St Bartholomew's C of E Primary School Physical education Policy



Our Christian Vision

Believe Achieve Respect Together Succeed

- **B** We **believe** we will flourish in God's family.
- A We know that everyone in St Bart's can achieve.
- R We respect everyone in our family.
- T Together we support and help each other.
- S As part of God's family we support everybody to succeed.

Safeguarding

St Bartholomew's C of E Primary School is committed to safeguarding and promoting the welfare of its pupils. We believe all staff and visitors have an important and unique role to play in the protection of children.

<u>Vision-</u>We aspire for all children to be engaged in regular physical activity through high quality PE lessons and active break times. We aim to increase the numbers of pupils in school sporting activities and through participation develop understanding of key values such as teamwork, fair play and respect for themselves and others. As a result children will have a positive attitude to physical activity, an understanding of the importance of this and will go on to lead healthy lifestyles.

Objectives

-To develop the children's knowledge, skills and understanding in order to enable them to perform with increasing confidence and competence in physical education.

-To develop core skills used in a range of sports/games with increasing control and co-ordination

-To encourage children to collaborate effectively with others in a range of situations.

-To enable children to make informed choices about physical activities throughout their life and understand the positive effects on their bodies.

-For all children to be able to swim 25 m unaided by the end of Key Stage 2.

-To increase children's ability to use what they have learnt to improve the quality and control of their performance and evaluate their success.

-To provide/encourage children to participate in extra-curricular activities and to be active during playtimes.

<u>Teaching and Learning-</u> We use a variety of teaching and learning styles in PE lessons. This includes whole class teaching, group activities and individual support. Sports leaders are used to support, model and evaluate others performance. Within lessons children are given the opportunity to both, collaborate and compete using a wide range of resources.

<u>PE curriculum planning</u> - Physical Education is a foundation subject in the National Curriculum. Our school works in conjunction with Leeds Well School Partnership. We follow use the GetSet4PE planning scheme. The scheme builds upon key skills throughout the key stages to allow pupils to leave with all the necessary curriculum requirements and key skills set by the National Curriculum.

Foundation Stage- Physical development is an integral part of the curriculum in Early Years. All children are given the opportunity to undertake activities that offer appropriate physical challenge. A wide range of resources are provided to support specific skills including gross and fine motor skills. The planning scheme is used in Reception to ensure the fundamental skills are taught to build the core skills needed going into year 1. In addition the play in Early Years allows Physical development to take place.

Key Stage 1 and Key Stage 2

Both key stages use the GetSet4PE planning scheme. This provides a more consistent approach of learning throughout the school. Each year the children will build upon the skills learnt in the previous years. The children also learn a variety of sports throughout school which allow the children to put their skills into practice.

Inclusion

PE forms part of the school curriculum policy to provide a broad and balanced curriculum to all children. Through PE we provide learning opportunities using a range of strategies to ensure the challenge of the task is appropriate to the ability of the individual child including those with SEN, disabilities and children who are gifted and talented enabling all pupils to make good progress. Teachers are encouraged to use the STEP (Space, Time, Equipment and People) framework to ensure the needs of all pupils are met. We strive to meet the needs of those pupils. All children have the opportunity to represent school in sports teams and events.

<u>Assessment for learning-</u>Children are provided with oral feedback during the lessons and sports leaders are used to help evaluate their peer's performance. At the end of each unit teachers make judgements against the key skills using the assessment tool on GetSet4PE. An end of year judgment forms part of their annual school report.

<u>Resources</u> - There are a wide range of resources to support the teaching of PE across the school. Resources are stored in the PE store cupboard and the hall. The hall also contains a range of large apparatus including; wall bars, ladders and vaults. Other equipment is stored in the cube in the large playground and children are expected to help set up and return this equipment. By doing so, the children learn to handle equipment safely. Each class has a timetable slot in the MUGA and the local swimming pool is used for swimming lessons. The outside gym is used to encourage physical activity and discuss the benefits of exercise.

Sports Premium Funding - The school makes effective use of the additional government funding. Please see the Plan and review on the school website

<u>Health and Safety-</u> Everyone has a duty under the health and safety guidelines to ensure PE activities are carried out with due regard to the safety of staff and pupils in line with the school, Local Authority and Health and Safety Policies. There is an annual check by Sportsafe.

<u>Dress and Changing</u>-Staff must wear appropriate footwear, remove jewellery and are allowed to come dressed in suitable clothing for physical movements. Children are provided PE T-shirts and are allowed to come in their PE kits on PE days. Long hair must be tied back and headbands removed. Children must wear shorts/tracksuit bottoms and an appropriate top. In cold conditions children are allowed to wear jumpers.

PSHE & SMSC - PE contributes to the teaching of PSHE and citizenship. Children learn about the benefits of exercise and healthy eating including how to make informed choices towards achieving a healthy lifestyle. PE offers opportunities to support the social development of our children through cooperation and team building.

<u>Extra- Curricular activities -</u>The school provides a wide range of PE related activities for children at lunchtimes and after school. The school sends details of the current activity clubs to parents at the beginning of each term. School teams play regular fixtures against other schools and within school.

<u>Monitoring and review</u>. The monitoring of the standards of children's work and the quality of teaching is the responsibility of the subject leaders and SMT. This involves supporting colleagues, staying informed about the current developments in the subject and providing a strategic lead and direction for PE in the school.

Reviewed: December 2022	
Review Date: December 2024	
Signed by:	Head Teacher
Signed by:	Chair of Governors