

St Bede's Newsletter

Welcome to St Bede's...



Attendance up to 20/12/25

Y1	Y1/2	Y2	Y3	Y3/4	Y4	Y5	Y5/6	Y6
95.85	93.47	96.57	95.25	97.69	93.33	96.93	93.95	96.51

Coming soon...

Monday 13th Jan
SATS Booster sessions begin
3.15-4.15pm
Tuesday 14th January
Y3/4 Sportshall Athletics @
Dolphin Centre 9.15am-
12.30pm
Thursday 16th Jan
Y3/4 Miss Armstrong's Care
Home Visit

This Week's Events

Wednesday 8th Jan

- SATS meeting for parents 3.15pm
- Father Kevin will hear confession in school for children in Year 5 & 6 that have made their First Holy Communion

Thursday 9th Jan

Y6 Miss Howard's class
Walking to church 10am

P.E Timetable Spring term 2025

Day	Morning sessions		Afternoon Sessions		After school club
Monday					
Tuesday	Nursery	Y1	Y5 Swimming- please see letter to find your child's group number. The dates for each group are below. PE Y5/6 (Y6 from 5/6 with Y5 non-swimming group)		
Wednesday					
Thursday	Reception	Y1/2	Y4	Y3/4	Sporting Futures- Girls' Football
Friday	Y3	Y2	Y6	Y5/6 Football Teams Training 2-2.30 (girls one week, boys the next) SEN 2.30-3	Sporting Futures - Boys' Football

Y5 Swimming group 1	Spring 1	07/01, 21/01, 04/02, 18/02
40 sessions	Spring 2	04/03, 18/03
Y5 Swimming group 2	Spring 1	14/01, 28/01, 11/02
40 sessions	Spring 2	11/03, 25/03, 08/04

Don't forget you can view our school calendar on our website

<https://stbedesarlington.bhcet.org.uk/school-calendar>

Our Safeguarding Focus This Week...

Top Tips for SETTING UP PARENTAL CONTROLS ON NEW DEVICES

In children's eagerness to start enjoying new digital gadgets immediately, it can be easy to overlook setting up the type of parental controls that can help to protect them online. If you don't sort those out from the very start, it can be an uphill battle – technologically and psychologically – to impose such controls later. Here's our rundown of what to look for when setting up the various internet-enabled devices that might be lurking under the tree at this time of year.

IPHONE

If your child's lucky enough to be getting their own iPhone, parental controls can help avoid issues like screen addiction and unsuitable content. Go into the settings and scroll down to 'Screen Time'. From here you can customise important settings including time limits on using the device, communication restrictions and content blockers. You can also lock your changes behind a passcode.

ANDROID

With Android devices, Google's Family Link app is your friend. You'll need a Google account – and a separate one for your child, which you should use when first setting up the device. Then, in Family Link on your own device, select 'Add Child' and enter their account details. This lets you specify limits on daily usage, restrict certain apps, block particular content and more.

PLAYSTATION

You can prep for a PlayStation before it's even unwrapped. At my.account.sony.com, create an account, then go to Account Management > Family Management > Add Family Member to set up your child's account, which you'll use to sign in on the console. You can restrict the age ratings of the games they can play and who they can talk to. On the PS5, you can make exceptions for any games you think are acceptable despite their high age rating.

IPAD

iPad parental controls are identical to those on iPhones. However, if you've got a shared family iPad and want to ensure your children aren't seeing anything age-inappropriate after you hand them the device, there's a feature called Guided Access (under Settings > Accessibility > Guided Access). With this switched on, young ones can only use the app that's currently open.

XBOX

The Xbox Family Settings app helps you manage which games your child can play (and when). You'll need to set up the console with your own account and then add a child profile. Make sure your account's password protected, so your child can't alter your choices later. You'll be walked through the functions at setup, but you can also reach them manually via Settings > Account > Family Settings.

NINTENDO SWITCH

Download the Nintendo Switch Parental Controls app on your phone, and you'll be shown how to link it to the console. Once that's done, you can limit how long your child can play each day, decide what age ratings are permitted and more. You'll also get weekly updates on how often they've used the device. These controls are accessible through the console itself, but the app is usually easier.

WINDOWS 11 PCS

On Windows 11, account management is key. Set up the device with your own account as the admin. Then go to Settings > Accounts > Family and Other Users and create your child's account (if you've already done this on a previous PC, just log in with those details). Microsoft Family Safety (either the app or the site) then lets you control screen time, what content children can view and more.

CHROMEBOOKS

Chromebooks' parental controls are managed via the Family Link app. Unlike an Android device, however, you need set up the Chromebook with your own account first, then add your child's. Go to Settings > People > Add Person and input your child's Google account details (or create a new account). Your child can then log in, and you can monitor what they're up to via Family Link.

MACS

Like iPhones, parental controls for Macs are managed via the Screen Time settings. Again, the crux here is to set yourself up as the administrator before adding any child accounts. In the settings, look for Users & Groups to create your child's account, then – while on their profile – use the screen time options to place any boundaries around apps, usage and who your child can communicate with (and vice versa).

SMART TVs

Smart TVs typically have their own individual parental controls. One of the most popular brands is Samsung – and on their TVs, you can control the content available to your child. In the Settings menu, under 'Broadcasting', you can lock channels and restrict content by its age rating. Even this isn't foolproof, however: some apps (like YouTube) might still let children access unsuitable material.

A look back at some of our festive highlights...



A visit from Santa

Care Home Visits



Christmas Pantomime



Carols in Church



Bambinelli Sunday





The children made some fabulous creations for our **Advent Market** in December.

It was amazing to see everyone working so hard and being creative!



ADVENT MARKET SALT DOUGH CRAFTS

PIC•COLLAGE

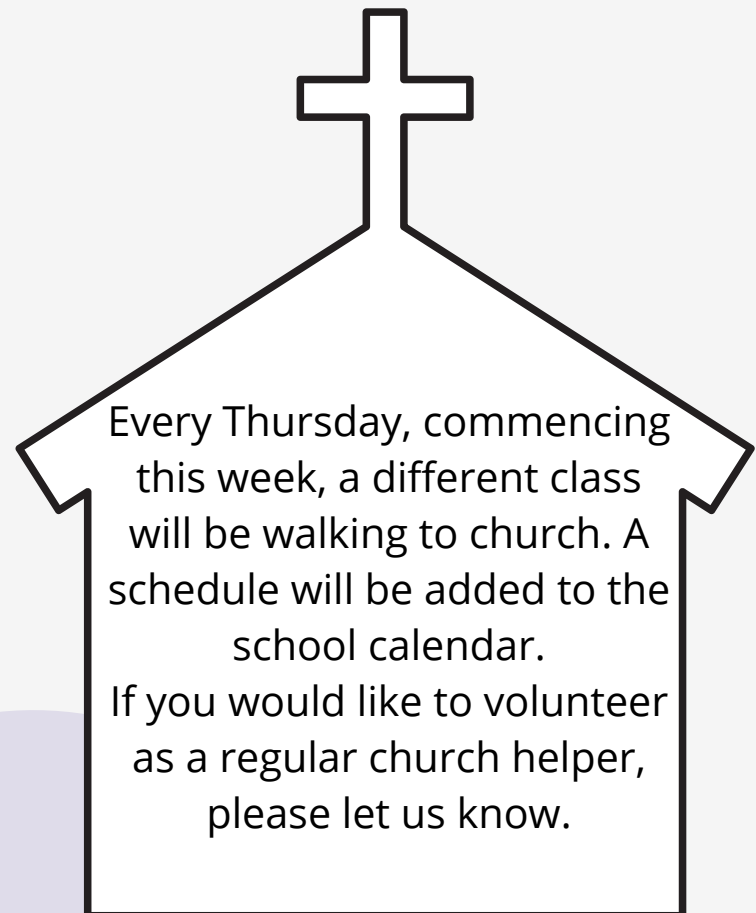


Christmas Jumper Amnesty

It's that time of year again. Time for a good clear out. Out with the old and in with the new.

If you have any Christmas jumpers in good condition that you would like to donate, please bring them in to school.

Next Christmas we will hang them on a rail in school for anyone in need to come and help themselves



Every Thursday, commencing this week, a different class will be walking to church. A schedule will be added to the school calendar. If you would like to volunteer as a regular church helper, please let us know.