



## **How do I get a diagnosis?**

It can be a very stressful, frustrating and difficult time when you feel your child has a more complex need such as Autism, ADHD, or is suffering from a mental health difficulty. You know that something is wrong and want your child to get the support they need.

The process of diagnosing a physical issue such as asthma or diabetes is very clear. The process for diagnosing neurodevelopmental disorders such as autism and ADHD, or a mental health issues is much more complex.

No-one in school can make a diagnosis, but we can help to identify the symptoms as they appear in school. We are good at strategies which help to minimise the impact of a symptom where it is affecting a child's ability to access their education or their wellbeing in school and we will not wait for a diagnosis before supporting them in school. Often, a diagnosis does not change the support a child gets in school.

Where a child has social or emotional difficulties that are severely affecting his or her education, school will discuss with you additional support that can be available through our Cluster Services.