

Staying Safe

Peer Pressure

Strategies to keep ourselves and others safe

Managing peer pressure

Potential consequences and impact.

Keeping Healthy

Smoking—the risks, health and well being.

Why do people s continue to smoke?

Why does anyone start to smoke?

Strategies to resist pressure to smoke.

Puberty

What does puberty mean?

What are the changes that happen to boys and girls during puberty?

Ways to help ourselves cope with changes

How to get support .

PSHE LEARNING JOURNEY YEAR 5

Being Responsible

Recognise why we should taken action if someone is being treated badly.

Why is it important to behave in an appropriate and responsible way?

How our choices can have a negative impact on other people's lives.

Feelings and emotions

Recognise everyone experiences emotions and these have a physical and mental effects on our body.

Communication, strategies and choices particularly around anger.

Computer Safety

Image Sharing—positives and negatives

Rules for safe sharing of images on line.

Influences and pressures

Where to get support.

Money Matters/Working World

Enterprise

Why save money?

Budgeting for something you want.

Recognise ways to make money

Early enterprise .

A World Without Judgement

Inclusions and acceptance

Identify ways people are different and unique.

Elements that promote a diverse community. Breaking barriers.

Ongoing throughout the year/Discrete sessions Bullying, keeping safe on line, emotions—recognising emotions , how we feel and learning to deal with our emotions, current events/incidents, equality, diversity, respect and tolerance, other world faiths.