

St Bede's Newsletter

Welcome to St Bede's...



Last week's attendance

Y1	Y1/2	Y2	Y3	Y3/4	Y4	Y5	Y5/6	Y6
100	98.4	93.33	96.67	92.67	97.50	100	98.62	99.06

Coming soon..

Mon 2nd Nov

Y4 Multiplication check
meeting 2.45-3.45pm

Tue 3rd Nov

KS1 Stay & Pray 2.45pm

Wed 4th Nov

LKS2 Stay & Pray 2.45pm

Thu 5th Nov

UKS2 Stay & Pray 2.45pm

This week..

Thu 22nd Oct

NHS Flu

Vaccinations in
school

Autumn Discos

EYFS 15.30-16.15

KS1 16.20-17.20

KS2 17.30-18.30

Fri 23rd Oct

Big Bede's Family
Breakfast
9.30-11am

**BREAK UP FOR
HALF TERM**

[Check out our full
school calendar
online](#)



Our Safeguarding Focus This Week

Thanks to the internet, there are now many ways for your children to watch TV, both the old fashioned way on a big screen and via the internet with on-demand programming. Restricting and controlling what your kids can watch is harder than ever, but with our help you can make TV safer for your kids and limit the amount that they can watch.

How to manage what your children WATCH ON TV

TRADITIONAL TV

Traditional TV covers programmes broadcast directly to your TV without having to use the internet. This is the standard way that most of us watch television programmes.

BROADCAST TV

Free-to-air broadcast television is delivered via an aerial or satellite to your TV directly or through a PVR that also handles recordings. Most modern TVs and PVRs sold in the last few years will have parental controls, which restrict the content available, requiring a PIN for unsuitable programmes. The exact settings vary by manufacturer, so check your TV or PVRs manual for full details. Parental locks work by checking the rating of a programme as it's broadcast. If a show is unrated or has an incorrect rating, some content may not be blocked.

SKY TV

The version of Sky that you have defines the options available to you. If you have a Sky+ HD box, you'll need to press the Services button and select Parental Control & PIN. From here, you can turn on the Family Setting, which gives you the option to remove Adult Channels and content, and requires a PIN to be entered to buy anything or for pre-watershed playback. More granular control allows you to block specific channels, either completely or only after 8pm, requiring a PIN to watch. You can also block programmes based on ratings, although this feature only works for programmes with correct ratings, so some shows may slip through. Sky Q owners have the more powerful Kids Safe Mode, which locks the system to show only kid-safe material. This includes locking the list of viewable channels and filtering recordings to only those suitable for children. Kids Safe Mode can be enabled either on the main box or on the Sky Q Mini boxes that you might have elsewhere in your home.

INTERNET TV

There are plenty of ways to watch TV online, whether that's via the likes of iPlayer or with streaming video services, such as Netflix and Amazon Prime Instant video. Here, we'll show you how to control each.

AMAZON PRIME VIDEO

Amazon Prime Video has Parental Controls available in the Settings section of the Prime Video website. The settings let you set the age range of content that can be watched without entering a PIN: U, PG, 12, 15 and 18. Settings apply to all devices (bar the Xbox 360, Wii U and Fire TV, which have their own settings), but you can opt-out devices of your choosing in the settings. For example, you may not want to have any restrictions on your iPad, which only you use. PINs can also be used to block purchases.

NETFLIX

Netflix lets you create profiles for everyone in your house. On the Netflix home screen, if you select Manage Profiles, you can change each one to show different content, defined by age group. Children should be encouraged to use their profiles only, particularly as there's no way to PIN protect adult profiles. However, you can PIN-protect content globally, so if a child does use your profile, they're blocked from watching inappropriate content. Go to Netflix, select Account from the drop-down menu by your name and select Parental Controls. You'll be prompted to enter a PIN, but then can select which content is PIN protected by age range: Toddlers, Older Children, Teens and Adults. You can also PIN protect specific programmes by typing their name in, which could be handy if you feel a programme is unsuitable or a child has been watching it too much.

ON-DEMAND PLAYERS

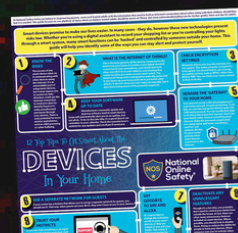
If your children are watching content from on-demand services, such as BBC iPlayer or All 4, you can turn on parental controls for each via the main websites. Controls work across all devices signed into your account. Controls vary by platform. With BBC iPlayer, the parental lock requires a PIN for anything marked as requiring Guidance by the BBC. ITV Hub parental controls let you PIN protect for content with a G-rating (a guidance rating). For All 4, you can choose to protect programmes rated 16+ or 18+. If you use My5, you can set up a PIN to protect against anyone watching G-rated content. For UKTV Play, you can add a PIN to restrict content selecting one of two levels: all content that's rated 15+ or all content that's rated 18+.

HOW CAN PARENTS MANAGE THEIR CHILDREN'S TV TIME?

Particularly with on-demand content, it can be hard to restrict how much viewing time a child has. However, you can restrict internet time with parental control software, restricting how much time a child can spend online, whether they're using the internet or watching TV shows. Parental control software will generally only work on laptops, computer, tablets and phones. However, if you have parental control software that runs on the router, you can manage other devices, such as a child's smart TV and games console, and restrict time usage on these, too.

Meet our expert

This guide has been written by David Ludlow. David has been a technology journalist for more than 20 years, covering everything from internet security to the latest computing trends and the smart home. A father of two (a nine-year-old and a six-year-old), he's had to control and manage how his children access online services and use apps.



You may also be interested in our smart home devices guide!



Could My Child Have Dyslexia?

Information and advice for parents and carers

A practical guide to noticing literacy difficulties and supporting your child with confidence.



A helpful starting point

Many children find reading, spelling or writing difficult at some point in their school journey. These difficulties can sometimes be linked to dyslexia, but they may also be part of normal development or arise for other reasons.

If you have any concerns, please speak to your child's class teacher so that home and school can build a clear picture together.

What is dyslexia?

Dyslexia is a specific learning difficulty that primarily affects reading, spelling and writing skills.

Children with dyslexia often have many strengths. They can be creative, imaginative and excellent problem-solvers.



Possible signs to look out for

Every child is different. Having one or more of these signs does not necessarily mean a child is dyslexic, but it may indicate that additional support would be helpful.



Find learning letter sounds difficult



Have trouble remembering spellings



Find sequences hard to remember



Read slowly or make frequent mistakes



Avoid reading or writing activities



Have a family history of dyslexia



Mix up similar-looking letters or words



Need extra time to process information



Remember...

These signs can also be linked to other factors and do not mean your child is dyslexic.

They simply indicate that extra support may be helpful.

How can I help at home?

Simple, everyday activities can make a big difference.

Read together every day



Share books regularly, take turns reading, discuss stories and characters, and encourage your child to talk about what they have read.

Make reading enjoyable



Choose books linked to your child's interests. Audiobooks can be enjoyed alongside printed books. Celebrate effort, not only accuracy.

Practise little and often



Short, regular sessions are usually more effective than long periods of practice.

Build language skills



Play word games, learn rhymes and songs, talk about new vocabulary, and encourage conversation about everyday experiences.

Use multi-sensory activities



Try magnetic letters, tracing letters in sand, shaving foam or rice, clapping syllables, colour coding information and phonics games.

What will school do?

- ✓ Monitor your child's progress carefully
- ✓ Gather information from home and school
- ✓ Review reading, spelling and writing attainment
- ✓ Consider targeted interventions where appropriate
- ✓ Discuss strategies that can be used at school and at home
- ✓ Continue to assess whether difficulties are persistent and require further investigation



What about coloured overlays?

Useful for some children, but not a diagnosis. Some children report that coloured overlays make reading more comfortable. However, they are not a diagnostic tool for dyslexia and do not help every child. If appropriate, school may trial different strategies to see what works best.



Working together



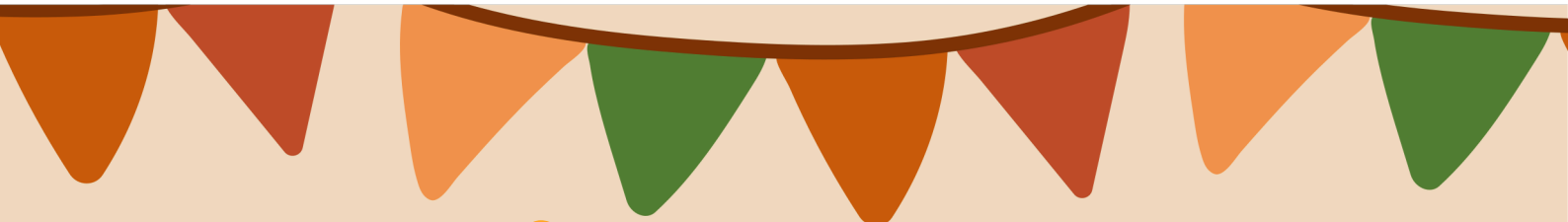
The most important thing is that children feel confident and supported. Early support, regular practice and close communication between home and school can make a significant difference to a child's progress and wellbeing.



Concerned about reading, spelling or writing?

Please speak to your child's class teacher in the first instance. We will be happy to discuss your concerns and work with you to support your child.





ST. BEDE'S AUTUMN DISCO



Thursday 22nd October
2026

EYFS - 3:30-4:15

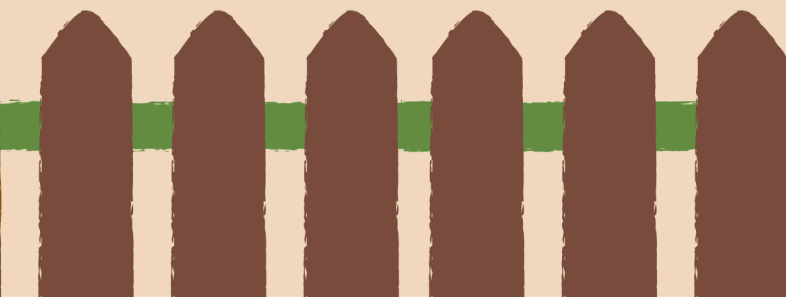
(We strongly encourage a Parent/carer to stay
with EYFS children for the duration of this disco)

KS1 - 4:20-5:20

KS2 - 5:30 - 6:30

£5

Tickets will be
available on Arbor



YMT 2026

