

St Bede's Catholic Primary School



Personal, Social, Health and Education (PHSE) including Relationships and Sex Education (RSE)



PSHE/RSE at St. Bede's Catholic Primary School

At St Bede's, we are committed to ensuring the curriculum is broad, balanced and purposeful. We recognise that we are building the foundations for life-long learning with Christ at the centre. Our school ethos, mission statement, trust virtues and British values are at the heart of our curriculum.

We recognise that our role is to support and help our children to understand their place within their local town, their country and in their world as a global citizen; to have experiences that become part of their life story; and aspire to achieve their very best, having been shown that there is a world of possibility awaiting them, outside of the school gates.

Our PSHE and RSE curriculum is designed to reflect the needs of our children and builds on the statutory content outlined in the National Curriculum. We hope to give the children the knowledge and understanding they need to make informed choices and to be a positive influence in the communities that they belong to.

Intent

PSHE enables our children to become healthy, independent and responsible members of society. Our curriculum aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. The curriculum is closely matched to the needs of our children and the diverse society they are growing up in, allowing them to develop positive relationships and maintain a healthy lifestyle. We aim to equip the children with the knowledge and skills necessary to make safe and informed decisions, enabling them to ask questions, understand risk and have the confidence to challenge when they think something is wrong.

Our aim is to provide a curriculum that will allow children to:

- Recognise and value that every individual is special and unique in the image and likeness of God.
- Have the knowledge they need to make informed choices and therefore make positive contributions to the wider community.
- Understand positive, emotional and mental wellbeing and how friendships can support this.
- Be prepared positively for life in modern Britain by teaching and reinforcing British Values and our Bishop Hogarth Catholic Academy Trust Virtues.
- Respect themselves and make informed life-style choices.

Implementation

Our curriculum provides opportunities for our children so they are able to grow into independent and respectful members of society, by addressing the topics most relevant to our pupils. Weekly lessons are delivered in all classes, which follow the Ten:Ten RSE programme. In addition to this we encourage staff to use their judgement and teach PSHE where they feel necessary. This may be due to an issue which has arisen in their own class, in school, in the community, nationally or globally. This includes teaching children the steps they can take to protect and support their own and others' health, safety, and happiness. Learning is reflected through the active role our children play in our community, as

well as photographs/ books showing independent work, group work, evidence of role play or group activities.

We aim to ensure that all children have the opportunity to express themselves, talk about relevant matters and learn without judgement. We ensure that our children have a voice during meetings for each pupil's voice group: School Councillors, Mini Vinnies and Eco Group. When delivering RSE, our priority is ensuring that all parents understand and can support their children at home, in the hope of extending and building on the learning children do at school.

Lesson Design

PSHE/ RSE lessons at St. Bede's will contain these four elements:

Retrieval

Pupils will recap prior knowledge and learnt vocabulary.

Examples of retrieval activities could include short quizzes, partner talk, recapping stories and scenarios read previously, identifying emotions and addressing alternative actions.

Explanation

Teachers share subject material in a range of ways, for example, through information power points, photographs and videos, exploring scenarios/ stories, collaborative discussion etc.

Explanations are linked back to prior learning both within and between topics.

Practice

Suitable varied and purposefully sequenced tasks provide pupils with the opportunity to demonstrate their learning.

Opportunities for children to verbalise thoughts, opinions and questions to develop and challenge their learning.

Opportunities for children to reflect and draw upon own experiences and actions.

Review

Responses of children are heard.

Verbal feedback given.

Impact

We measure impact by the triangulation of lesson observations, work scrutiny and pupil voice. As well as this we carry out subject leader learning walks and informal staff discussions. In addition to this our children will be able to effectively manage their relationships and behaviour as well as make informed lifestyle choices. They will be able to apply their learning to real life situations and make

positive contributions to the wider community in Darlington and beyond. We are proud of the PSHE / RSE work that we deliver at St. Bede's, the evidence being seen through the well-rounded, confident, tolerant and independent children that leave us at the end of Year 6.

Children's attitude, behaviour and demeanour around school, within lessons, at playtimes and out in the community, demonstrates the respect, tolerance and high aspirations that our children have of themselves and each other. They leave us ready for their next step into secondary school and are armed with skills, knowledge and understanding that they can take forward into adulthood. Our children leave us prepared for life in an ever-changing modern Britain. They have the tools they need to succeed, keep themselves safe and thrive.