St Bart's Quick Guide To: Dyslexia



What is Dyslexia?

The pupil has difficulties with accurate and fluent word reading and/ or spelling. Difficulties in verbal memory, phonological awareness and speed of processing are likely to play a part.

What might this look like?

The pupil may struggle with:

- Remembering strings of instructions.
- Sequencing skills (e.g., alphabet/ times tables/ time).
- Making and retaining firm links between letters and their corresponding sounds.
- "Place-keeping" e.g., repeating or skipping words, letters, numbers, or whole steps of an assigned task.
- Task completion not because they are lazy or uncooperative, but because they have lost track of what they are doing.
- Speed and quality of writing by the time s/he finishes spelling the first few words, s/he's forgotten what s/he intended to say next.
- Reading comprehension while working hard to decode written words, the child loses track of the overall "gist" of the text.
- Organisational skills.
- Copying from the board.
- Concentration/ attention.
- Tiredness and frustration due to the extra effort needed to keep up.

Top Tips

- 1. Give information in small, repeated chunks check understanding.
- 2. Scaffold learning e.g., writing frames (remove the blank page), prompt sheets, cue cards.
- 3. Plan to over learn skills and concepts (practice and repeat) to embed learning.
- 4. Ensure any reading material is at the correct level.
- 5. Practice/ prepare any texts to be read out loud.
- Eliminate unnecessary tasks (e.g., writing the date/ success criteria, copying out passages/ maths problems)
- 7. Reduce the number of tasks required to demonstrate competence (such as 5 maths problems instead of 2)
- 8. Increase time to complete tasks including quizzes, tests, and other classbased work.
- 9. Monitor time spent on homework and adjusting as necessary.
- 10.Use multisensory strategies (see, say, write, feel) to practice skills.
- 11.Ask the pupil what helps.

Further Advice

Useful Websites:

British Dyslexia Association

www.bdadyslexia.org.uk/

Leeds and Bradford Dyslexia Association (LABDA)

www.labda.org.uk