

PE and Sport Premium Report 2022-2023

Vision for the PE and Sport Premium:

All pupils leaving primary school should be physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.

Objective:

To achieve self-sustaining improvement in the quality of PE and sport in primary schools. It is important to emphasise that the focus of spending must lead to long lasting impact against the vision (above) that will live on well beyond the Primary PE and Sport Premium funding.

The 5 key areas of improvement:

- ☑ The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school.
- ☑ The profile of PE and sport is raised across the school as a tool for whole-school improvement.
- ☑ Increased confidence, knowledge and skills of all staff in teaching PE and sport.
- ☑ Broader experience of a range of sports and activities offered to all pupils.
- ☑ increased participation in competitive sport.

Swimming and Water Safety

Swimming is an important skill and can encourage a healthy and active lifestyle. We currently provide swimming instruction in all of key stage 2 (* current year 6 exempt due to covid). The programme of study for PE sets out the expectation that pupils should be taught to:

- ☑ swim competently, confidently and proficiently over a distance of at least 25 metres.
- ☑ use a range of strokes effectively [for example, front crawl, backstroke and breaststroke].
- ☑ perform safe self-rescue in different water-based situations.

Accountability

Ofsted assesses how primary schools use the primary PE and sport premium. They measure its impact on pupil outcomes, and how effectively the Standards and Performance Committee hold school leaders to account for this.

Swimming and Water Safety results 2019-2020

	2020-2021	2021-2022
The percentage of our Year 6 pupils that could swim competently, confidently and proficiently over a distance of at least 25 metres when they left our primary school at the end of last academic year	0	awaiting
The percentage of our Year 6 pupils that could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left our primary school at the end of last academic year.	0	awaiting
The percentage of our Year 6 pupils that could perform safe self-rescue in different water-based situations when they left our primary school at the end of last academic year	0	awaiting
Schools can choose to use the primary PE and sport premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have we used it in this way?		

*Due to Covid-19, Year 5 were unable to attend swimming during the Summer 2020 term.

Review of P.E. and Sport Premium spend 2021-2022		
Action	Resources	Impact
Engage with professional coach to deliver CPD lessons with teachers.	£7000	Teachers' confidence, knowledge and skills of teaching gymnastics increased for those who received CPD. Children's attainment, knowledge, skills and confidence in gymnastics has improved in year groups that had sessions delivered.
Engage with 'AFC Fylde to deliver a range of extra-curricular sport clubs that children wouldn't normally have access to. Provide targeted places at these clubs for children from lower income or less active families.	£2000	More children to have access to and are engaged in varied, regular extra-curricular sport.
SOW from Lancashire County Council	£350 pa x 5 years	Subject leader trained in new SOW. Staff meeting given by RT to all staff on

		how to access, use and record progress of pupils.
Promote active break and lunchtimes by increasing the range of activities and sports available and promote active travel.	£500	*Due to Covid-19, we have not yet seen the full desired impact from this. However, next year we hope to have more children being active at break and lunchtime throughout the whole year as well as more children travelling to school in an active way.
Provide further opportunities to take part in sporting competitions	£1000	Taken part in Football leagues, mini athletics, gymnastics, netball, cross country and rounders.
New playground improvement to allow safe play and improved activities during break times.	£2000	To be installed in May 2022

SUBJECT _____Physical Education_____

SUBJECT LEADER _____R

Turner_____

Current situation including evidence...

Well-resourced PE equipment and facilities.

Training for teachers CPD by Team Theme

Team Theme (TT) trained

Teacher questionnaire

Questions and answers

Pupil interviews

Varied after school clubs by AFC

At least one term (2 half terms) for different age groups

Pupil questionnaire

Questions and answers

Next steps including desired impact

TT to provide further training in required areas for specific teachers

Further after school clubs to engage those children not yet taking part.

All classes to be using the new SOW

Lunch time activities to provide opportunities for further physical activities

Priority1

Continue to improve the quality of PE lessons

Priority 2

To provide more opportunities for children to take part in a variety of lunch time sports.

Priority 3

To develop inter and intra school competition for all children (year 3-6)

Continue to improve the quality of PE lessons			
Rationale			
Actions	Key People	Finance & Timescale	Desired Impact and evaluation
New SOW to be used by all teachers and progress tracked	RT All staff reaching PE	Continuation of £300 pa for 5 years	Consistent lesson delivery for all students. The lessons will allow teacher new resources to improve the learning of pupils. All children will have a profile to track their progress in physical education.
Team Theme to provide CPD for teachers	Team Theme	£7500 Spring 2023	To improve the knowledge and skills of all teachers to ensure the children get the best physical education.

Priority Point 2			
To provide more opportunities for children to take part in a variety of lunch time sports.			
Rationale			
70% of children to take in at least 1 sports activity to help improve healthy lifestyle choices.			
Actions	Key People	Finance 7 Timescale	Desired Impact and evaluation
After school and lunch time clubs provided by qualified professionals.	AFC	£3500 Spring 2022	Most children to have access to sports and physical development out of school.
Yr5 pupils to assist and setup lunch time and break time activities to get all children doing 20 mins physical activity.	RT Welfare staff	£500 Summer 2021	Lunch time clubs will help children achieve the desired 60 minutes of physical activity per day.
New playground equipment to be installed in the KS2 playground	RT MB	£2000 Summer 2022	New activities and improvement of existing cage area.

New activities to be taught and shown to children to use – Skipping and free style football	RT	£1500 Summer 2022	New activities to engage pupils and move away from only football so more children are involved.
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Priority Point 3
To develop inter and intra school competition for all children (year 3-6)

To develop a vision that recognises that by the time each child leaves St Bernards they will have become positive in their approach to physical activity, achieved personal success and developed a sense of pride that provides them with the confidence to try new experiences through the next stages of their life.

Actions	Key People	Finance & Timescale	Desired Impact and evaluation
To enter inter school competitions as they are offered on the PSSC website. Increased participation in competitive sports.	All Staff	£200 for competition entry £500 transport	To provide opportunities for competitive sport within school and in inter school matches.
Staff to plan for opportunities for children to use newly acquired skills in competitive games/activities during PE lessons.	All Staff	£500 for equipment	To provide opportunities for competitive sport within school and in inter school matches.