May 2025

Inourplace is funded in your area to provide your family with free access to expert learning about childhood development, wellbeing, brain changes, and much more to help you as you connect with your children and enable them to thrive.

FREE ACCESS

You're receiving this update as your school is based in a free (pre-paid, funded) access area for **Inourplace**

Simply enter code **ForEveryFamily**

Here's a quick round up of what we think is great on **Inourplace** this month.

End of term prep for school moves	Adolescence: Emotional health for boys
A digital hub of resources for parents to help you navigate and support your child to thrive as they move up or start a new school	The Child Psychologist and Psychotherapist's view
(easy reads and watch digital hub)	(5 minute read)

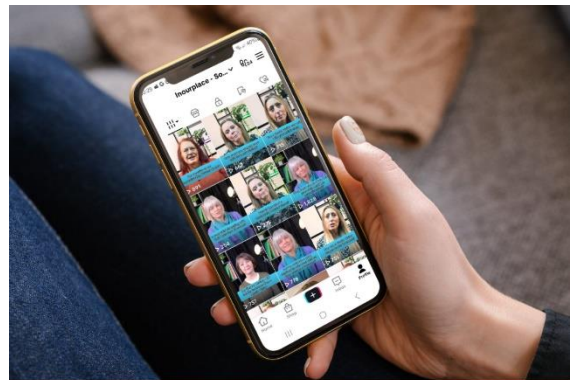## The child development and wellbeing course for parents

Understanding your child: from toddler to teenager

Online course empowering your parenting anytime, anywhere

(bitesize e-learning)

Expert insights for your parenting

Follow us on TikTok

Short films on sleep, toddler tantrums, school behaviour, teenagers and much more

(bitesize video content)

Navigating nightmares and night terrors

My child is having nightmares or night terrors

Talking about big world problems

How to talk to your child about events in the news without making them anxious

Advice and guidance from Clinical Psychologists and Health Visitors with parent voices

The Psychologist's advice

(5 minute read)

(5 minute watch)

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Find the Free Access Checker in the course library to unlock free online learning that could change your relationship with your child for the better.

Evidence based - Created in the NHS - Private and available anytime, anywhere