

# Spring

## Word search

I B U N N Y G B D D R Q  
 D R P M X N R R F A A R  
 C I E D D R O E L I I A  
 B G T F L O W E R S N I  
 E H A B A L X Z N Y B N  
 E T L J M H A E A Z O H  
 S G S E B I Q L O D W Q  
 D K Q T I J S U N Y Z K

Rainbow  
 Flower  
 Petals  
 Bright

Breeze  
 Daisy  
 Bunny  
 Rain

Bees  
 Grow  
 Lamb  
 Sun

Can you find all 12 words?

Circle each word that you can find!

[www.bhcet.org.uk](http://www.bhcet.org.uk)



BISHOP HOGARTH  
Catholic Education Trust

## OUR AIM

Our sole purpose is to provide a positive food experience for children which gives you value for money and peace of mind that our meals are healthy and focused on your child and your child's planet.

### OUR COMMITMENT?

## Unmatched Value!

From primary school to secondary school and beyond, we keep prices **UNBEATABLE**, giving your child a taste of quality that won't break the bank.

£2.75 will get your child; 2 courses and 2 sides, a trip to the salad bar and bread, with a drink of chilled water or milk.

# Finish

## the picture

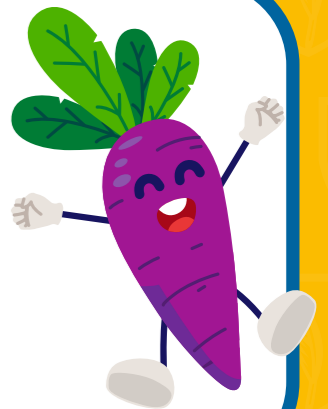


Draw and colour your own butterfly!

## Did you know?

Carrots were originally purple!

The orange ones we eat today were specially grown by farmers.



# OUR WEEKLY MENUS

## WEEK ONE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Big Breakfast - Sausage, Bacon, Hash Brown, Scrambled Egg & Beans	Minced Beef & Veg Pie, New Potatoes & Gravy	Roast Chicken Dinner, Stuffing, Yorkshire pud, Gravy & Roast Potatoes	Pasta Bolognese Sauce with Spaghetti & Garlic Bread Slice	Fish Fingers with Omega 3 and Chipped Potatoes
Veggie Big Breakfast with Hash Browns and Beans	Halal Minced Beef & Veg Pie, New Potatoes and Gravy	Halal Roast Chicken Dinner, Stuffing, Yorkshire Pud, Gravy & Roast Potatoes	Halal Beef Pasta Bolognese Sauce with Spaghetti & Garlic Bread Slice	Fish Fingers with Omega 3 and Chipped Potatoes
Tomato and Basil Pasta Bake with Garlic Slice	Cheese & Tomato Quiche, Salad and Wedges	Sweet Potato Vegetable Curry and Rice	Quorn Burger in a Bun with Salad and Sweet Potato Wedges	Cheese or Plain Omelette with Chipped Potatoes
Jacket potato or Sandwich fillings either Tuna Mayo, Cheese or Ham	Jacket Potato or Sandwich Fillings either Tuna Mayo, Cheese or Ham	Jacket Potato or Sandwich Fillings either Tuna Mayo, Cheese or Ham	Jacket Potato or Sandwich Fillings either Tuna Mayo, Cheese or Ham	Jacket potato or Sandwich Fillings either Tuna Mayo, Cheese or Ham
Sweetcorn	Peas and Cauliflower	Carrots & Broccoli	Sweetcorn & Green Beans	Baked Beans & Peas
Chocolate Crunch	Iced Marble Cake	Banana & Ice Cream	Ginger Biscuit	Mandarin Muffin

WC 28 April, 19 May, 16 June, 7 July, 1 September, 22 September, 13 October

## WEEK TWO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pork Sausages, Mashed Potato & Gravy	Ham & Pineapple Pizza with Sweet Potato Wedges	Hot Roast Turkey and Stuffing Bap with Gravy and Roast Potatoes	Chinese Chicken with Noodles	Breaded Fish with Chipped Potatoes
Halal Chicken Sausages with Mashed Potato & Gravy	Halal Minced Beef Lasagne with Garlic Slice	Hot Halal Roast Turkey and Stuffing Bap with Gravy and Roast Potatoes	Chinese Halal Chicken with Noodles	Breaded Fish with Chipped Potatoes
Tuna & Cheese Melt & Wedges	Spicy Pepper Tomato Pasta and Garlic Slice	Cheesy Beans Loaded Potato Skins with Salad	Five Bean Chilli with Tortilla Chips	Quorn Dippers and Chipped Potatoes
Jacket Potato or Sandwich Fillings either Tuna Mayo, Cheese or Ham	Jacket Potato or Sandwich Fillings either Tuna Mayo, Cheese or Ham	Jacket Potato or Sandwich Fillings either Tuna Mayo, Cheese or Ham	Jacket Potato or Sandwich Fillings either Tuna Mayo, Cheese or Ham	Jacket Potato or Sandwich Fillings either Tuna Mayo, Cheese or Ham
Cauliflower & Carrots	Peas & Sweetcorn	Broccoli & Carrots	Sweetcorn	Baked Beans & Peas
Vanilla Sprinkle Cake & Custard	Flapjack	Ice Cream & Fruit	Sticky Iced Bun	Shortbread Biscuit

WC 5 May, 2 June, 23 June, 14 July, 8 September, 29 September, 20 October

## WEEK THREE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ham pizza with Potato Wedges	Meatballs in Tomato Sauce with Spaghetti	Roast Gammon, New Potatoes, Gravy, Stuffing and Yorkshire Pud	Butter Chicken Curry and Rice	Fish Fingers and Chipped Potatoes
Margarita Pizza with Potato Wedges	Halal Meatballs in Tomato Sauce served with Spaghetti	Halal Roast Chicken Sausage, New Potatoes, Gravy, Stuffing and Yorkshire Pud	Halal Butter Chicken Curry and Rice	Fish Fingers and Chipped Potatoes
Sweet Chilli Noodles with Garlic Slice	Macaroni & Cheese with Salad	Spicy Bean Burger with Salad and New Potatoes	Mexican Veggie Burrito and Sweet Potato Wedges	Quorn Dippers and Chipped Potatoes
Jacket Potato or Sandwich Fillings either Tuna Mayo, Cheese or Ham	Jacket Potato or Sandwich Fillings either Tuna Mayo, Cheese or Ham	Jacket Potato or Sandwich Fillings either Tuna Mayo, Cheese or Ham	Jacket Potato or Sandwich Fillings either Tuna Mayo, Cheese or Ham	Jacket potato or Sandwich Fillings either Tuna Mayo, Cheese or Ham
Sweetcorn and Baked Beans	Carrots	Green Beans and Cauliflower	Broccoli and Cauliflower	Baked Beans and Peas
Banana & Custard	Crunchie Fruit Biscuit	Raspberry Ripple Roll	Crispy Cake	Chocolate Cake and Custard

WC 12 May, 9 June, 30 June, 15 September, 6 October

Children get 2 courses and 2 sides, a trip to the salad bar and bread, with a drink and chilled water for the price of a school meal. We offer three main course choices every day, one of which is always vegetarian, and there are always three choices of desserts (main dessert, fruit and yoghurt) all of which are suitable for vegetarians. Your child can also choose up to 5 portions of fruit and vegetables per day. Where else can you get that value? We also provide menus for diabetics, a gluten free, dairy free and vegan menu, other special diets, and halal meat where required. Our service is also totally nut free.

Allergen information correct at time of print - please see staff for up to date information.

**Always Available:**  
Unlimited Salad Bar, Seasonal Fruit and Yoghurt