

## Staying Safe

Tying shoelaces & preventing accidents

Rules to keep yourselves and others safe.

Safe and risky choices

## Keeping Healthy

Brushing Teeth, visiting the dentist

Healthy and unhealthy choices.

Relationships

Recognise and name feelings.

Know feelings can affect people's bodies and how they behave.

Know other people have feelings and different opinions

# PSHE LEARNING JOURNEY

## YEAR 2

### Being Responsible

Helping someone in need.

Helping our community

Strangers

### Feelings and emotions

Difference between pleasant and unpleasant emotions

Learn a range of coping skills

Worry and anger

Understands that emotions can be communicated with/without words

### Computer Safety

Being friends online –staying safe.

Dangers of meeting in real life

Golden Rules of online safety

### Money Matters

Choices

### Hazard Watch

Is it safe to touch?

Is it safe to eat?

Is it safe to go near?

Safety in the Sun

### Ongoing throughout the year/Discrete sessions

Bullying, keeping safe on line, emotions—recognising emotions , how we feel and learning to deal with our emotions

Caring for others, sharing worries—worry boxes. Transitions. Child Line NSPCC Fire Safety