



## Statement of intent

St Bartholomew's C of E Primary School is passionate about making a difference to the lives of young people. We believe in teamwork; working with each other, with teachers and colleagues across the school, with the wider school community and most importantly with the young people in our school. We act with determination. Whatever issues, or challenges our students, their families, the school, our team or the community face, we always support, react and pull together. Finally, we are committed to making a difference; we are not passive players in young people's lives but active participants who can and do make a real difference.

By the time pupils leave St Bartholomew's, we not only want them to have fulfilled their academic potential but we want them to be confident, independent British citizens, who will be positive role models in society and demonstrate the following attributes:

- **Ambition** – always aiming to better themselves.
- **Courage** - they will not be afraid to try new things.
- **Commitment** - they will work hard.
- **Willpower** – they will strive to be the best they can be.
- **Integrity** – they will tell the truth at all times.
- **Drive** – they want to better themselves at every opportunity.
- **Patience** – they will accept that some things take time.
- **Resilience** – they will always keep trying.
- **Optimism** – they know that good things will happen to them if they work hard.

We realise the importance of good mental health in achieving the above qualities and attach high importance to it in helping our young people fulfil their potential. Young people with good mental health can make the most of their potential, cope with life, play a part in family, workplace, communities, and build strong/positive relationships.

We will strive to change opinions on mental health - that we all have mental health, all of the time and that having positive mental health helps us to grow, learn, form relationships and experience life to the fullest. We will also strive to ensure that all stakeholders are aware that just with other aspects of health, our mental health will sometimes need support. Helping to develop protective factors in early life will help to offset risks.

All elements towards our approach to mental health must be pulling in the same direction for our young people to be more confident, happier and resilient. This will be at the forefront of moving the school forward in championing good mental health in school and developing protective factors to offset risks.