

FEBRUARY HALF TERM SWIMMING LESSONS

12 - 18 February 2024



				TO BOOK ONLINE
AIREBOROUGH	FEARNVILLE	HOLT PARK ACTIVE	JOHN SMEATON	KIPPAX
Non-Swimmer Intensive Tues-Fri 09145-10.15 Beginner Intensive Tues-Fri 08.35-09.05, 09.10-09.40 Improver Intensive Tues-Fri 08.35-09.05, 09.10-09.40 Advanced Intensive Tues-Fri 08.35-09.05, 09.10-09.40	Beginner Intensive Mon-Fri 10.40-11.10, Tues-Fri 09.30-10.00, 10.05-10.35 Improver Intensive Mon-Fri 10.40-11.10, Tues-Fri 09.30-10.00 TRY Synchronised Swimming Wed 10.00-10.45	Beginner Intensive Mon-Fri 09.00-09.30, 10.30- 11.00 or 11.10-11.40 1-2-1 Lesson (30min slots) MonFlues/Wed/ Thurs/Fri 10.30-11.00 9-14yr Beginner Intensive Mon-Fri 11.10-11.40	Beginner Intensive Mon-Thurs 10.30-11.00 Improver Intensive Mon-Thurs 10.00-10.30	Beginner Intensive Mon-Fri 14.00-14.30 Improver Intensive Mon-Fri 14.00-14.30
KIRKSTALL	MORLEY	PUDSEY	SCOTT HALL	PRICING*
1-2-1 Lesson (30min slots) Tues 10.20-11.50, 14.30-15.00 Wed 09.30-10.00, 14.30-15.00 Thurs 14.25-15.55 Fri 09.10-10.40, 14.15-15.15	Improver Intensive Tues/Wed/Fri 13.00-13.30 & Thurs 13.30-14.00	9-14yr Beginner Intensive Mon-Fri 11.25-11.55 Beginner Intensive Mon-Fri 10.55-11.25	Beginner Intensive Mon-Fri 08.45-09.15 Improver Intensive Mon-Fri 09.20-09.50	INTENSIVE 5 DAY £35.00 ST / £25.00 LCX INTENSIVE 4 DAY £28.00 ST / £20.00 LCX 1-2-1 LESSON £22.50 ST / £16.00 LCX TRY SYNCHRONISED SWIMMING 50P *ST = STANDARD AND LCX = LEEDSCARD EXTRA

For further information or to make a booking please contact your chosen centre direct, for contact details visit <u>active.leeds.gov.uk</u>

Please note not all activities available at all sites



FEBRUARY HALF TERM SWIMMING LESSONS DESCRIPTIONS & INFORMATION

NON-SWIMMER INTENSIVE

BEGINNER INTENSIVE

IMPROVER INTENSIVE

ADVANCED INTENSIVE

For children aged 3+ with no swimming experience. The children will work towards the preschool or Stage 1 Swim England outcomes. Please note attending these lessons does not guarantee a place on our lesson programme.

For children ages 5+ with some experience in the water. The children will work towards the Stage 1 or Stage 2 Swim England outcomes. Please note if you are attending these lessons as a new customer, attendance does not guarantee a place on our lesson programme.

For children ages 5+ who are enrolled on Stage 3 or 4 or are able to swim a minimum of 5m on the front and back unaided. The children will work towards the Stage 3 or Stage 4 Swim England outcomes. Please note if you are attending these lessons as a new customer. attendance does not guarantee a place on our lesson programme.

For children ages 5+ who are enrolled on Stage 5+ or are able to swim a minimum of 20m on the front and back unaided. The children will work towards the stage 5 or Stage 6/7 Swim England outcomes. Please note if you are attending these as a new customer, attending lessons does not guarantee a place on our lesson programme.



SCAN ME TO BOOK ONLINE

9-14YR BEGINNER INTENSIVE

For older beginners (9-14yrs)

who cannot swim 2 recognisable

strokes (5m each). They will work

towards Stage 1 & Stage 2 Swim

England outcomes. Learn the

basic strokes and water

confidence.

1-2-1 LESSON

TRY SYNCHRONISED SWIMMING

These 1-2-1 lessons are suitable for either new swimmers or those who wish to have individual and specialised teaching to improve a stroke or a particular skill. Lessons available for children and for adults.

Do you have a child interested in performing in the water? Would they like to try learning a new skill set with other like minded children? Come along and give Synchronised Swimming a try

Children must be able to swim 50m unaided or be at Stage 5. All children must be able to swim Breaststroke

Pricing*

Intensive 5 day £35.00 ST / £25.00 LCX

Intensive 4 day £28.00 ST / £20.00 LCX

1-2-1 Lesson £22.50 ST / £16.00 LCX

TRY Synchronised Swimming 50p

*ST = standard and LCX = Leedscard Extra

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