



# E-Safety for Parents and Carers

- \*Look at how children use the internet
- \*Raise awareness of eSafety issues
- \*Offer guidance on how to help keep children safe online



# Benefits of technology for children:

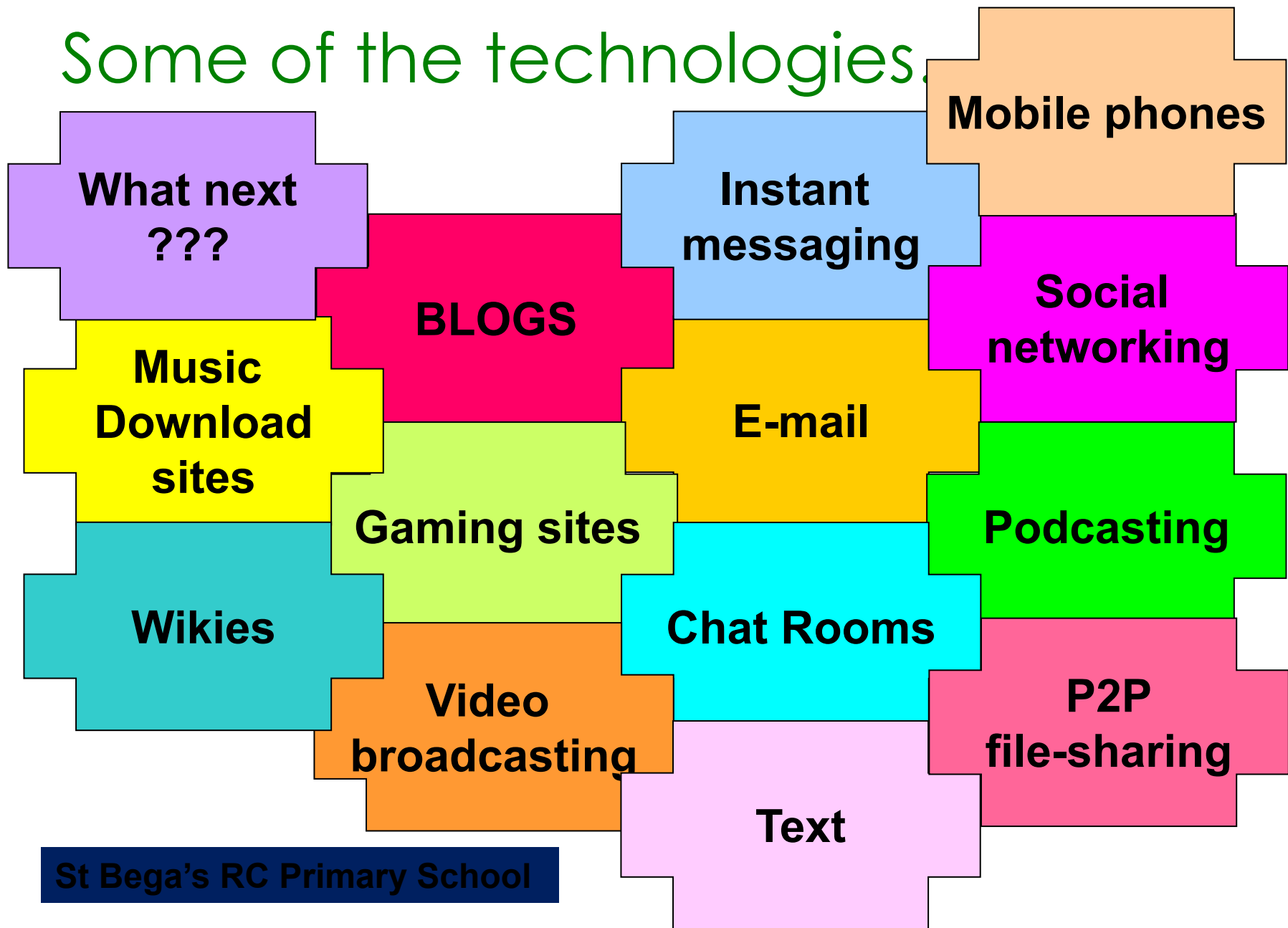
- fun
- educational
- can help raise standards
- helps build creativity
- enables communication with friends and family

“70% of parents feel that their children know more about the internet than they do”

(Ofcom Media Literacy 2011)

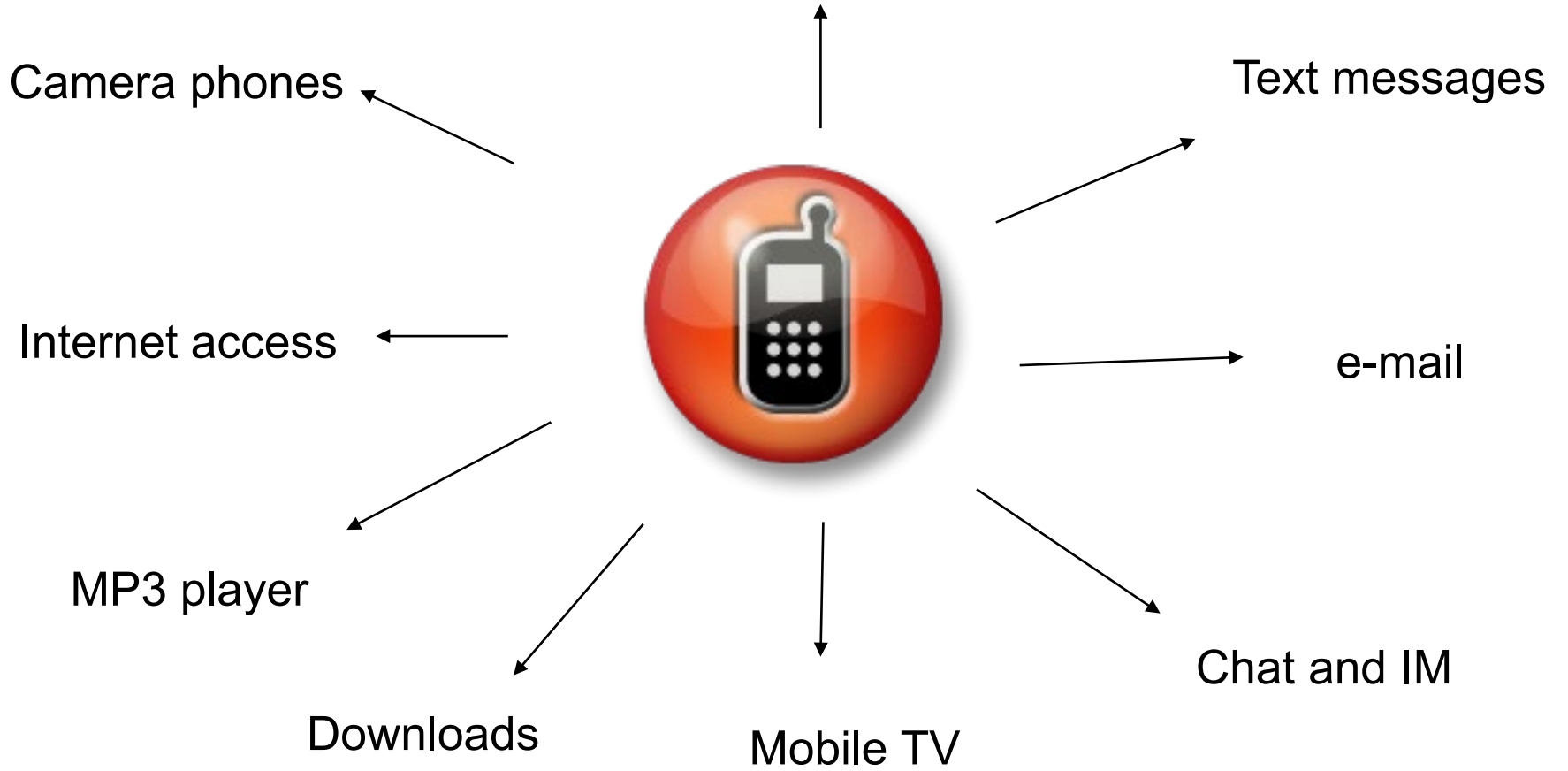


# Some of the technologies.





**Anytime ⇔ Anywhere**





# Risks

- Children make online ‘friends’ and chat to people who are unknown who may pose a risk to them
- Children may upload or view inappropriate material
- Sharing files can lead to spyware, identify theft and greater vulnerability to viruses.
- Risk of cyber bullying

# School approach to E-safety

**Safe:** keeping personal information safe

**Meeting:** online friends are strangers

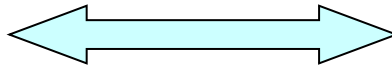
**Accepting:** be aware of viruses

**Reliable:** information may be untrue

**Tell:** inform an adult



# School



# Home

- Supervised
- Monitored
- Filtered
- Curriculum



Rise of smartphone and ipad



# Access to technology

## Where?

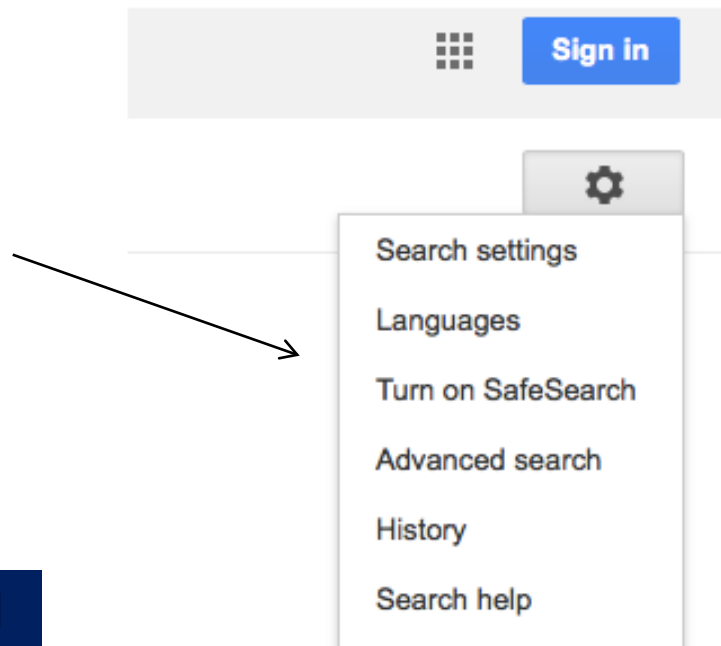
- Internet agreements with your child
- Limit time using technology
- Think about where they use technology - webcams
- Take technology at night

## When?

- $\frac{1}{4}$  of children admitted to missing sleep because of technology
- $\frac{2}{3}$ s of children said using technology interrupted time doing schoolwork and spending time with friends and family

# What to do?

- Check history of websites children have viewed
- Turn on Safe Search in Google














- Encourage use of child friendly search engines e.g. Yahooligans
- Use safe search apps on iphones and ipads e.g. K9 browser
- Think about when your child needs a mobile phone. Contact the provider to put restrictions on usage.

- Make sure you use a firewall and have anti-virus software
- Set up a family email for websites children access
- Encourage children to not use a nickname on sites and not share personal information

# Gaming

- Massively multiplayer online role playing games
- Talk to children about playing with strangers and giving personal information

**PEGI (The Pan-European Game Information age rating system) was established in 2003 to help European parents make informed choices**

|   |   |   |
|---|---|---|
|    |    | Violence - Game contains depictions of violence   |
|    |    | Discrimination - Game contains depictions of, or material which may encourage, discrimination |
|   |   | Sex - Game depicts nudity and/or sexual behaviour or sexual references                        |
|  |  | Drugs - Game refers to or depicts the use of drugs  |
|  |  | Fear - Game may be frightening or scary for young children                                    |
|   |  | Bad Language - Game contains bad language   |



# Social networking



- 18% of 9 to 10 year olds and 25% of 11 to 12 year olds have a Facebook profile
- 14% accept all friends
- Only half keep their profiles private
- 1/4 give a false age
- 3% meet up with someone online that they have never met

## Ban or Educate?

Facebook and most other social media sites are for over 13 year olds.

- Build a profile with your child. Discuss what personal information to share.
- Set a strong password.
- Become your child's friend.
- Discuss which photos are appropriate to post and how they can be misused.
- Explain that friends should be people they know.
- Set strong privacy settings to friends only.

## For more information.....

- <http://www.parentscentre.gov.uk/>
- [www.thinkuknow.com](http://www.thinkuknow.com)
- <http://www.getnetwise.org/>
- <http://www.childnet-int.org/>
- <http://www.bbc.co.uk/webwise/>
- <http://www.iwf.org.uk/>
- <http://www.internetmatters.org/age-guides/videos.html>
- <http://facebook.com/safety>



- Useful safe websites for links across the curriculum, including games and general resources:
  - <http://www.bbc.co.uk/schools/parents/>
  - <http://www.topmarks.co.uk/>
  - <http://www.woodlands-junior.kent.sch.uk/Games/>
  - <http://www.bgfl.org/bgfl/15.cfm?s=15&p=251,index>
  - <http://www.bbc.co.uk/schools/>
  - <http://durham.schooljotter.com/coxhoe/Curriculum+Links>