

NEWSLETTER

FRIDAY 12TH MAY 2023

WELCOME TO SUMMER TERM 1

Starts: Monday
17th April

Ends: Friday 26th
May at 3:00pm

Which class will
win the attendance
race this term?
Year 5 won last
term with 11
points.

Stay connected
with ParentMail



YEAR 6 SATs

A huge well done to our amazing, resilient Year 6 class for completing their SATs this week. They have all worked so hard throughout this time.

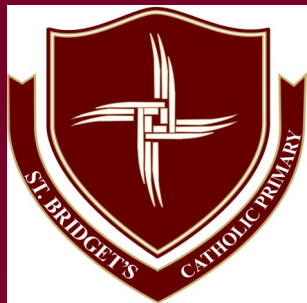


Walk to School Week—15th to 19th May 2023

Being active and getting some exercise in the morning before arriving at school will help set our children up for a positive day; improving focus and concentration, and instilling a sense of physical and mental wellbeing.

Walk to School Week is also designed to extend beyond the week itself, by encouraging healthy habits for life with a focus on exercise, diet and wellbeing.

This year's challenge will take pupils on a Walk with Wildlife, encouraging them to travel actively to school every day of the week. Meeting various animals along the way, they'll learn about the important reasons to walk and the difference it can make for individuals, communities and the planet!



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Are you connected
on our Class Dojo
group?

Get in touch for
any support.



Turn your alerts
on!

Attendance Race!

Reception: 94.44%

Year 1: 95.00%

Year 2: 95.42% **3rd Place**

Year 3: 85.00%

Year 4: 100% **1st Place**

Year 5: 99.54% **2nd Place**

Year 6: 100% **1st Place**

At St. Brigid's we strive for 100% attendance every week,
the greater the attendance, the greater the achievement.

100%



Stars of the Week



Nursery: Rosie O'Reilly

Reception: Cora Beth Cunningham

Year 1: Mia Corkhill

Year 2: Harley Tyson

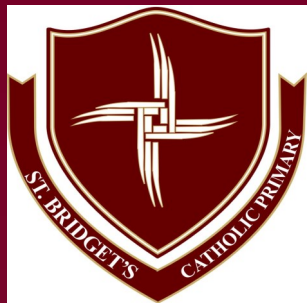
Year 3: Oliver Teasdale

Year 4: Emily Price

Year 5: Omokorede Odusola

Year 6: ALL OF YEAR 6!

Well done everyone, keep up the hard work!



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Dates for your diary...

Year 2 statutory tests (SATs) will commence the week beginning **15th May 2023**.

Year 3 school trip to The Senhouse Museum on **Thursday 18th May 2023**.

KIDZFIT WORKSHOP will take place on **Monday 22nd May** for the whole school.

Year 2 school trip to The Beacon and The Rum Story on **Thursday 25th May 2023**.

Year 1 Phonics Screening Test will commence the week beginning **12th June 2023**.

Year 4 multiplications test will take place between **5th–16th June 2023**.

Y6 visit West Lakes Academy for a 'light' workshop on **Thursday 15th June 2023**

School Uniform

The deadline for uniform orders with free delivery to school for September 2023 is **Friday 23rd June**.

Please order uniform directly from One Identity.
<https://www.oneidentity.co.uk/st-bridgets-egremont/>

P.E. Dates for this term

Monday - Year 1 and Year 3

Tuesday - Year 2 and Year 6

Wednesday - Reception and Year 1

Swimming on Wednesday for Year 4 and Year 5

Forest School on Thursday for Year 5

Cricket on Friday for Years 2, 3, 4, 5 and 6

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Need to get in
touch?

Contact us on:
01946 820320

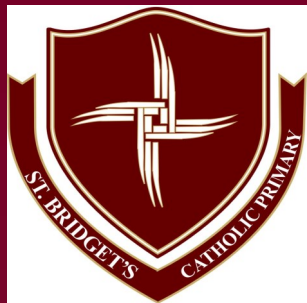
Or drop us an
email on;

admin@st-bridgets-
pri.cumbria.sch.uk

Take a look at our
website!

[https://www.st-bridgets-
pri.cumbria.sch.uk/](https://www.st-bridgets-pri.cumbria.sch.uk/)





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17th April

Ends: Friday 26th
May at 3:00pm

Allergy Warning!

We are a kiwi and
nut free school due
to severe allergies,
please be mindful
of this.



Attendance

“Going to school regularly is important to your child’s future. For example, children who miss school frequently can fall behind with their work and do less well in exams. Good attendance shows potential employers that your child is reliable. Research suggests that children who attend school regularly could also be at less risk of getting involved in antisocial behavior or crime.” - *Direct.gov website*

At St. Bridget’s we aim to consistently work towards our goal of 96% attendance for all children. Every opportunity will be used to convey the importance of regular, punctual attendance to pupils, parents and carers.

The Government sets a level of absence for each child of school age and if this falls below 90% they are classed as a ‘persistent absentee’. The Local Authority can take action if a child’s absence falls below this.

Our school is committed to providing the best possible quality of education to all learners. To help achieve this commitment, regular punctual school attendance is vital. We cannot do this without the support of our parents.

For more information regarding attendance, please take a look at our website:

<https://www.st-bridgets-pri.cumbria.sch.uk/key-information/attendance>

Thought of the Week...

“Do not stop thinking of life as an adventure. You have no security unless you can live bravely, excitingly, imaginatively; unless you can choose a challenge instead of competence.” - Eleanor Roosevelt

Curriculum in Action

Check out our website for all of our blog posts:

<https://www.st-bridgets-pri.cumbria.sch.uk/blog>





Forthcoming Events

Summer Term 2023



APRIL			
DAY	DATE	TIME	EVENT
Wednesday	26 th	pm	Police visiting Early Years children in school
Thursday	27 th	am	STRIKE DAY – school closed
MAY			
Monday	1 st		BANK HOLIDAY
Tuesday	2 nd		STRIKE DAY – school closed
Friday	5 th	All Day	King Charles' Coronation Celebrations – non uniform
			YEAR 6 TESTS
Monday	8 th		BANK HOLIDAY
Tuesday	9 th	am	Paper 1: Grammar and Punctuation and Paper 2: Spelling
Wednesday	10 th	am	Reading Paper
Thursday	11 th	am	Paper 1: Arithmetic and Paper 2: Reasoning
Friday	12 th	am	Paper 3: Reasoning
			YEAR 2 TESTS
Monday	15 th	am	Paper 1: Reading
Tuesday	16 th	am	Paper 1: Arithmetic
Wednesday	17 th	am	Paper 2: Reading
Thursday	18 th	am	Paper 2: Reasoning (maths)
Monday	22 nd		KIDZFIT Workshops – whole school
Friday	26 th	3pm	HALF TERM
HALF TERM			
June			
Mon – Fri	5 th -16 th	-	YEAR 4 TIMES TABLES TEST
Mon – Fri	12 th -16 th	-	YEAR 1 PHONICS SCREENING TEST
Thursday	15 th	9.35am	Y6 visit West Lakes Academy for a 'light' workshop
Mon – Wed	19 th – 21 st		YEAR 6 RESIDENTIAL TO ROBIN WOOD
Friday	23 rd	10:15am 1:30pm	SPORTS DAY EYFS (Nursery & Reception) @ 10:15am KS1 & KS2 (Y1 – Y6) @ 1:30pm
Wednesday	28 th	am	Paralympic athlete visit to school
July			
Wednesday	5 th	All day	Year 6 Taster Day @ West Lakes Academy
Wednesday	5 th	Half day	'Move Up Day' – all classes move to their new class for half a day
Thursday	6 th	All day	Nursery Trip to The La'al Ratty
Tuesday	11 th	6pm	JUNIOR SHOW – Oliver!
Wednesday	12 th	6pm	JUNIOR SHOW – Oliver!
Friday	14 th	1:30pm-4pm	SUMMER FAIR
Monday	17 th	9am – 4pm	Junior Trip to Walby Farm Park (Y3/Y4/Y5/Y6)
Tuesday	18 th	9am – 3pm	Nursery fun day in school – ice cream van, bouncy castle etc.
Tuesday	18 th	9am – 3pm	Reception, Year 1 and Year 2 trip to Lowther Castle
Tuesday	18 th	2pm	Leavers' Assembly in school for Year 6 parents
Wednesday	19 th	1:15pm	Finish school for summer

Further details of each event will be given, as necessary.

Details of Sporting Events this term will be sent to the individuals/classes involved.

New academic year starts on Wednesday 6th September 2023.

What Parents & Carers Need to Know about

TELEGRAM

AGE RESTRICTION
17+

WHAT ARE THE RISKS?

LACK OF AGE RESTRICTION

17+

Telegram has a 16+ age restriction on using the service, while someone is required to be over 17 to actually download the app. Once that's accomplished, however, there's no need to provide further identification. That means there's no guarantee that under 17s aren't using the app – and no way to confidently verify that any other user actually is who they say they are.

POSSIBLE CYBERBULLYING

If your child uses Telegram, they could well be in a group with friends and peers on the app. These groups are managed by admins who can remove the option to post replies – possibly leading to instances of cyberbullying in which the victim has no ability to respond. Messages can be forwarded from groups, too, which potentially opens up images and text being seen by people they weren't intended for.

UNMODERATED CONTENT

Because Telegram relies on users' self-moderation, it can sporadically become a hub for illegal or inappropriate content. In the past, the circulation of this material has led to its temporary removal from the App Store. In fairness, the same can be said of several messaging platforms, but Telegram's features (Secret Chats, for instance) certainly present more issues than the likes of WhatsApp.

CENSORED



Telegram isn't new, but it's grown significantly in popularity over recent years, thanks to its secure nature and speedier performance than many of its competitors – including WhatsApp. While Telegram is an excellent app in terms of actual performance, like any messaging platform it brings its own challenges for parents when it comes to feeling confident about children being able to handle their own messaging conversations and contact with the outside world in general. Here's everything that trusted adults need to know about using Telegram safely.

PREMIUM COSTS

Telegram is free to use, but it also offers a premium membership (£4.99 per month or £35.99 a year) which increases download speeds, adds translation features, and increases channel and account limits. If your child has access to your Apple ID or Google Play details, they may be able to sign up for the premium package without your knowledge.

UNAUTHORISED ACCESS

One of Telegram's major selling points is that it's accessible across multiple platforms. Once the app's been downloaded, users can log in from a phone, tablet or computer. This multi-device availability means increased opportunities for someone else to gain unauthorised access (if your child leaves a computer or tablet at school logged into their Telegram account, for instance).

SECRET CHATS

Telegram offers a feature called Secret Chats, which allows for messages which self-delete after a specified period of time. There are instances where this can be useful (journalists often use Telegram to protect their sources, for example), but for young people it can make it extremely difficult to prove that someone has been abusive or inappropriate towards them on the app.

Advice for Parents & Carers

PRIVACY CONTROLS

If your child wants to use Telegram, we'd strongly suggest using the app's built-in privacy settings to restrict who can see when they were last online, their profile photo, and their phone number. This can be set to 'everybody', 'my contacts' or 'nobody'; we'd recommend either the second or third options, depending on how locked down you want the platform to be.



DISCUSS SECURITY

It's important that your child understands the merits of strong passwords and logging out of devices when they're finished – and the benefits of protecting their personal data in general. This could range from relaxed chats and simple tips like "don't send your bank details" to how to set up passcodes for Telegram so your child's chats stay secure when they step away from their screen.



REPORT UNSAFE CONTENT

If your child receives private messages which include content that could be considered illegal, unsafe or upsetting, they can of course block the account responsible within the app itself. Be aware, however, that Telegram won't necessarily take any further action unless this offensive content involved a user-created channel, bot or sticker.



USE THE BLOCK FUNCTION

Users can block spam, abusive, or imposter accounts within the app. Blocking stops that account from messaging your child, or viewing their profile and activity. If the user in question is one of your child's peers or friendship circle, it may be worth bringing it to the attention of their school. Also bear in mind that your child can also voluntarily leave a Telegram group at any point if they wish.



PROTECT PAYMENT METHODS

Apple and Google's storefronts offer family sharing options, but it's also worth double-checking your settings to ensure that a password or two-factor authentication option is set up to prevent any unexpected purchases. If your child does pay for a premium Telegram subscription without your consent, Apple and Google have been known to issue refunds in some cases.



Meet Our Expert

Joyel Coombes is Editor in Chief of gaming and experts site CDLecton and has worked in the gaming media for around four years. A regular visitor to the App Store to try out new tools, he's also a parent who understands the value of online safety. Writing mainly about tech and fitness, his articles have been published on influential sites including iFixit and TechRadar.



PREMIUM ACCESS



National Online Safety

#WakeUpWednesday

Source: <https://www.telegram.org/> | <https://www.engadget.com/telegram-explained-2022-03-31-15-00-00.html>



COMMUNITY SPORTS TRUST

GIRLS FOOTBALL FESTIVAL



WHO

Year 5 & 6

WHERE

Brunton Park

WHEN

Wednesday 24th May

09:00 - 12:30



To register your school please click the link in the email or scan QR code

For further information call
01228 554 169 or email

schoolscoordinator@carlisleunited.co.uk



BE JUST AND FEAR NOT



COMMUNITY SPORTS TRUST

BOYS/MIXED FOOTBALL FESTIVAL



WHO

Year 5 & 6

WHERE

Brunton Park

WHEN

Thursday 25th May

09:00 - 12:30



To register your school please click the link in the email or scan QR code

For further information call
01228 554 169 or email
schoolscoordinator@carlisleunited.co.uk



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Participants receive a **personalised kit bag** including bat, ball and t-shirt!



Sign up today at
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**New skills, teamwork and friendship
this summer, for all 8-11 year-olds.**

SIGN UP



**DYNAMOS
CRICKET**

**This is
our game.**

dynamoscricket.co.uk

Join us at:

Egremont Cricket Club

Session dates:

17/05/2023

Session timings:

6pm

Contact:

Coady Scott coadyscott@icloud.com 01946824548

Cumbria Fostering

Become part
of Cumbria's
biggest
family

Find out more about

Fostering

...in Foster Care
Fortnight from 15-28 May

Attend our fostering drop in on
Tuesday 23 May at Costa Coffee in
Washington Square, Workington from
12pm to 1pm.



0300 013 2065



Westmorland
& Furness
Council

Working for Cumberland Council and
Westmorland & Furness Council

cumbriafostering.org.uk

Join Internet Safety Talks for a talk on how to keep your children safe online. The session will cover a range of important topics that concern parents, including:

- Establishing usage levels and internet rules at home
- Surfing for children when parents are not supervising
- Safe Search, Blocking content, How long should my kid be online - DNS Filtering
- Social media and safe privacy settings
- How to avoid/deal with online bullying
- All about Snapchat, TikTok & Instagram
- Free vs Paid Parental Control - Issues arising
- Gaming issues esp. Fortnite, Minecraft, ROBLOX.
 - Which games are most suited to younger gamers, Public Servers, VPNs
 - Plus Tips & Tricks you can do within 24 hours

When:

May 23rd 2023,
7.30pm

Where:

Online

Spaces are free but limited so sign up here as soon as possible to avoid disappointment:



<https://www.ticketsource.co.uk/null/t-gajrlqv>

The Family Connector Project

Free Online Learning support for Parents/Carers

The Family Connector Project understands that supporting your child/ren can be a minefield at times. The internet has some great resources that may be of use to you as a parent/carer. All links below are free to use at your own pace of learning.

[Online Learning \(https://inourplace.heiapply.com/online-learning/\)](https://inourplace.heiapply.com/online-learning/)

Courses on this website include:

- Understanding your child's feelings
- Understanding your child's mental health and wellbeing
- Understanding the impact of the pandemic on your teenager
- Understanding your child with additional needs
- Understanding your teenager's brain

[Learning and School Help for Parents \(https://www.bbc.co.uk/bitesize/articles/zqbt6g8\)](https://www.bbc.co.uk/bitesize/articles/zqbt6g8)

This website supports you with important events such as:

- How to deal with back-to-school worries
- Supporting your child with SEND at school
- Supporting your child return to secondary school
- Supporting your child with exam pressures
- How to help your child with homework

[Parenting Classes Online \(https://www.familylives.org.uk/how-we-can-help/online-parenting-courses/parents-together\)](https://www.familylives.org.uk/how-we-can-help/online-parenting-courses/parents-together)

This website supports parent with primary school aged parents to:

- Promoting wellbeing
- The power of communicating and being positive
- Understanding behaviour
- Managing and promoting positive behaviour in the family
- Play and what do children need
- Setting limits, boundaries and promoting co-operation

[Free Courses for Parents – \(https://freecoursesinenglandonline.co.uk/parents/\)](https://freecoursesinenglandonline.co.uk/parents/)

This website offers support to gain a qualification in Childrens mental health covering:

- Children and young people's mental health in context
- Mental health problems commonly associated with children and young people
- The impact of mental ill-health on children and young people
- Support available to maintain mental wellbeing in children and young people

Mental Health Support Available

<https://mindedforfamilies.org.uk/> This website provides lots of learning to support you and your family with mental health support including how to take care of yourself whilst supporting others.

www.every-life-matters.org.uk This website is a great source for information specifically for those thinking about suicide or those supporting someone who is thinking of ending their life.