St Bartholomew's C of E Primary School PE Curriculum Overview – 2021-2022



		Term							
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2			
Reception	Fundamentals 1	Fundamentals 2	Ball Skills 1	Ball skills 2	Games 1	Games 2			
	Skills:	Skills:	Skills:	Skills:	Skills:	Skills:			
	I am confident to try	I am confident to try	I can make	I can negotiate	I can negotiate space	I can negotiate space			
	new challenges.	new challenges,	independent	space safely with	safely with	safely with consideration			
	I can negotiate	deciding on the skills	choices.	consideration for	consideration for myself	for myself and others.			
	space safely with	I use to complete	I can negotiate	myself and others.	and others.	I follow instructions			
	consideration for	the task.	space safely with	I follow instructions	I follow instructions	involving several ideas or			
	myself and others.	I can negotiate	consideration for	involving several	involving several ideas	actions.			
	I follow instructions	space safely with	myself and others.	ideas or actions.	or actions.	I play co-operatively, take			
	involving several	consideration for	I persevere when	I persevere when	I play co-operatively,	turns and encourage			
	ideas or actions.	myself and others.	trying new	trying new	take turns and	others.			
	I play co-	I follow instructions	challenges.	challenges.	encourage others.	I play games honestly with			
	operatively, take	involving several	I play ball games	I play ball games	I play games honestly	consideration of the rules.			
	turns and encourage	ideas or actions.	with consideration	with consideration	with consideration of	I show an understanding			
	others.	I play co-	of the rules.	of the rules.	the rules.	of my feelings and can			
	I play games	operatively, take	I play co-operatively	I play co-operatively	I show an understanding	regulate my behaviour.			
	honestly with	turns and	and take turns with	and take turns with	of my feelings and can	I use ball skills with			
	consideration of the	congratulate others.	others.	others.	regulate my behaviour.	developing competence			
	rules.	I play games	I use ball skills with	I use ball skills with	I use ball skills with	and accuracy.			
	I use movement	honestly with	developing	developing	developing competence	I use movement skills with			
	skills with	consideration of the	competence and	competence and	and accuracy.	developing balance and			
	developing balance	rules.	accuracy.	accuracy.	I use movement skills	co-ordination.			
	and co-ordination	I show an			with developing balance				
	when playing	understanding of my			and co-ordination.				
	games.	feelings and can							
		regulate my							
		behaviour.							
		I use movement							
		skills with							
		developing balance							
		and co-ordination.							

Introduction to PE 1 Introduction to PE 2 **Gymnastics 1 Gymnastics 2** Dance 1 Dance 2 Skills: Skills: Skills: Skills: Skills: Skills: I can make I am confident to try new new challenges. independent new challenges. new challenges. new challenges and challenges and perform in perform in front of front of others. I can negotiate choices. I can combine I can combine space safely with I can negotiate movements. movements. others. I can combine movements. consideration for space safely with selecting actions in selecting actions in I can combine selecting actions in myself and others. consideration for response to the task response to the task movements fluently, response to the task. I follow instructions myself and others. and apparatus. and apparatus. selecting actions in I can negotiate space involving several I follow instructions I can confidently and I can confidently and response to the task. safely with consideration ideas or actions. involving several safely use a range of safely use a range of I can negotiate space for myself and others. I play coideas or actions. large and small large and small safely with I follow instructions operatively, take I play co-operatively apparatus. apparatus. consideration for myself involving several ideas or turns and encourage and take turns with I can negotiate I can negotiate and others. actions. I show respect towards others. others. space safely with space safely with I follow instructions I play games I understand the consideration for consideration for involving several ideas others when providing honestly with rules and can myself and others. myself and others. or actions. feedback. consideration of the explain why it is I follow instructions I follow instructions I show respect towards I use movement skills with others when providing rules. important to follow involving several involving several developing strength, I use movement them. ideas or actions. feedback. balance and co-ordination ideas or actions. skills with I use movement skills showing increasing control I use movement I use movement I use movement skills with skills with developing balance skills with with developing and grace. and co-ordination developing balance developing strength, developing strength, strength, balance and and co-ordination. balance and coco-ordination showing when playing games balance and coordination showing ordination showing increasing control and increasing control increasing control grace. and grace. and grace. I work co-I work cooperatively with operatively with others and take others and take turns. turns.

	Term						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
Year 1	Ball skills Skills: I am beginning to catch with two hands. I am beginning to dribble a ball with my hands and feet. I am beginning to understand simple tactics. I can roll and throw with some accuracy towards a target. I can say when someone was successful. I can track a ball that is coming towards me. I can work cooperatively with a partner.	Invasion Skills: I am beginning to dribble a ball with my hands and feet. I can change direction to move away from a defender. I can recognise space when playing games. I can send and receive a ball with hands and feet. I can use simple rules to play fairly. I move to stay with another player when defending. I recognise changes in my body when I do exercise. I understand when I am a defender and when I am an attacker.	Fitness Skills: I can recognise changes in my body when I do exercise. I can share my ideas with other people in the class. I can talk about what exercise does to my body. I recognise how exercise makes me feel. I try my best in the challenges I am set. I understand why it is important to warm up.	Net and Wall Skills: I can hit a ball using a racket. I can throw a ball to land over the net and into the court area. I can track balls and other equipment sent to me. I can use a ready position to move to the ball. I know how to score points. I recognise changes in my body when I do exercise. I show honesty and fair play when playing against an opponent.	Striking and Fielding Skills: I can catch a beanbag and a medium-sized ball. I can roll a ball towards a target. I can strike a ball using my hand. I can track a ball that is coming towards me. I know how to score points. I understand the rules and I am beginning to use these to play honestly and fairly. I understand when I am successful.	Athletics Skills: I am able to throw towards a target. I am beginning to show balance and co-ordination when changing direction. I am developing overarm throwing. I can recognise changes in my body when I do exercise. I can run at different speeds. I can work with others and make safe choices. I try my best. I understand the difference between a jump, a leap and a hop and can choose which allows me to jump the furthest.	

Fundamentals Dance: **Gymnastics Team Building Target Games** Yoga Skills: Skills: Skills: Skills: Skills: Skills: I am beginning to I am beginning to I am confident to I can communicate I can recognise changes I can recognise how yoga catch with two use counts. perform in front of simple instructions. in my body when I do makes me both feel I can follow physically and mentally. hands. I can copy, others. exercise. I am beginning to remember and I can link simple instructions. I can use an overarm I can remember and dribble a ball with repeat actions. actions together to I can follow path throw aiming towards a repeat actions, linking my hands and feet. I can move create a sequence. and lead others. target. poses together. I am beginning to confidently and I can make my body I can listen to I can roll a ball towards I can say what I liked understand simple safely. tense, relaxed, others' ideas. a target. about someone else's I can use different I can use an underarm flow. tactics. stretched and I can suggest ideas I can roll and throw parts of the body in curled. to solve tasks. throw aiming towards a I can show an awareness with some accuracy isolation and I can recognise I can work with a target. of space when travelling. I can work cotowards a target. together. changes in my body partner and a small I can work with others to I can say when I can work with when I do exercise. group. operatively with a create poses. someone was others to share I can remember and I understand the partner. I understand what good successful. ideas and select repeat actions and rules of the game. I can track a ball actions. shapes. technique looks like. I can say what I liked that is coming I choose appropriate towards me. movements for about someone I can work codifferent dance else's performance. operatively with a ideas. I can use apparatus I say what I liked partner. safely and wait for about someone my turn. else's performance. I show some sense of dynamic and expressive qualities in my dance.

		Term						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2		
Year 2	Ball skills Skills: I am beginning to provide feedback using key words. I am beginning to understand and use simple tactics. I can dribble a ball with my hands and feet with some control. I can roll and throw a ball to hit a target. I can send and receive a ball using both kicking and throwing and catching skills. I can track a ball and collect it. I can work cooperatively with a partner and a small group.	Invasion Skills: I can describe how my body feels during exercise. I can dodge and find space away from the other team. I can move with a ball towards goal. I can sometimes dribble a ball with my hands and feet. I can stay with another player to try and win the ball. I know how to score points and can remember the score. I know who is on my team and I can attempt to send the ball to them.	Fitness Skills: I can describe how my body feels during exercise. I can show hopping and jumping movements with some balance and control. I persevere with new challenges. I show determination to continue working over a longer period of time. I understand that running at a slower speed will allow me to run for a longer period of time. I work with others to turn a rope and encourage others to jump at the right time.	Net and Wall Skills: I can defend space on my court using the ready position. I can describe how my body feels during exercise. I can hit a ball over the net and into the court area. I can throw accurately to a partner. I can use simple tactics to make it difficult for an opponent. I know how to score points and can remember the score. I show good sportsmanship when playing against an opponent.	Striking and Fielding Skills: I am beginning to provide feedback using key words. I am developing underarm and overarm throwing skills. I can hit a ball using equipment with some consistency. I can track a ball and collect it. I can use simple tactics. I know how to score points and can remember the score. I understand the rules of the game and can use these to play fairly in a small group.	Athletics Skills: I can describe how my body feels during exercise. I can identify good technique. I can jump and land with control. I can use an overarm throw to help me to throw for distance. I can work with others, taking turns and sharing ideas. I show balance and co- ordination when running at different speeds. I try my best.		

Fundamentals Dance **Gymnastics Team Building Target Games** Yoga Skills: Skills: Skills: Skills: Skills: Skills: I am beginning to I am beginning to I am beginning to I can follow I am able to select the I am beginning to provide provide feedback provide feedback provide feedback instructions appropriate skill for the feedback using key words. using key words. using key words. using key words. carefully. situation. I can copy, remember and repeat yoga flows. I am beginning to I can copy, I am proud of my I can say when I was I can throw, roll kick or turn and jump in an remember, repeat work and confident successful at solving strike a ball to a target I can describe how my individual skipping and create dance to perform in front challenges. with some success. body feels during exercise. I can move from one pose phrases. of others. I can share my ideas I can work corope. I can describe how I can describe how I can perform the and help to solve operatively with a to another thinking about my body feels my body feels basic gymnastic tasks. partner and a small my breath. during exercise. during exercise. actions with some I can work cogroup. I can use clear shapes I can show balance I can show a control and balance. operatively with a I understand the when performing poses. I can work with others to when changing character and idea I can plan and principles of a target partner and a small create simple flows direction. through the actions repeat simple group. game and can use I can show hopping, and dynamics I sequences of I show honesty and different scoring showing some control. skipping and choose. actions. can play fairly. systems when playing jumping movements I can use counts to I can use directions I understand how to games. I understand what good with some balance stay in time with the and levels to make use, follow and and control. music. my work look create a simple technique looks like and I can work co-I can work with a diagram/map. can use key words in the interesting. feedback I provide. operatively with a partner using I can use shapes partner and a small mirroring and when performing unison in our other skills. group. I show balance and actions. I can work safely co-ordination when I show confidence to with others and running at different perform. apparatus. speeds.

	Term							
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2		
Year 3	Football Skills: I am beginning to use simple tactics. I am learning the rules of the game and I am beginning to use them to play honestly and fairly. I can dribble, pass, receive and shoot the ball with some control. I can find space away from others and near to my goal. I can provide feedback using key words. I can track an opponent to slow them down. I understand my role as an attacker and as a defender. I work cooperatively with my group to selfmanage games.	Tag-Rugby Skills: I am learning the rules of the game and I am beginning to use them to play honestly. I can communicate with my team and move into space to help them. I can defend an opponent and attempt to tag them. I can move with a ball towards goal with increasing control. I can pass and receive the ball with some control. I can provide feedback using key words. I understand my role as an attacker and as a defender. I work cooperatively with my group to self-manage games.	Fitness Skills: I can collect and record my scores, recognising my strengths. I can complete exercises with control. I can persevere when I find a challenge hard. I can provide feedback using key words. I can use key points to help me to improve my sprinting technique. I can work safely with others. I show balance when changing direction. I understand that there are different areas of fitness.	Netball Skills: I am beginning to use simple tactics. I am learning the rules of the game and am beginning to use them honestly. I can communicate with my team and move into space to support them. I can defend an opponent and try to win the ball. I can pass, receive and shoot the ball with some control. I can provide feedback using key words. I understand my role as an attacker and as a defender. I work cooperatively with my group to self-manage games.	Athletics Skills: I am developing jumping for distance. I can identify when I was successful. I can take part in a relay activity, remembering when to run and what to do. I can throw a variety of objects, changing my action for accuracy and distance. I can use different take off and landings when jumping. I can use key points to help me to improve my sprinting technique. I can work with a partner and in a small group, sharing ideas. I show determination to achieve my personal best.	Rounders Skills: I am able to bowl a ball towards a target. I am beginning to strike a bowled ball. I am developing an understanding of tactics and I am beginning to use them in game situations. I am learning the rules of the game and I am beginning to use them. I can provide feedback using key words. I can use overarm and underarm throwing and catching skills. I work co-operatively with my group to self-manage games.		

Dodgeball Dance **Gymnastics** Basketball Handball OAA Skills: Skills: Skills: Skills: Skills: Skills: I am respectful of I am learning the I can adapt I am beginning to I am learning the rules I am developing map rules of the game others when sequences to suit use simple tactics. of the game and am reading skills. beginning to use them I can follow and give and I am beginning watching them different types of I am learning the to use them to play perform. apparatus. rules of the game honestly. instructions. I can defend an fairly. I can provide I can choose actions and am beginning to I can listen to and am I can provide feedback using key that flow well into use them honestly. opponent to slow them accepting of others' ideas. feedback using key words. one another. I can dribble, pass, down. I can plan and attempt to words. I can repeat, I can choose and receive and shoot I can find space away apply strategies to solve I can throw with remember and plan sequences of the ball with some from others and near to problems. some accuracy and I perform a dance contrasting actions. control. my goal. I can reflect on when and am beginning to phrase. I can complete I can find space I can provide feedback why I was successful at catch with some I can use counts to actions with away from others using key words. solving challenges and am consistency. keep in time with a increasing balance and near to my goal. I can throw, catch, beginning to understand I understand the partner and group. and control. I can provide dribble and shoot the why. I can work collaboratively aim of the game. I can use dynamic I can move in unison feedback using key ball with some control. I work coand and expressive with a partner. words. I understand my role with a partner and a small operatively with my qualities in relation I can provide I can track an both as a defender and group. group to selfto an idea. feedback using key as an attacker. opponent to slow I can work with a words. manage games. them down. I work co-operatively with my group to selfpartner and in a I use a greater I understand my role small group, sharing number of my own as an attacker and manage games. ideas for as a defender. ideas. I create short dance movements in I work cophrases that response to a task. operatively with my communicate the With help, I can group to selfidea. recognise how manage games. performances could be improved.

	Term					
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 4	Football	Tag-Rugby	Fitness	Netball	Athletics	Rounders
	Skills:	Skills:	Skills:	Skills:	Skills:	Skills:
	I can delay an	I can delay an	I can collect and	I can defend one on	I can demonstrate the	I am able to bowl a ball
	opponent and help	opponent and help	record my scores	one and know when	difference in sprinting	with some accuracy, and
	to prevent the other	prevent the other	and identify areas I	to win the ball.	and jogging techniques.	consistency.
	team from scoring.	team from scoring.	need to improve.	I can explain what	I can explain what	I am learning the rules of
	I can dribble, pass,	I can explain what	I can use key points	happens to my body	happens in my body	the game and I am
	receive and shoot	happens to my body	to help me to	when I exercise and	when I warm up.	beginning to use them to
	the ball with	when I exercise and	improve my	how this helps to	I can identify when I was	play honestly and fairly.
	increasing control.	how this helps to	sprinting technique.	make me healthy.	successful and what I	I can communicate with
	I can move to space	make me healthy.	I share ideas and	I can move to space	need to do to improve.	my teammates to apply
	to help my team to	I can help my team	work with others to	to help my team to	I can jump for distance	simple tactics.
	keep possession and	keep possession and	manage activities.	keep possession and	with balance and	I can explain what
	score goals.	score tries when I	I show balance	score goals.	control.	happens to my body when
	I can provide	play in attack.	when changing	I can pass, receive	I can throw with some	I exercise and how this
	feedback using key	I can pass and	direction at speed.	and shoot the ball	accuracy and power to a	helps to make me healthy.
	terminology and	receive the ball with	I show control when	with increasing	target area.	I can provide feedback
	understand what I	increasing control.	completing activities	control.	I show determination to	using key terminology and
	need to do to	I can provide	to improve balance.	I can provide	improve my personal	understand what I need to
	improve.	feedback using key	I show	feedback using key	best.	do to improve.
	I can use simple	terminology and	determination to	terminology and	I support and encourage	I can strike a bowled ball
	tactics to help my	understand what I	continue working	understand what I	others to work to their	with adapted equipment
	team score or gain	need to do to	over a period of	need to do to	best.	(e.g. a tennis racket).
	possession.	improve.	time.	improve.		I can use overarm and
	I share ideas and	I can use simple	I understand there	I can use simple		underarm throwing and
	work with others to	tactics to help my	are different areas	tactics to help my		catching skills with
	manage our game.	team score or gain	of fitness and that	team score or gain		increasing accuracy.
	I understand the	possession.	each area challenges	possession.		I share ideas and work
	rules of the game	I share ideas and	my body differently.	I share ideas and		with others to manage our
	and I can use them	work with others to	,	work with others to		game.
	often and honestly.	manage our game.		manage our game.		
	,	I understand the		I understand the		
		rules of the game		rules of the game		

		and I can use them		and I can use them		
		often and honestly.		often and honestly.		
	Dodgeball	Dance	Gymnastics	Basketball	Handball	OAA
S	Skills:	Skills:	Skills:	Skills:	Skills:	Skills:
I	can catch with	I can choose actions	I can explain what	I can delay an	I can self-manage a	I can accurately follow and
iı	ncreasing	and dynamics to	happens to my body	opponent and help	match with my team-	give instructions.
c	consistency.	convey a character	when I exercise and	to prevent the other	mates and officiate a	I can confidently
I	can communicate	or idea.	how this helps to	team from scoring.	match by applying the	communicate ideas and
v	with my teammates	I can copy and	make me healthy.	I can dribble, pass,	basic rules.	listen to others.
t	to apply simple	remember set	I can identify some	receive and shoot	I can delay an opponent	I can identify key symbols
t	tactics.	choreography.	muscle groups used	the ball with	and help to prevent the	on a map and use a key to
I	can provide	I can provide	in gymnastic	increasing control.	other team from	help navigate around a
f	feedback using key	feedback using	activities.	I can move to space	scoring.	grid.
t	terminology and	appropriate	I can plan and	to help my team to	I can move to space to	I can plan and apply
u	understand what I	language relating to	perform sequences	keep possession and	help my team to keep	strategies to solve
n	need to do to	the lesson.	with a partner that	score goals.	possession and score	problems.
iı	mprove.	I can respond	include a change of	I can provide	goals.	I can reflect on when and
I	can return to the	imaginatively to a	level and shape.	feedback using key	I can provide feedback	why I was successful at
	ready position to	range of stimuli	I can provide	terminology and	using key terminology	solving challenges.
d	defend myself.	relating to character	feedback using	understand what I	and understand what I	I can work collaboratively
I	can throw with	and narrative.	appropriate	need to do to	need to do to improve.	and effectively with a
S	some accuracy at a	I can use changes in	language relating to	improve.	I can throw, catch,	partner and a small group.
	target.	timing and spacing	the lesson.	I can use simple	dribble and shoot the	
	share ideas and	to develop a dance.	I can safely perform	tactics to help my	ball with increasing	
V	work with others to	I can use counts to	balances individually	team score or gain	control.	
	manage our game.	keep in time with	and with a partner.	possession.	I can use simple tactics	
	understand the	others and the	I can watch,	I share ideas and	to help my team gain	
	rules of the game	music.	describe and	work with others to	possession.	
	and I can use them	I can use simple	suggest possible	manage our game.	I share ideas and work	
C	often and honestly.	movement patterns	improvements to	I understand the	with others to manage	
		to structure dance	others'	rules of the game	our game.	
		phrases on my own,	performances and	and I can use them	I understand the rules	
		with a partner and	my own.	often and honestly.	of the game and I can	
		in a group.	I understand how		use them often and	
		I show respect for	body tension can		honestly.	
		others when	improve the control			

		working as a group and watching others perform.	and quality of my movements.							
		Term								
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2				
Year 5	Football	Tag-Rugby	Fitness	Netball	Athletics	Cricket				
	Skills: I can communicate	Skills: I can communicate	Skills:	Skills: I can communicate	Skills: I can choose the best	Skills:				
	with my team and	with my team and	I can analyse my fitness scores to	with my team and	pace for a running	I am developing a wider range of fielding skills and				
	move into space to	move into space to	identify areas for	move into space to	event.	I am beginning to use				
	keep possession and	keep possession and	improvement.	keep possession and	I can identify good	these under some				
	score.	score.	I can choose the	score.	athletic performance	pressure.				
	I can dribble, pass,	I can identify when I	best pace for a	I can identify when I	and explain why it is	I can identify when I was				
	receive and shoot	was successful and	running event and	was successful and	good.	successful and what I need				
	the ball with some	what I need to do to	maintain speed.	what I need to do to	I can perform a range of	to do to improve.				
	control under	improve.	I can encourage and	improve.	jumps showing some	I can strike a bowled ball				
	pressure.	I can pass and	motivate others to	I can pass, receive	technique.	with increasing				
	I can identify when I	receive the ball with	work to their	and shoot the ball	I can show control at	consistency.				
	was successful and	some control under	personal best.	with some control	take-off and landing in	I can work co-operatively				
	what I need to do to	pressure.	I can identify how	under pressure.	jumping activities.	with others to manage our				
	improve.	I can tag opponents	different activities	I can stay with an	I can take on the role of	game.				
	I can often make the	and close down	can benefit my	opponent and I	coach, official and timer	I understand the need for				
	correct decision of	space.	physical health.	confident to	when working in a	tactics and can identify				
	who to pass to and	I know what	I can work with	attempt to	group.	when to use them in				
	when.	position I am playing	others to manage	intercept.	I can use feedback to	different situations.				
	I can use tracking	in and how to	activities.	I know what	improve my sprinting	I understand the rules of				
	and intercepting	contribute when	I understand the	position I am playing	technique.	the game and I can apply				
	when playing in	attacking and	different	in and how to	I persevere to achieve	them honestly most of the				
	defence.	defending.	components of fitness and how to	contribute when	my personal best.	time.				
	I understand the need for tactics and	I understand the need for tactics and	test them.	attacking and	I show accuracy and	I understand there are different skills for different				
	can identify when to	can identify when to	test them. I understand what	defending. I understand the	power when throwing for distance.	situations and I am				
	use them in	use them in	my maximum effort	need for tactics and	ioi distance.	beginning to use this.				
	different situations.	different situations.	looks and feels like	can identify when to		beginning to use this.				

I understand		and I am	use them in		
rules of the	_	determined to	different situations.		
and I can us	- · · · · · · · · · · · · · · · · · · ·	achieve it.	I understand the		
most of the	,	t	rules of the game		
play honestl	ly and of the time.		and I can apply		
fairly.	I understand there		them honestly most		
I understand	d there are different skills		of the time.		
are differen	t skills for different		I understand there		
for different	situations and I am		are different skills		
situations ar	nd I am beginning to apply		for different		
beginning to	apply this.		situations and I am		
this.			beginning to apply		
			this.		
Dodgeball	Dance	Gymnastics	Basketball	Volleyball	OAA
Skills:	Skills:	Skills:	Skills:	Skills:	Skills:
I am develo	ping a I can accurately	I can create and	I can communicate	I am developing a wider	I am inclusive of others
wider range	of skills copy and repeat se	t perform sequences	with my team and	range of skills and I am	and can share job roles.
and I am be	ginning choreography.	using apparatus,	move into space to	beginning to use these	I can navigate around a
to use these	under I can choreograph	individually and with	keep possession and	under some pressure.	course using a map.
some pressu	ure. phrases individually	a partner.	score.	I can identify when I was	I can orientate a map
I can identif		I can lead a partner	I can dribble, pass,	successful and what I	confidently.
was success	ful and considering actions		receive and shoot	need to do to improve.	I can reflect on when I was
what I need	to do to and dynamics.	warm-up routines.	the ball with some	I can use feedback	successful at solving
improve.	I can confidently	I can use canon and	control under	provided to improve my	challenges and alter my
I can throw	perform different	synchronisation, and	pressure.	work.	methods in order to
accurately a	styles of dance,	matching and	I can identify when I	I can use the rules to	improve.
target.	clearly and fluently	_	was successful and	referee a game.	I can use critical thinking
I can work c		performing with a	what I need to do to	I can work co-	to approach a task.
operatively		partner and a group	improve.	operatively with others	I can work effectively with
others to ma	_	and say how it	I can use tracking	to manage our game.	a partner and a small
our game.	through short	affects the	and intercepting	I understand the need	group, sharing ideas and
I understand	_	performance.	when playing in	for tactics and can	agreeing on a team
need for tac	·	· ·	defence.	identify when to use	strategy.
can identify	-	provided to improve	I understand the	them in different	
use them in		my work.	need for tactics and	situations.	
different sit	•		can identify when to		

	I understand the rules of the game and I can apply them honestly most of the time. I understand there are different skills for different situations and I am beginning to use these.	space in my dance in response to a stimulus. I can suggest ways to improve my own and other people's work using key terminology. I can use counts when choreographing to stay in time with others and the music. I can use feedback provided to improve my work.	I can use set criteria to make simple judgments about performances and suggest ways they could be improved. I can use strength and flexibility to improve the quality of a performance. I can work safely when learning a new skill to keep myself and others safe.	use them in different situations. I understand the rules of the game and I can apply them honestly most of the time. I understand there are different skills for different situations and I am beginning to apply this.	I understand the rules of the game and I can apply them honestly most of the time. I understand there are different skills for different situations and I am beginning to use these.	
	Automora 1	Automora 2	Carriers 1	Term	Summar 1	S
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 6	Football Skills: I can create and use space to help my team. I can dribble, pass, receive and shoot the ball with increasing control under pressure. I can select the appropriate action for the situation and make this decision quickly.	Tag-Rugby Skills: I can create and use space to help my team. I can pass and receive the ball with increasing control under pressure. I can select the appropriate action for the situation and make this decision quickly.	Fitness Skills: I can change my running technique to adapt to different distances. I can collect, record and analyse scores to identify areas where I have made the most improvement. I can work with others to organise, manage and record	Netball Skills: I can create and use space to help my team. I can pass, receive and shoot the ball with increasing control under pressure. I can select the appropriate action for the situation and make this decision quickly.	Athletics Skills: I can compete within the rules showing fair play and honesty. I can help others to improve their technique using key teaching points. I can identify my own and others' strengths and areas for development and can suggest ways to improve.	Cricket Skills: I can select the appropriate action for the situation. I can strike a bowled ball with increasing consistency and accuracy. I can use a wider range of fielding skills with increasing control under pressure.

I can use marking, tackling and/or interception to improve my defence. I can use the rules of the game consistently to play honestly and fairly. I can work collaboratively to create tactics with my team and evaluate the effectiveness of these. I recognise my own and others strengths and areas for development and can suggest ways to improve.	I can tag opponents individually and when working within a unit. I can use the rules of the game consistently to play honestly and fairly. I can work collaboratively to create tactics with my team and evaluate the effectiveness of these. I can work in collaboration with others so that games run smoothly. I recognise my own and others strengths and areas for	information at a station. I encourage and motivate others to work to their best. I understand that there are different areas of fitness and how this helps me in different activities. I understand the different components of fitness and ways to test and develop them. I work to my maximum consistently when presented with challenges.	I can use marking, and/or interception to improve my defence. I can use the rules of the game consistently to play honestly and fairly. I can work collaboratively to create tactics with my team and evaluate the effectiveness of these. I can work in collaboration with others so that games run smoothly. I recognise my own and others strengths and areas for	I can perform jumps for distance using good technique. I can select and apply the best pace for a running event. I can show accuracy and good technique when throwing for distance. I understand that there are different areas of fitness and how this helps me in different activities. I use different strategies to persevere to achieve my personal best.	I can use the rules of the game consistently to play fairly. I can work in collaboration with others so that games run smoothly. I recognise my own and others strengths and areas for development and can suggest ways to improve. I understand and can apply some tactics in the game as a batter, bowler and fielder.
improve.	•		_		
Dodgeball	Dance	Gymnastics	Basketball	Volleyball	OAA
Skills:	Skills:	Skills:	Skills:	Skills:	Skills:
I can officiate and	I can choreograph a	I can combine and	I can create and use	I am confident to make	I am inclusive of others,
help to manage a	dance and work	perform gymnastic	space to help my	decisions when	can share job roles and
game by refereeing.	safely using a prop.	actions, shapes and	team.	refereeing.	lead when necessary.
I can select the	I can lead a small	balances with	I can dribble, pass,	I can select the	I can orientate a map
appropriate action	group through a	control and fluency.	receive and shoot	appropriate action for	efficiently to navigate
for the situation and	short warm-up routine.	I can create and perform sequences	the ball with	the situation and make this decision quickly.	around a course.

make this decision quickly. I can use a wider range of skills with increasing control under pressure. I can use the rules of the game consistently to play honestly and fairly. I can work collaboratively to create tactics with my team and evaluate the effectiveness of these. I can work in collaboration with others so that games run smoothly. I recognise my own and others strengths and areas for development and can suggest ways to improve.

I can perform dances confidently and fluently with accuracy and good timing. I can refine the way I use actions. dynamics and relationships to represent ideas, emotions, feelings and characters. I can use appropriate language to evaluate and refine my own and others' work. I can use feedback provided to improve the quality of my work. I can work creatively and imaginatively on my own, with a partner and in a group to choreograph and structure dances.

using compositional devices to improve the quality. I can lead a small group through a short warm-up routine. I can use appropriate language to evaluate and refine my own and others' work. I can work collaboratively with others to create a sequence. I understand how to work safely when learning a new skill. I understand what counter balance and counter tension is and can show examples with a partner.

increasing control under pressure. I can select the appropriate action for the situation and make this decision auickly. I can use the rules of the game honestly and consistently. I can work collaboratively to create tactics with my team and evaluate the effectiveness of these. I can work in collaboration with others so that games run smoothly. I recognise my own and others strengths and areas for development and can suggest ways to improve. I understand when to use different styles of defence in

game situations.

I can use a wider range of skills with increasing control under pressure. I can use feedback provided to improve the quality of my work. I can use the rules of the game consistently to play honestly and fairly. I can work collaboratively to create tactics with my team and evaluate the effectiveness of these. I can work in collaboration with others so that games run smoothly. I recognise my own and others strengths and areas for development and can suggest ways to improve.

I can pool ideas within a group, selecting and applying the best method to solve a problem. I can use critical thinking skills to form ideas and strategies to solve challenges. I can work effectively with a partner and a group to solve challenges. With increasing accuracy, I can reflect on when and how I successful at solving challenges and alter my methods in order to improve.