# St. Bernard's Extra

## "Before & After" School Club

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### BEHAVIOUR MANAGEMENT

St. Bernard's Extra recognises the importance of positive & effective behaviour management strategies in promoting children's welfare, learning & enjoyment.

The aims of our Behaviour Management Policy are to help children to:

- Develop a sense of caring & respect for one another
- Build caring & co-operative relationships with other children & adults
- Develop a range of social skills & help them learn what constitutes acceptable behaviour
- Develop confidence, self-discipline & self-esteem in an atmosphere of mutual respect & encouragement.

The staff aim to provide a play environment that ensures the children's right to play and learn without fear of being hurt or hindered by anyone else; one that positively encourages good behaviour.

Staff have a responsibility to actively encourage & reinforce desirable behaviour and to discourage and challenge unacceptable behaviour.

All children will be actively involved in discussing and setting ground rules for the club and will be encourage to take responsibility for their own behaviour and its consequences.

Staff will promote the children's welfare & development by managing their behaviour in a variety of ways:

#### Behaviour Management Strategies

The club's ground rules will apply equally to all children & staff and will be established by children & staff working together

Positive behaviour will be reinforced with praise & encouragement. Staff will make every effort to set a positive example to children by behaving in a friendly and tolerant manner themselves, promoting an atmosphere where children & adults respect and value one another.

Negative behaviour will be challenged in a calm but assertive manner. In the first instance, staff will try to re-direct children's energies by offering them alternative & positive options.

Staff will be open in stating and explaining non-negotiable issues

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Staff will avoid shouting at work but the club recognises that on occasion a shouted reminder could help avoid an injury or issue to become worst.

Activities will be varied, well planned & structured so that children are not easily bored or distracted.

#### Unacceptable Behaviour:

Examples of the type of behaviour that is unacceptable includes aggressive, bad language, racist or sexist, violence, general name calling, bullying and lack of respect for equipment, the club and property.

Children whose behaviour is unacceptable will be given adult support to help them work towards a better behavioural pattern.

If after working with a child on an individual basis, staff are unable to resolve an on-going problem with behaviour, parents/carers will also be asked for their support.

In the event of a child repeatedly putting themselves or other children / staff at risk or preventing other children from benefiting from the activities on offer, parents / carers may be asked to remove their child from the club.

All unacceptable behaviour will be monitored & recorded in the Incidence Record which parents will be asked to sign. Behaviour will be an agenda item on the termly meeting with directors.

Physical punishment is never used by anyone connected with the club or even threatened, nor is verbally humiliating children tolerated.

The club makes it clear that it is the Behaviour that is unacceptable not the child.

#### Physical Restraint:

If a situation arises where the staff feel that a child poses a serious risk of personal injury to either themselves, other children or to an adult or serious risk of damage to property or equipment then they reserve the right to physically restrain them using recognised methods.

All such restraining will be recorded in the incident record book and will be used for short periods of time only. Parents/Carers will immediately be informed of such action and the reasons for such action being taken.

#### Suspensions & Exclusions

This is seen as the last possible course of action by the club and will only be adopted should all other courses of action result in no improvement in behaviour. See Suspensions & Exclusions Policy for further details

#### Behaviour Ladder

#### St. Bernard's Extra

At times some children may make poor behaviour choices. At St. Bernard's extra we will always strive to help children to see themselves in a positive way using praise and encouragement to promote good behaviour.

The following are used as strategies to promote good behaviour:

- Verbal praise
- Star of the Week
- Weekly good behaviour raffles
- Termly rewards

We recognise that there also needs to be a clear structure of consequences if poor behaviour continues. At St. Bernard's Extra we use a traffic light system initially and behaviour ladder (1-10)

- 1. A look or a guiet word from a member of St Bernard's Extra staff.
- 2. Child will be moved away from other children for a moment in order to think about their behaviour.
- 3. Have some time out in calm down area away from other children. Giving child time to think about their behaviour.
- 4. In case of repeated or more serious behaviour the incident will be written up in the behaviour book. If a child has 2 incidents written in the behaviour book in one term they will then be placed on a behaviour report card for Breakfast and After School Club. Report cards will run for the next 5 days the child is present in the club.
- 5. If a child does not get a star whilst on report card their second report card will immediately be issued. If all stars are given on report card then the child will be given another chance.
- 6. If there is no improvement of behaviour and a child has been on 2 report cards a meeting will be set up with parents and a month-long behaviour contract will be given. This will be extended if necessary.
- 7. If there is no improvement in behaviour a child will be excluded from St. Bernard's Extra for a day and an extra day will be added to behaviour contract.
- 8. If there is still no improvement in behaviour a child will be excluded from St. Bernard's Extra for 3 days and an extra 3 days will be added to behaviour contract.
- 9. If there is no improvement in behaviour a child will be excluded from St. Bernard's Extra for a week and an extra week will be added to behaviour contract.
- 10. If there is no improvement in behaviour a child will be excluded from St. Bernard's Extra for a half term.

It is only in very rare circumstances that points 5 - 9 would be used. We would always try to work with children and families to help the child make appropriate behaviour choices.