

PE NEWSLETTER

ST BEDE'S PRIMARY
SCHOOL



AUTUMN TERM

OUR AIMS

AT ST. BEDE'S, OUR AIM IS TO ENSURE ALL CHILDREN ENJOY AND ARE ENGAGED IN PHYSICAL EDUCATION AND SPORT. THROUGH PHYSICAL EDUCATION WE AIM TO DEVELOP THE CHILDREN'S KNOWLEDGE, SKILLS AND UNDERSTANDING, SO THAT THEY CAN PERFORM WITH INCREASING CONFIDENCE AND COMPETENCE IN A RANGE OF PHYSICAL ACTIVITIES. WE AIM TO IMPROVE HEALTH AND WELL-BEING, PROMOTE ACTIVE PARTICIPATION AND LIFELONG LEARNING, AND FOR EACH CHILD TO FULFIL THEIR POTENTIAL. OUR GOAL IS TO ENSURE THAT CHILDREN'S EXPERIENCE OF PE IS POSITIVE, MOTIVATING AND THAT CHILDREN'S ATTITUDES TO A HEALTHY LIFESTYLE ARE FIRMLY EMBEDDED IN OUR CURRICULUM.

OUR CURRICULUM THIS TERM

KS1	Gymnastics, Dance
LKS2	TAG Rugby, Basketball
UKS2	TAG Rugby, Basketball, Swimming (Y6)

WHAT HAS BEEN GOING ON?

In **Early Years**, we have enjoyed developing our balancing ability and working on our gross motor skills.



In **Key Stage 1**, we have been developing our gymnastic skills, focusing on the fundamental gross motor skills of balancing, locomotion and object control.

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WHAT HAS BEEN GOING ON?

In **Year 3 and 4**, we have been enjoying practising our TAG Rugby skills. We have developed our teamwork skills, learned how to defend and begun finding out how to score a try. We have also started working on basketball and have been improving our ball control skills through a series of team games.



In **Year 5 and 6**, we have also been practising our TAG Rugby skills and have particularly enjoyed developing our tagging ability and working together as a team.

In **Year 6**, we have made a fantastic start to our swimming lessons and our teachers are so proud of the progress we have already made.



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SCHOOL GAMES NEWS



St Bede's are very proud to have received the School Games Gold Award for the last two years.

The award recognises our commitment to engagement in the School Games and to the School Games values of Teamwork, Determination, Honesty, Respect, Passion and Self-Belief.

Year 2 enjoyed taking part in the KS1 Multiskills event at Eastbourne Complex.

They took part in a range of physical literacy events, practising skills in locomotion, stability and locomotion.



After a postponement due to the rain, the KS2 Cross Country event will be taking place on the 8th October. We wish our team the best of luck and know that they will shine as they represent our school. We look forward to letting you know how they get on.

Upcoming events:

3/4 Tag Ruby Festival: Monday 14th October
5/6 Sportshall Athletics: Thursday 14th November
KS2 Inclusion Festival: Monday 2nd December
Santa Dash: Friday 6th December

Parent Helpers:

Thank you to all of our parent helpers who have accompanied on events so far this year, we really do appreciate it! If you would like to be a parent helpers at one of our events, please speak to the office or your child's class teacher.

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DARLINGTON FC

St Bede's are very excited to be working with the Darlington FC Foundation again this year and were so happy to win our third season ticket. Details about how your child could be given the opportunity to attend a match with an adult for free will be posted on our Facebook page. We also have a Matchday Experience coming up in the Spring Term.



Millie Garnett from the women's team is also working with a group of our girls this term to coach our St Bede's girls' football team. We are looking for a coach for our boys' team, if you are interested, please get in touch.

HOME ACHIEVEMENTS



ESME, Y5,
HORSE RIDING

PARKER, RECEPTION
FOOTBALL

ADRIANNA, Y5/6,
DANCE



IVY, Y6,
MMA

ALICE, Y3/4
AND
WILLIAM,
RECEPTION,
CYCLING



POPPY, Y5,
DANCE

We have a wealth of talented sports stars at St Bede's and we are so proud of all of you. Please do not hesitate to share your sporting achievements with us. You can bring in any trophies, certificates or medals that you have received, or send in photos to the office via e-mail. We love to celebrate your achievements and are amazed by the range of activities that you all take part in. We also have a range of sports clubs available, please look at the 'wraparound care' tab on MCAS to see what is available for your child.



Thank you for your ongoing support, Miss Armstrong
Scan the QR code find out what sports clubs and activities are available in Darlington.