

<div>WEEK ONE</div> <div>Week Commencing: 3rd &amp; 24th November 15th December 5th &amp; 26th January 16th February 9 &amp; 30th March 20th April</div>	F+ Autumn & Winter 2025-2026	MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
	Traditional Choice	Big Brunch Pork or Vegetarian Sausage Free Range Omelette Crispy Potatoes & Baked Beans	Loaded Mild Beef or Vegetable Chilli Nachos with Mixed Rice & Salad Selection	Roast Chicken or Roast Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravy	British Beef or Vegetarian Burger in a Bun with Paprika Wedges, Sweetcorn & Tomato Ketchup	Golden Crumb Fish Fingers with Oven Baked Chips Garden Peas or Baked Beans
	Alternative Choice	Pasta Twists & Tomato Sauce with Homemade Dough Balls & Salad Selection (v)	Lancashire Butter Pie with Vegetable Medley or Baked Beans (v)	Tomato & Mascarpone Pasta with Homemade Herby Bread & Salad Selection (v)	Mac 'n' Cheese with Homemade Crusty Bread & Salad Selection (v)	Homemade Pizza Margherita with Oven Baked Chips Garden Peas or Baked Beans (v)
	Jackets & Sandwiches	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Oven Baked Chips Vegetable Sticks & Dips
<div>WEEK TWO</div> <div>Week Commencing: 10th November 1st &amp; 22nd December 12th January 2nd &amp; 23rd February 16th March 6th April</div>		MEAT FREE MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
	Traditional Choice	Loaded Pizza Panini with Paprika Wedges & Garden Peas (v)	Crispy Chicken or Vegetable Goujons & Katsu Curry Sauce with Rainbow Vegetable Rice	Pork or Vegetarian Sausage Yorkshire Pudding with Mashed Potatoes, Seasonal Vegetables & Gravy	Spaghetti Bolognaise with Homemade Dough Balls & Salad Selection	Harry Ramsden's Crispy Battered Fish with Oven Baked Chips & Mushy Peas
	Alternative Choice	Tomato & Mascarpone Pasta with Homemade Herby Bread & Salad Selection (v)	Puff Pastry Cheese Whirl with Herby Potatoes Garden Peas or Baked Beans (v)	Pasta Spirals & Tomato Sauce with Homemade Dough Balls & Salad Selection (v)	Cooks Choice of filled Free Range Egg Omelette with Potato Wedges & Baked Beans	Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)
	Jackets & Sandwiches	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection (v)	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Oven Baked Chips Vegetable Sticks & Dips
<div>WEEK THREE</div> <div>Week Commencing: 17th November 8th &amp; 29th December 19th January 09th February 2nd &amp; 23rd March 13th April</div>		MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
	Traditional Choice	Pork & Carrot or Vegetarian Meatballs with Mild Chilli & Sweet Pepper Sauce Mixed Rice & Salad Selection	Savoury Mince & Yorkshire Pudding with Mashed Potatoes Green Beans & Carrot Batons	Roast Chicken or Roast Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravy	Cooks Choice of Chicken or Vegetarian Curry with Mixed Rice & Naan Bread	Golden Crumb Fish Fingers with Oven Baked Chips Garden Peas or Baked Beans
	Alternative Choice	Harry Ramsden's Salmon & Sweet Potato Fishcake with Herby Potatoes & Vegetable Medley	Pasta Tubes & Tomato Sauce with Homemade Dough Balls & Salad Selection (v)	Tomato & Mascarpone Pasta with Homemade Herby Bread & Salad Selection (v)	Vegetarian Sausage Roll with Paprika Potatoes Garden Peas or Baked Beans (v)	Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)
	Jackets & Sandwiches	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Oven Baked Chips Vegetable Sticks & Dips