

St Bart's Quick Guide To: Spirituality



What is spirituality?

Something everyone can experience regardless of religion, culture or beliefs

Through spirituality at St Bart's we look at the awe and wonder in the world around us. We promote a love of nature and all living things—of life!

We encourage children and adults within school to look beyond themselves at the bigger picture and reflect on those big questions and 'Wow moments'.

A Special Time — space for reflection

When we take time to be spiritual and reflect we will ensure we make it a special time for children and adults

Work and equipment will be cleared away to allow for discussion and reflection.

In worship we will use candles and calm lights and create a quiet atmosphere.

We may use objects and pictures to stimulate reflection and engage everyone



What's at the end of the rainbow?

Our spirituality lessons and reflections will refer to

'Golden Moments'

Those times when we express how something makes us feel or when we are amazed by something in the world we live in.



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Bringing Spirituality into School

The planned opportunities

These can include:

- In worship daily and with a half termly Big Question
- In RE and PSHE with regular opportunities for reflection and discussions
- Asking and discussing planned Big Questions (Worship/Curriculum)
- Times for reflection, including at the end of the day
- Through the wider curriculum identifying 'Golden Moments'
- Our 'Bucket List' activities and experiences

Those Amazing spontaneous opportunities

These can include:

- When a rainbow appears or snow falls
- In response to a world event
- When questions arise that can be explored

How we will evidence this?

It could be:

Questions on displays

Floor books

Worship displays

Pictures

Video

Use of post-its/children's notes

Planning

Big Questions we may ask could include:

- ♦ What if
- ♦ I wonder
- ♦ How does
- ♦ What do you think

Look for opportunities to use questions on your curriculum displays in class and on the corridor to get the children thinking.



We will use this symbol across school to identify our Big Questions. Get the children to look out for them.

REMEMBER NOT ALL QUESTIONS
HAVE AN ANSWER