



St Bridget's Catholic Primary School HRSE Long Term Plan



YEAR GROUP	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
HRSE Nursery	CREATED & LOVED BY GOD Handmade with love	CREATED TO LOVE OTHERS Role Model	CREATED TO LOVE OTHERS Who's who? You've got a friend in me Forever Friends	CREATED TO LOVE OTHERS Safe Inside and out My Body, My Rules Feeling Poorly People Who Help us	CREATED TO LIVE IN COMMUNITY God is Love Loving God, Loving Others	CREATED TO LIVE IN COMMUNITY Me, You, Others
HRSE Reception	CREATED & LOVED BY GOD Handmade with love	CREATED & LOVED BY GOD I Am Me Heads Shoulders Knees & Toes Ready Teddy?	CREATED & LOVED BY GOD I Like, You Like, We All Like Good Feelings, Bad Feelings Let's Get Real	CREATED & LOVED BY GOD Growing Up	CREATED TO LIVE IN COMMUNITY God is Love Loving God, Loving Others	CREATED TO LIVE IN COMMUNITY Me, You, Others
HRSE Year 1	CREATED & LOVED BY GOD Handmade with love	CREATED & LOVED BY GOD God Loves You	CREATED TO LOVE OTHERS Special People	CREATED TO LOVE OTHERS Say sorry Good Secrets and Bad Secrets	CREATED TO LIVE IN COMMUNITY Trinity House	CREATED TO LIVE IN COMMUNITY Who is my Neighbour?
HRSE Year 2	CREATED & LOVED BY GOD Feelings, Likes and Dislikes	CREATED & LOVED BY GOD Feelings Inside Out Super Susie Gets Angry	CREATED & LOVED BY GOD The Communities We Live In	CREATED & LOVED BY GOD Communities We Live In	CREATED TO LIVE IN COMMUNITY I am unique Girls and Boy's My Body	CREATED TO LIVE IN COMMUNITY Clean & Healthy (My Body) Life Cycles
HRSE Year 3	CREATED & LOVED BY GOD Get up We don't have to be the same	CREATED TO LOVE OTHERS Story Session Jesus my friend	CREATED TO LOVE OTHERS Friends, family and others When things feel bad	CREATED TO LOVE OTHERS: Safe in my body First aid Heroes Drugs, alcohol and tobacco	CREATED TO LIVE IN COMMUNITY Community of love What is the Church? How do I love others?	CREATED TO LOVE OTHERS Respecting our bodies
HRSE Year 4	CREATED & LOVED BY GOD Get up	CREATED & LOVED BY GOD What am I feeling? What am I looking at?	CREATED TO LIVE IN A COMMUNITY A Community of love What is the Church? How do I love others?	CREATED & LOVED BY GOD Emotional well-being I am thankful	CREATED & LOVED BY GOD What is puberty? Changing bodies	CREATED & LOVED BY GOD Boy / Girl discussion groups Life Cycles
HRSE Year 5	CREATED & LOVED BY GOD Made to Grow	CREATED TO LOVE OTHERS Me, my body, my health	CREATED TO LOVE OTHERS Under Pressure Do You Want a Piece of Cake? Self-Talk	CREATED TO LOVE OTHERS Physical Contact	CREATED TO LIVE IN COMMUNITY Trinity House Catholic Social Teaching	CREATED TO LIVE IN COMMUNITY Reaching Out
HRSE Year 6	CREATED TO LOVE OTHERS Made to Grow	CREATED TO LOVE OTHERS Body Image Funny Feelings Emotional Changes	CREATED TO LIVE IN A COMMUNITY Trinity House Catholic Social Teaching	CREATED TO LIVE IN COMMUNITY Living in the wider world Reaching Out	CREATED & LOVED BY GOD Gifts & Talents Girls' Bodies Boys' Bodies Spots & Sleep	CREATED & LOVED BY GOD Making Babies (P1) Making Babies (Pt2) Menstruation