time: 10.00-15.00

Enjoy a day of activities, games and even a dip in the pool for a fun swim. There will be plenty of breaks for drinks & snacks and a pit stop for lunch (don't forget a pack up, drinks & snacks). An action packed day sure to tire any child out!

Children must be aged 8-12 years and be confident in water. Please wear suitable indoor clothing and trainers, and remember swimwear/towel for the pool session

JUNIOR ROLLER DISCO (8-15YRS)

Dates Available: 2 & 9 April

Time: 16.30-17.30

Come along with your friends and celebrate the school holidays with our roller disco. Have fun skating or scooting to the latest tunes

FAMILY ROLLER DISCO (5YRS+)

Dates Available: 5 & 12 April

Time: 16.30-17.30

Adults you must be accompanied by a child! Children you must be accompanied by an adult! Have fun skating or scooting to the latest tunes

Pricing*

Multi Sports Camp £11.00 ST / £7.50 LCX per day

Roller Disco £5.00 ST / £4.00 LCX per day *ST = standard and LCX = Leedscard Extra

For further information or to make a booking please contact Aireborough on 0113 3760398 email <u>aireborough.lc@leeds.gov.uk</u>





ARMLEY EASTER HOLIDAY DRYSIDE ACTIVITIES

30 March - 14 April 2024

EASTER EGG HUNT (3-10YRS)

Dates Available: 30 March

Time: 11.00-12.30

Gather round for an egg-citing adventure! Join us for a hopping good time at our Easter egg hunt. All children booked will receive an easter egg! For children under 8yrs, adults must remain within building at all times

Pricing

£8.00 per child

For further information or to make a booking please contact Armley on 0113 3760398 email <u>armley.lc@leeds.gov.uk</u>

Should you wish to book a place and your child has a dietary requirement please email the team and they will discuss their needs



ACTIVE LEEDS

HOLT PARK EASTER HOLIDAY DRYSIDE ACTIVITIES

1 - 14 April 2024

MULTI-SPORT CAMP (8-12YRS)

Dates Available: 3, 5, 10, 12 April

Time: 10.00-15.00

Enjoy a morning of activities and games, quick pit stop for lunch (don't forget a pack up) and then in to the pool for a fun swim. An action packed day sure to tire any child out!

Children must be aged 8-12 years and be confident in water. Please wear suitable indoor clothing and trainers, and remember swimwear/towel for the pool session

Bouncy Castle & Soft Play (3-8yrs)

Dates Available: 2, 9 April

Times: 10.00-10.45 or 11.00-11.45

Jump and move around to burn off some energy on our bouncy castle and soft play equipment. Adults must remain in the room but are not permitted on the bouncy castle

Pricing*

Multi Sports Camp £11.00 ST / £7.50 LCX per day

Bouncy Castle & Soft Play £3.00 - PROMOTIONAL PRICE

*ST = standard and LCX = Leedscard Extra

For further information or to make a booking please contact Holt Park Active on 0113 3760398 email holtpark.active@leeds.gov.uk





PUDSEY EASTER HOLIDAY DRYSIDE ACTIVITIES

1 - 14 April 2024

Football Fun (8-12yrs)

Dates Available: 4, 8, 11 April

Time: 11.00-12.00

Football Fun (5-7yrs)

Dates Available: 4, 8, 11 April

Time: 10.00-11.00

Basketball Fun (8-16yrs)

Dates Available: 3, 10 April

Time: 12.00-13.00

INFLATABLE FUN SPECIAL (2-5yrs)

Dates Available: 2 April (Easter Themed), 9 April

Times: 09.00-10.00

INFLATABLE FUN SPECIAL (2-12yrs)

Dates Available: 2 April (Easter Themed), 9 April

Time: 10.30-11.30, 12.00-13.00, 13.30-14.30

Terminator Inflatable Challenge (6-12yrs)

Dates Available: 4, 11 April

Time: 13.00-14.00

For children under 8yrs, adults must remain within building at all times

Pricing

£3.00 for the Holidays!!

For further information or to make a booking please contact Pudsey on 0113 3760398 or email <u>pudsey.lc@leeds.gov.uk</u>





SCOTT HALL EASTER HOLIDAY DRYSIDE ACTIVITIES

1 - 14 April 2024



Dates Available: 2, 9 April

Time: 10.00-12.00

GYMNASTICS CAMP (6-15yrs)

Date Available: 6 April

Time: 10.00-12.00

GYMNASTICS CAMP (4-5yrs)

Dates Available: 6 April

Time: 12.00-13.00

For children under 8yrs, adults must remain within building at all times

Pricing*

Multi Sports Camp £6.00 ST / £5.00 LCX

Gymnastics Camp (2hr) £11.00 ST / £7.50 LCX

Gymnastics Camp (1hr) £6.50 ST / £5.00 LCX

*ST = standard and LCX = Leedscard Extra

For further information or to make a booking please contact Scott Hall on 0113 3760398 or email <u>scotthall.lc@leeds.gov.uk</u>



EASTER HOLIDAY GYMNASTICS SESSIONS

KIPPAX LEISURE CENTRE

GYMNASTICS CAMP 6-15yrs: 11 April 10.00-12.00

GYMNASTICS LESSON 4-5yrs: 11 April 12.00-13.00

MORLEY LEISURE CENTRE

GYMNASTICS CAMP 6-15yrs: 4 & 12 April 10.00-12.00

GYMNASTICS LESSON 4-5yrs: 4 & 12 April 12.00-13.00

SCOTT HALL LEISURE CENTRE

GYMNASTICS CAMP 6-15yrs: 6 April 10.00-12.00

GYMNASTICS LESSON 4-5yrs: 6 April 12.00-13.00

Price:

1 Hour £6.50 Standard / £5.00 Leedscard Extra 2 Hours £11.00 Standard / £7.50 Leedscard Extra

*Children under 8 must have an adult in the building for the duration

To book please call a member of the team on 0113 3760398

