

P.E. Curriculum Long Term Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Moving and Handling objectives linked to Developing Matters including being imaginative, exploring using media and health and self-care. Games ongoing throughout year.					Sports Day practice - see EYFS plan.
Year 1	Ball Skills (EYFS) Fun and Games (EYFS)	Throwing and Catching (EYFS) Multi-skills	Invasion Games (Dodgeball) Gymnastics (floor)	Dance Invasion Games (Football)	Invasion Games (Tag Rugby) Invasion Games (Rounders)	Athletics Sports Day Practice
Year 2	Dance Multi-skills	Invasion Games (Football) Gymnastics (floor)	Gymnastics (app) Invasion Games (Tag Rugby)	Invasion Games (Dodgeball) Invasion Games (Rounders)	Swimming Field Athletics (jumps/running)	Athletics Sports Day Practice
Year 3/4	Swimming Invasion Games (Football)	Swimming Gymnastics (floor)	Invasion Games (Tag Rugby) Invasion Games (Netball)	Invasion Games (Dodgeball) Dance	Coach - (MB) - Tennis Invasion Games (Rounders)	Athletics (Quad Kids)/Sports Day practice O.A.A
Year 4/5	Dance Invasion Games (Tag Rugby)	Invasion Games (Hockey) Invasion Games (Dodgeball)	Swimming Gymnastics (floor)	Swimming Striking and Fielding (Cricket)	Net/wall (Tennis) Invasion Games (Rounders)	Athletics/ Sports Day practice O.A.A
Year 6	Dance Invasion Games (Tag Rugby)	Invasion Games (Hockey) Invasion Games (Dodgeball)	Gymnastics (floor) Invasion Games (Netball)	Striking and Fielding (Cricket) Invasion Games (Football)	Net/wall (Tennis) Invasion Games (Rounders)	Top up Swimming for some children Athletics/Sports Day practice O.A.A