 St Bega’s Out of school Provision Weekly Menu

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|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast and After school club | Heston in the community | Hitc Youth Club | Selection of cereals, toast, crumpets, and fruit | Selection of cereals, toast, crumpets, and fruit | Selection of cereals, toast, crumpets, and fruit | Selection of cereals, toast, crumpets, and fruit | Selection of cereals, toast, crumpets, and fruit |
| Breakfast and After school club | Heston in the community | Hitc Youth Club | Ham/Cheese Wraps/Sandwiches  Cucumber sticks  Carrot sticks  tomatoes | Beans/Spaghetti hoops on toast  Cucumber sticks  Carrot sticks  tomatoes | Ham/Cheese toasties  Cucumber sticks  Carrot sticks  tomatoes | Ham/Cheese Wraps/crackers  Cucumber sticks  Carrot sticks  tomatoes | Beans/Spaghetti hoops on toast/Toasties  Cucumber sticks  Carrot sticks  tomatoes |
| Yogurt & Fruit | Jelly & fruit | Yogurt & fruit | Angel Delight & fruit | Yogurt & fruit |