ST BERNARD'S HIGH SCHOOL

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Headteacher: Mrs H Barnes, BA (Hons), NPQH

2nd November 2026

Our ref: LCW/tmi

Dear Parents/carers

I am writing this letter to inform you on some updates regarding the PE kit at St Bernard's.

Current PE kit (those in red will no longer be able to be purchased):

- St Bernards top
- Navy shorts
- Navy leggings
- Navy tracksuit bottoms
- **St Bernards hoodie**
- ¼ ¾ zip
- Trainers (not converse or air force)

We have made the decision to phase out the PE hoodie. From Christmas the hoodie will no longer be able to be purchased from Danielle's. Instead, students can purchase the St Bernard's ¼ or ¾ zip jumper. This is already on sale at Danielle's, and many students already have it.

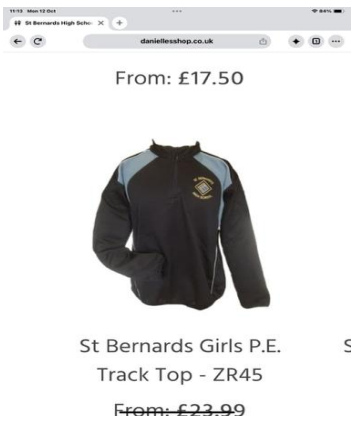
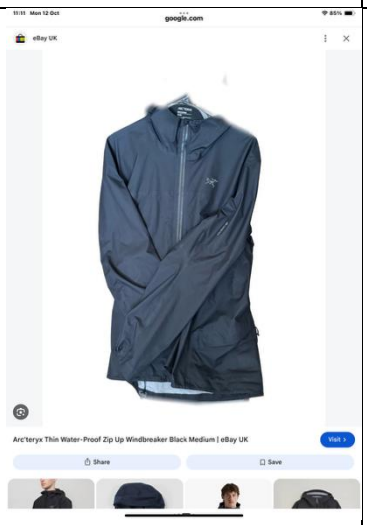
Alternatively, if you are not wanting to purchase the branded ¼ zips, students can wear a plain navy ¼ or 3/4 zip not purchased from the school store.

This decision has been made for several reasons, firstly, when doing activities a hoodie poses more potential risks than a garment without a hood. Also, the cotton material of the hoodie does not dry quickly, as it is not meant for physical activity. This means some students then are remaining in the wet hoodie for the remainder of the day.

However, we appreciate some students would have only just purchased a hoodie this year therefore, they are still permitted to wear this hoodie, when the time comes that they need a new one, only the ¼ or 3/4 zip will be available.

For winter lessons, students can bring a thin navy waterproof or wind breaker jacket. This is not to be a puffer or thick jacket, please see below for examples. The use of these jackets will be weather dependent and are only to be worn at the teachers discretion.

Additionally, students can wear leggings or gym style tracksuit bottoms these should not be flairs. In the cold weather please remind your child that they cannot wear tights under their shorts. They can wear navy thermals or the leggings or tracksuit bottoms.

Jumpers		
Example wind breaker		

Leggings / tracksuit bottoms.		

If you are unsure whether an item will be allowed, please email Miss Carter-Welch lcw@stbernards.southend.sch.uk and I will be happy to answer any questions.

Kind regards

L. Carter-Welch

Miss Carter-Welch

Head of PE