



How do I get a diagnosis?

It can be a very stressful, frustrating and difficult time when you feel your child has a more complex need such as Autism, ADHD, or is suffering from a mental health difficulty. You know that something is wrong and want your child to get the support they need. The process of diagnosing a physical issuesuch as asthma or diabetes is very clear. The process for diagnosing neurodiverse conditions such as autism and ADHD, or a mental health issue is much more complex

Unfortunately, school can not make a diagnosis, but we can help to identify the signs as they appear in school. We will support your child with a number of strategies and support them according to their needs. We will ensure that your child can access their education and ensure their wellbeing in school whether your child has a diagnosis or not. Often, a diagnosis does not change the support a child gets in school. A diagnosis can be sought through 'Mindmate'. Parents can refer their child or school can refer to mindmate but prior to this may need to refer to the cluster and the school based speech and language therapist. There may be some questionnaires that you will need to be complete about your child. Where a child has social or emotional difficulties that are severely affecting his or her education, school will discuss with you additional support that can be available through our Cluster Services.