

## St. Bernard's Physical Education Curriculum Intent

**OVERALL INTENT** We will foster a lifelong love of learning through engaging children in relevant purposeful and exciting child -centered learning. Through varied provision, support and challenge we will support each child in achieving as a learner, developing enquiring minds and as a person - developing social, moral and emotional resilience.

	<b>INTENT</b>	<b>Explanation</b>	<b>SUBJECT SPECIFIC examples</b>
	<b>Social and Moral development</b>	We will pro-actively include social and moral development across the curriculum linking with our mission statement "you are precious in my eyes." We will support children in developing respect for themselves and others and preparing them to be good citizens of the future.	Our children will have opportunities to compete in sport and other activities that build character and help to embed values such as fairness and respect.
	<b>Developing Life Skills</b>	We will maintain a focus in our curriculum to develop life skills including resilience, independence, self-motivation, self –awareness, self-esteem, and mental well being	PE will develop a need for healthy life styles; a balanced diet, positive growth mind-set and the resilience to persevere with activities that may be once have felt too difficult. We will teach children how to cooperate and collaborate with others, as part of a team, understanding fairness and equity of play to embed life-long values.
	<b>Flexible</b>	We will review and adapt our curriculum to meet the needs and interests of our learners. Children's interests and knowledge will be a factor in determining our curriculum.	PE encourages and provides opportunities for all children to lead healthy, active lives.
	<b>Skills based</b>	Our curriculum will focus on skills based learning where our children develop skills that they can use in other topics and other areas of the curriculum	At St Bernards we provide a curriculum with appropriate subject knowledge, skills and understanding in physical education as set out in the National Curriculum so that children can reach and exceed their potential.

	<b>Practical</b>	Our curriculum will include a wealth of practical learning giving greater purpose and relevance to learning and providing children with the opportunity to learn through doing rather than rote content learning.	Lessons consist of fun, high-quality physical education curriculum that inspires all pupils to succeed and excel individual's abilities in competitive sports and other physically-demanding activities.
	<b>Relevant, Purposeful &amp; Engaging</b>	The curriculum will be grounded in real life experiences which are meaningful to our children. The children will be exposed to issues in the local community, national and international events. Relevant links will be made at every opportunity. Our school family will be encouraged to be independent enquirers and ask Life's Big Questions. They will be exposed to experts in their field, be it staff, other children, visitors or the wider school family	Our long term plan is broad and balanced, allowing children to access a wide variety of high quality PE and sports provision through teachers and members outside the school community.
	<b>Challenge</b>	We will challenge our children to be the best that they can through careful planning prior to the lessons and also through " in the moment planning."	The long term plan begins by focusing on the fundamental skills and then moving onto skills and activities that can lead to different sports. Further up school, we start making the links between sports and finally in years 5 and 6, it becomes more sport specific as we get them ready for high school and beyond.