



St. Bernard's Catholic Primary School And Nursery

Curriculum Intent – PSHE

Context

St Bernard's Catholic Primary School is a voluntary aided school with a strong Catholic ethos.

It provides a supportive and nurturing environment in which all pupils are enabled to develop educationally and personally, and which strives carefully to prepare them for opportunities, responsibilities and experiences which they might encounter in their future lives.

At St Bernard's Catholic Primary school we believe that PSHE (Personal, Social, Health and Economic education) and RHE (Relationship and Health Education) are central to the educational entitlement of all children and as a cross-curricular dimension, permeate all aspects of school life. It helps to give pupils the knowledge, skills and understanding they need to lead confident healthy independent lives to become informed, active and responsible members of the community. At St Bernard's PSHE and RHE are closely linked with the Catholic ethos of our school. We are teaching PSHE and RHE to put in place the building blocks needed for positive and safe relationships of all kinds in the context of the Catholic nature of our school.

National Curriculum Guidance on PSHE States:

- Schools must provide a PSHE programme to equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions

In 2019, The Department for Education produced statutory guidance on the teaching of Relationships and Health Education (RHE) within the PSHE curriculum. From September 2020, the vast majority of PSHE education becomes statutory via Relationships and Health Education in primary schools

Curriculum Intent

At St Bernard's we encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In so doing we help to develop the children's sense of self-worth. We teach them how society is organised and governed. We ensure that they experience the process of democracy in school

through the school council. We teach them about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse multi-cultural society.

We aim that through PSHE and RHE we will enable our pupils

- To understand and respect Catholic, Christian and other beliefs and values.
- To develop emotional literacy, resilience, self-confidence and self-esteem, and make informed choices regarding personal and social issues.
- To know and understand what constitutes a healthy lifestyle.
- To be aware of safety issues.
- To understand what makes for good relationships with others.
- To have respect for others
- To be independent and responsible members of the school community.
- To be a positive and active meekness of a democratic society
- To develop good relationships with other members of the school and the wider community.

PSHE should also make a considerable contribution towards safeguarding and any bespoke nurture/pastoral care intervention for individual children.

We intend to achieve these aims by:

- Creating a school ethos that values the contribution of all individual and their place in the school community and promotes self-respect and respect for others.
- Providing a safe and secure environment which is conducive to learning and enables children to calculate risks.
- Encouraging children to take responsibility for their own actions.
- Enabling children to make informed choices.

Curriculum Implementation

In the majority PSHE and RHE lessons will be taught using the 1Decision scheme of work which has been sequenced carefully to ensure the skills children learn are stimulating, age appropriate and progressive, building on what children have previously learned during the years before. Teaching is organised into a series of recurring and inter-related themes:

- Keeping / staying safe.
- Keeping/ staying healthy.
- Relationships.
- Being responsible.
- Feelings and emotions.
- Computer safety

- Money matters
- A world without judgment (year 4 and above).

At each encounter, the level of demand increases and learning is progressively deepened. The same 'theme' is taught to each year group from Year 1 to Year 6 with a slightly different focus each year. This thematic approach, which is repeated each year, gradually expands and enriches key concepts in an age-appropriate way, increases knowledge, deepens understanding, and develops key skills so by the end of Year 6, each child should have a thorough understanding of each theme.

For older children the additional "This is my body" scheme of work will be used for the teaching of sex and relationship themes based around the Catholic ethos.

As well as learning PSHE and RHE in discrete lessons, (1 per week) the skills and knowledge that the children learn will permeate throughout all other lessons and school activities. These will include:

- Charity fundraising
- Prayer and Liturgy
- Assemblies
- Visiting speakers
- The school council.

Curriculum Impact

Summative assessments take place throughout the year and teachers record the progress and attainment against the National Curriculum expectations of attainment. Teachers use this information to inform future lessons; ensuring children are supported and challenged appropriately.

Further information is gathered through floor book scrutiny, lesson observations and pupil questionnaires; highlighting strengths and achievement and any improvements, knowledge and skills that still need to be embedded.

Close liaison between teaching staff, pastoral care and DSLs will ensure any concerns which may arise through the teaching of PSHE can be promptly addressed through school based intervention and where necessary via additional services for example CAMHS or Child Action Northwest.