

# Menu Type: F+ Spring & Summer 2024 Allergen Information

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RECIPE NAME	MILK	EGGS	PEANUTS	TREE NUTS	CEREALS CONTAINING GLUTEN	SESAME SEEDS	CRUSTACEANS	MOLLUSCS	FISH	CELERY	MUSTARD	SOYA	LUPIN	SULPHUR DIOXIDE
Baked Bean Chilli Nachos (Additional Cheese Optional)	Y (With Cheese)													
Baked Bean Chilli Taco (Additional Cheese Optional)	Y (With Cheese)													
Beef Burger (Broc & Spinach Grill) in a Bun & Tomato Ketchup					Y (Wheat)							Y		
Beef Chilli Nachos (Additional Cheese Optional)	Y (With Cheese)													
Beef Chilli Tacos (Additional Cheese Optional)	Y (With Cheese)													
Bread - Chota Naan	Y				Y (Wheat)									
Bread - Herby	Y				Y (Wheat)							Y		
Bread - Homemade	Y				Y (Wheat)							Y		
Cheese & Crackers	Y				Y (Wheat)									
Chicken Burger in a Bun, Salad & Mayonnaise		Y			Y (Wheat)							Y		
Chicken Burger in a Bun, Salad & Tomato Ketchup					Y (Wheat)							Y		
Chocolate Brownie		Y			Y (Wheat)									
Chocolate Sauce	Y													
Cod Fish Fingers					Y (Wheat)				Y (Cod)					
Cookie - Chocolate					Y (Wheat)									
Cookie - Chocolate or Vanilla (Middleton's Gluten Free Mix)		Y												
Cookie - Lemon					Y (Wheat)									
Cookie - Vanilla					Y (Wheat)									
Cookie - Ginger					Y (Wheat)									
Cupcake - Chocolate		Y			Y (Wheat)									
Cupcake - Toffee	Y	Y			Y (Wheat)									
Curry Cooks Choice - Chinese Chicken Curry					Y (Wheat)							Y		
Curry Cooks Choice - Chinese Quorn Curry		Y			Y (Wheat)							Y		
Curry Cooks Choice - Homemade Chicken Korma Curry														
Curry Cooks Choice - Homemade Chicken Tikka Curry	Y													
Curry Cooks Choice - Homemade Quorn Korma Curry		Y												
Curry Cooks Choice - Homemade Quorn Tikka Curry	Y	Y												
Custard	Y													
Fruit Jelly & Vanilla Cream	Y													
Fruit Selection														
Fruit Yoghurt	Y													
Harry Ramsdens Crispy Battered Fish					Y (Wheat)				Y (Pollock)					
Jacket Potato with Baked Beans														

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Jacket Potato with Cheese	Y													
Jacket Potato with Tuna & Mayonnaise		Y							Y (Tuna)					
Melon Wedges														
Milk	Y													
Mousse Delight - Chocolate	Y													
Mousse Delight - Strawberry	Y													
Oaty Flapjack					Y (Oats)									
Pasta - Arrabbiata (Additional Cheese Optional)	Y (With Cheese)				Y (Wheat)									
Pasta - Beef Bolognese					Y (Wheat)									
Pasta - Cheese & Broccoli Bake	Y				Y (Wheat)									
Pasta - Neapolitan (Additional Cheese Optional)	Y (With Cheese)				Y (Wheat)									
Pasta - Quorn Bolognese		Y			Y (Wheat, Barley)									
Pasta - Tomato & Mascarpone	Y				Y (Wheat)									
Pasta - Vegetable Bake (Additional Cheese Optional)	Y (With Cheese)				Y (Wheat)									
Pizza - Calzone (Homemade)	Y				Y (Wheat)							Y		
Pizza - Margherita (Homemade)	Y				Y (Wheat)							Y		
Pizza - Pin Wheel (Homemade)	Y				Y (Wheat)							Y		
Pizza - Tondo Panini	Y				Y (Wheat)							Y		
Pork & Vegetable Sausages (Booths) & Gravy														Y
Pork & Vegetable Sausages (Booths) & Tomato Ketchup														Y
Pork Sausage in a Bun & Tomato Ketchup					Y (Wheat)							Y		Y
Potatoes - Baby New														
Potatoes - Creamy Mashed	Y													
Potatoes - Herby Wedges														
Potatoes - Jacket Wedges														
Potatoes - Oven Baked Chips														
Potatoes - Paprika Wedges														
Potatoes - Roast														
Quorn Goujons Burger in a Bun, Salad & Mayonnaise		Y			Y (Wheat)							Y		
Quorn Goujons Burger in a Bun, Salad & Tomato Ketchup					Y (Wheat)							Y		
Rainbow Vegetable Pasta Salad		Y			Y (Wheat)									
Raspberry Bun	Y	Y			Y (Wheat)									
Rice - Mixed														

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Roast Chicken & Gravy														
Roast Pork & Gravy														
Roast Quorn & Gravy					Y (Wheat)									
Salad Selection														
Salad Sicks (Carrot & Cucumber)														
Salmon Fingers (Gluten Free)									Y (Salmon)					
Shortbread - Lemon					Y (Wheat)									
Shortbread - Chocolate					Y (Wheat)									
Shortbread - Plain					Y (Wheat)									
Summer Picnic Lunch Vegetarian (Sandwich Roll/Wrap, Sausage Roll, Tortilla Chips & Salad Sticks)		Y			Y (Wheat)				Y (Tuna)			Y		
Summer Picnic Lunch (Sandwich Roll/Wrap, Sausage Roll, Tortilla Chips & Salad Sticks)		Y			Y (Wheat)				Y (Tuna)			Y		Y
Tortilla Chips														
Vanilla Cream	Y													
Vanilla Sponge		Y			Y (Wheat)									
Vegetable Crispy Crumb Burger in a Bun					Y (Wheat)						Y	Y		
Vegetable Fingers & Tomato Ketchup					Y (Wheat)									
Vegetables - Baked Beans														
Vegetables - Broccoli Florets														
Vegetables - Carrot Batons														
Vegetables - Garden Peas														
Vegetables - Mixed Medley														
Vegetables - Mushy Peas														
Vegetables - Seasonal Cabbage														
Vegetables - Sweetcorn														
Vegetarian Sausage (Quorn) & Gravy					Y (Wheat)									
Vegetarian Sausage (Quorn) & Tomato Ketchup					Y (Wheat)									
Vegetarian Sausage (Quorn) in a Bun & Tomato Ketchup					Y (Wheat)							Y		
Vegetarian Sausage Roll & Tomato Ketchup					Y (Wheat)									
White Bread Sandwich with Cheese	Y				Y (Wheat)							Y		
White Bread Sandwich with Ham					Y (Wheat)							Y		
White Bread Sandwich with Tuna & Mayonnaise		Y			Y (Wheat)				Y (Tuna)			Y		
White Roll with Cheese	Y				Y (Wheat)							Y		
White Roll with Ham					Y (Wheat)							Y		

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White Roll with Tuna & Mayonnaise		Y			Y (Wheat)				Y (Tuna)			Y		
Wholemeal Bread Sandwich with Cheese	Y				Y (Wheat)									
Wholemeal Bread Sandwich with Ham					Y (Wheat)									
Wholemeal Bread Sandwich with Tuna & Mayonnaise		Y			Y (Wheat)				Y (Tuna)					
Wholemeal Roll with Cheese	Y				Y (Wheat)							Y		
Wholemeal Roll with Ham					Y (Wheat)							Y		
Wholemeal Roll with Tuna & Mayonnaise		Y			Y (Wheat)				Y (Tuna)			Y		
Wrap with Cheese	Y				Y (Wheat)									
Wrap with Ham					Y (Wheat)									
Wrap with Tuna & Mayonnaise		Y			Y (Wheat)				Y (Tuna)					

If any local changes are made to the published Menu please fill in the blank space below and confirm the relevant Allergens
