



**ST BERNARD'S
HIGH SCHOOL
EXTRA-CURRICULAR
ACTIVITIES
2026-2027**

Autumn Term - Extra-Curricular Activities – 2026-2027

Monday

	Activity	Department	Time	Year Group	Staff/Club Leader	Location	Further Information
Personal Study/Homework/Student Support Clubs	Morning Prayer	RE	8.30-8.40am	All	Mr Young	Chapel	Open to all students and staff for Christian prayer.
	Breakfast Club		8.00-8.40am	All	Learning Mentors	Dining Hall	Come and have a chat with a Learning Mentor on duty and start your day with a smile!
	Homework Club	Learning Support	8.00-8.40am 12.50-1.35pm 3.20-4.00pm	All	LSAs	SHC2	Club for SEN and all students who need support to complete homework.
Sporting and Fitness Activities	Cross Country Squad	PE	8.00-8.35am	7-10	Mr. St.Clair	Meet on playground	Full PE kit, then change into uniform. Parental consent must be given through Evolve link to attend Seafront sessions.
	Cheerleading	PE	1.00-1.45pm	All	Miss Carter-Welch	BH1	Shorts and trainers.
	Netball	PE	3.30-4.45pm	7 & 8	Miss Webb & Miss Carter-Welch	BH1/Playground	Full PE Kit
	Football	PE	3.30-4.45pm	9 & 10	Mr. Miller	MUGA/Bridgewater Drive	Full PE Kit Parental consent must be given through Evolve link to attend Bridgewater Drive sessions.

Autumn Term - Extra-Curricular Activities – 2026-2027

Monday Continued

Performing and Creative Arts	Chamber Choir	Music	1.00-1.40pm	All	Mrs Halliday and Mrs Githu	A21	Audition required – speak to Mrs. Githu.
	Year 7&8 Drama Club	Drama	1.00-1.40pm	7 & 8	Drama Prefects (Mrs. Bell)	A1	Bring lunch. Maximum 30 students then waiting list.
	Matilda Rehearsals	Drama	3.30-4.30pm	All	Mrs. Bell/Mrs O'Donoghue	A1	Check rehearsal schedule to see when you are needed to attend. NB. There may be additional rehearsals, look out for notices.
	Prop Design Club	Art	1.00-1.30pm	All	Mrs. Every	S16	Help design and make props for the school production of Matilda!
Subject Specific Extra-Curricular Clubs	Maths Club	Maths	1.00-1.30pm	All	Maths Staff Rota	W21	A friendly space to use the laptops to complete homework, revise or play games on Sparx. Support is available if needed. Please eat beforehand.
	Computer Access		1.00-1.30pm	All	6 th Form IT Prefects	E11	Computers are available to use for homework – eat before coming along
	French Club	MFL	1.15-1.45pm	7-9	Madame Dubois	E14	Games and songs - Week B only
	Maths Aiming Higher Club	Maths	3.25pm-4.25pm	11	Mr. Elliston	W23	For year 11s looking to really stretch themselves at GCSE!
Student-led clubs	Craft Club	House Captains	1.00-1.30pm	7-9	Clairvaux House Captains	W23	

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Personal Study/Homework/Student Support Clubs	Morning Prayer	RE	8.30-8.40am	All	Mr Young	Chapel	Open to all students and staff for Christian prayer.
	Breakfast Club		8.00-8.40am	All	Learning Mentors	Dining Hall	Come and have a chat with a Learning Mentor on duty and start your day with a smile!
	Homework Club	Learning Support	8.00-8.40am 12.50-1.35pm 3.20-4.00pm	All	LSAs	SHC2	Club for SEN and all students who need support to complete homework.
Sporting and Fitness Activities	Badminton	PE	1.00-1.45pm	7 & 8 (and Y11 GCSE students)	TBC	BH1	Trainers required.
	Basketball	PE	3.30-5.00pm	7 & 8	External Coach (Matt – Scorpions)	BH1	Full PE Kit
Performing and Creative Arts	Orchestra	Music	1.00-1.40pm	All	Mrs Githu	A21	Must be able to play an instrument.

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Tuesday – Continued

	Activity	Department	Time	Year Group	Staff/Club Leader	Location	Further Information
Subject Specific Extra-Curricular Clubs	Maths Club	Maths	1.00-1.30pm	All	Maths Staff Rota	W21	A friendly space to use the laptops to complete homework, revise or play games on Sparx. Support is available if needed. Please eat beforehand.
	Spanish Club	MFL	1.15-1.45pm	7-9	Ms Rama-Beiro	E13	Games and songs Tuesday - Week A only
	Computer Access		1.00-1.40pm	All	6 th Form IT Prefects	E11	Computers are available to use for homework – eat before coming along
	Science Club	Science	1.00-1.40pm	All	Science Staff Rota Science STEM Students	S12	Sign up on the sheet outside beforehand to secure your place.
	GCSE RE Support Club	RE	1.00-1.30pm	10 and 11	Mrs. Belsham	E21	Help, catch up, and support with anything to do with GCSE RE.
Other Clubs	Diamond Art Club		12.55-1.40pm	All	Mrs. Rush	N13	

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Tuesday – Continued

Other Clubs	K-Pop Club		12.55-1.40pm	All	Ms Saward-Read	SF23	K-Pop Club is a place to share our favourite groups, new music releases, and connect with other K-Pop lovers.
	‘Into Film’ Club		1.10-1.40pm	Years 7-9	Mrs. Jackson	SF12	Watch, review and make films, in partnership with the UK's biggest Film Education charity, Into Film.
Student-led clubs	Scrapbooking	House Captains	1.00-1.30pm	All	Melrose House Captains	E18	
	Finance Club	6 th Formers	12.45-1.15pm	7-9		N14	A chance to learn how to manage money, make smart financial choices, and build practical skills for your future.
	Debate Club		1.00pm-1.40pm	7-9	Head Student Team (Christy and Fiya)	E02	Develop your public speaking and debate skills on topical issues.

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Wednesday

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Personal Study/Homework/Student Support Clubs	Morning Prayer	RE	8.30-8.40am	All	Mr Young	Chapel	Open to all students and staff for Christian prayer.
	Breakfast Club		8.00-8.40am	All	Learning Mentors	Dining Hall	Come and have a chat with a Learning Mentor on duty and start your day with a smile!
	Homework Club	Learning Support	8.00-8.40am 12.50-1.35pm 3.20-4.00pm	All	LSAs	SHC2	Club for SEN and all students who need support to complete homework.
Sporting and Fitness Activities	Fitness Suite Club	PE	8.00-8.35am	All	Mrs. Bell	BH2	Full PE Kit, then change. Must have completed fitness suite induction beforehand. Starts 23rd September.
	Badminton	PE	1.00-1.45pm	9-11 (Including GCSE PE)	Miss Webb	BH1	Trainers required
	Fitness Suite Club	PE	1.00-1.45pm	12 & 13	Miss Webb	BH1	Induction to the fitness suite must be completed beforehand.
	Netball	PE	3.30-4.45pm	9-11	Miss Webb and Mrs. Beech	Playground/BH1	Full PE Kit

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Wednesday Continued

Sporting and Fitness Activities	Football	PE	3.30-4.45pm	7 & 8	Miss Carter-Welch and Miss Mead	MUGA/Bridgewater Drive	Full PE Kit Parental consent must be given through Evolve link to attend Bridgewater Drive sessions.
Performing and Creative Arts	Matilda Rehearsals	Drama	1.00-1.40pm	All	Mrs. Bell/Mrs O'Donoghue	A1/A2	Check rehearsal schedule to see when you are needed to attend. NB. There may be additional rehearsals, look out for notices.
	Year 7/8 Dance Club	Dance	1.00-1.40pm	7 & 8	Mrs Alexander	A31	Sign up via sign-up sheets outside the Dance studio. Eat first. Bring comfortable shorts or leggings.
	LODs Musical Theatre Workshops	Performing Arts	12.45-1.45pm	9-13	LODs member and Mrs. Bell	A1	Join a member of a Leigh Operatic and Dramatic Society to learn a musical theatre number and have a Q & A with an industry professional. 23/9, 30/9 and 7/10 only . Max 20 students, sign up to secure your spot.
Subject Specific Extra-Curricular Clubs	Computer Access		1.00-1.40pm	All	6 th Form IT Prefects	E11	Computers are available to use for homework – eat before coming along

	Maths Club	Maths	1.00-1.30pm	All	Maths Staff Rota	W21	A friendly space to use the laptops to complete homework, revise or play games on Sparx. Support is available if needed. Please eat beforehand.
Other Clubs	Crochet Club		12.55pm- 1.35pm	All	Mrs. Rush	N13	For those who can already crochet and would like to work on projects. Not suitable for beginners.
Student-led clubs	Model UN	House Captains	1.00-1.30pm	9-13	Hynning House Captains	E02	
	Self-Care Club	House Captains	1.00-1.30pm	All	Rievaulx House Captains	W24	

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Thursday

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Personal Study/Homework/Student Support Clubs	Morning Prayer	RE	8.30-8.40am	All	Mr Young	Chapel	Open to all students and staff for Christian prayer.
	Breakfast Club		8.00-8.40am	All	Learning Mentors	Dining Hall	Come and have a chat with a Learning Mentor on duty and start your day with a smile!
	SVP Ministry	RE	1.00-1.30pm	All	Mr Young	E21	Can bring lunch - lunch passes provided
	Homework Club	Learning Support	8.00-8.40am 12.50-1.35pm 3.20-4.00pm	All	LSAs	SHC2	Club for SEN and all students who need support to complete homework.
Sporting and Fitness Activities	Table-Tennis and Volleyball	PE	1.00-1.45pm	All	Miss Webb	BH1	Trainers
	Fitness Suite Club	PE	1.00-1.45pm	12 & 13	Miss Webb	BH1	Induction to the fitness suite must be completed beforehand.
	Fixtures	PE	TBC	TBC	TBC	TBC	
	Duke of Edinburgh		3.30pm-4.30pm	9 and 10	Miss Webb and Miss Mead	SMSH	Sessions will start after parent information evening
	Cross Country/Run Club	PE	3.30pm-4.15pm	All	Mr. St. Clair	Playground/ Seafront	Parental consent must be given via the emailed Evolve link to attend seafront sessions.

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Thursday Continued

Performing and Creative Arts	Choir	Music	1.00-1.40pm	All	Mrs Halliday and Mrs Githu	A21	Can bring lunch, lunch pass provided
Subject Specific Extra-Curricular Clubs	Maths Club	Maths	1.00-1.30pm	All	Maths Staff Rota	W21	A friendly space to use the laptops to complete homework, revise or play games on Sparx. Support is available if needed. Please eat beforehand.
	Astronomy Club	Science	1.00-1.30pm	All	Ms Servante	S12	Sign up on the sheet outside beforehand to secure your place.
	Computer Access		1.00-1.40pm	All	6 th Form IT Prefects	E11	Computers are available to use for homework – eat before coming along
Other Clubs	Board Game Club DnD		12.55-1.40pm	All	Mrs. Rush Mr. Browne	N13	A range of board games to enjoy playing together. Mr. Browne and 6 th formers will also be running Dungeons and Dragons.
Student-led clubs	Games Masters	House Captains	1.00-1.30pm	All	Fountains House Captains	E17	

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Friday

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Personal Study/Homework/Student Support Clubs	Morning Prayer	RE	8.30-8.40am	All	Mr Young	Chapel	Open to all students and staff for Christian prayer.
	Breakfast Club		8.00-8.40am	All	Learning Mentors	Dining Hall	Come and have a chat with a Learning Mentor on duty and start your day with a smile!
	Homework Club	Learning Support	8.00-8.40am 12.50-1.35pm 3.20-4.00pm	All	LSAs	SHC2	Club for SEN and all students who need support to complete homework.
Sporting and Fitness Activities	Netball	PE	8.00-8.35am	7 & 8	Miss Webb and Miss Carter-Welch	BH1/Playground	Trainers only
	Basketball	PE	3.30-5.00pm	9-11	External coach (Matt – Scorpions)	BH1	Full PE Kit
Performing and Creative Arts	LAMDA Club	Drama	1.00-1.40pm	All	Mrs Bell	A1	For Students who would like to prepare for an acting exam (solo or duologue.)
	Rock Band	Music	1.00-1.40pm	All	Mrs Githu/ Mr Fletcher	A26	Existing members, speak to Mrs Githu if you are interested in joining – bring lunch

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Friday Continued

	Theatre Club	Drama	1.00-1.30pm	All	Drama Prefects (Mrs. Bell)	A2	An opportunity to watch recordings of a range of plays and live theatre productions. Bring lunch.
	Studio Sessions	Music	1.00-1.30pm	All	Mrs Githu/Music Prefects	A21 (Recording Studio)	Sign up for the week you and your friends would like to come to record your own music!
	Dance Company	Dance	3.45-4.45pm	7-13	Mrs Alexander	A31	For members only. Look out for audition details.
Subject Specific Extra-Curricular Clubs	Maths Club	Maths	1.00-1.30pm	All	Maths Staff Rota	W21	A friendly space to use the laptops to complete homework, revise or play games on Sparx. Support is available if needed. Please eat beforehand.
	Anime Club	Student Support/Art	1.20-1.45pm	All	Ms McMahon	S16	
	History Film Club	History	1.00-1.40pm	All	Mr Browne	E01	
	Computer Access		1.00-1.30pm	All	6 th Form IT Prefects	E11	Computers are available to use for homework – eat before coming along
Other Clubs	Eco Club		1.05-1.35	All	Ms Armstrong	E12	Bring your own gardening gloves if you wish!
Student-Led Clubs	Humanities Support Club	House Captains	1.00-1.30pm	9-11	Annay House Captains	E03	

Autumn Term - Extra-Curricular Activities – 2026-2027

On-site, Fee-Paying Community Clubs

Day	Activity	Time	Year Group	Club Contact	Location
Monday	Children's Basketball	5.00pm-6.30pm	All ages	Scorpions_basketball@outlook.com	BH1
	Men's Basketball	7.00pm-9.00pm	Adult	Scorpions_basketball@outlook.com	BH1
	Children's Martial Arts	5.00pm-7.30pm	All ages	essex@mattfiddes.com	A31
Wednesday	Yoga	7.30pm-8.30pm	Adult	sophierossell@mail.com	A31
Thursday	Zumba	6.30pm-7.30pm	Adult	Vickster8@hotmail.com	A31
Friday	Make Believe (Performing Arts)	6.00pm-8.30pm	All ages	southend@makebelievegroup.co.uk	A1, A2, A21