

YEAR A in yellow, underlined letter references SRE Spiral

PSHE CURRICULUM FRAMEWORK – WHOLE SCHOOL OVERVIEW						
Core theme 1 – Health and Wellbeing			Core theme 2 - Relationships		Core theme 3 – Living in the Wider World	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Any beach school activities to include Beach / water safety.					
EY FS	PSED ongoing throughout the year To include rail safety					
Year 1/2 A	Can we work as a class team? Twinkl Resources – TEAM Relationships Together Everyone achieves more Listening Being kind What makes a good friend Bullying & Teasing Brilliant brains Making good choices What are the benefits of working as a team?	What makes Britain diverse? Twinkl Living in the wider world – Diverse Britain. My school My community My Neighbourhood My Country British people What makes me proud of Britain	How can we be safe on the road and Railway? Crossing the road safely Green cross code Identify and explain road safety Rail safety – 2 weeks	What are similarities and differences across the world? Twinkl Living in the wider world – one world KS1. Families Homes Schools Environments Resources Planet Protectors How does God look after Christians around the world?	How do we take care of the environment? Identify litter Plan a safe litter pick Litter pick What happens to our rubbish? Improving the school environment	What happens as we grow up? Celebrating differences/stereotypes Families Changes in life including loss.

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Year 1/2 B	How can we think positively? Think happy, feel happy It's your choice Go-Getter Let it out Be thankful Be mindful Marvellous me	What can we do with money? Different forms of money Where money comes from - jobs Looking after money Save or spend Want or need What happens when we go shopping?	How can we stay safe digitally? - Online Safety. The internet and me Online & Offline Staying safe online Personal information Communicating online True or false.	How can we be healthy? What is personal hygiene? Handwashing – 2 weeks Exercise – Lazy Ozzie by Michael Coleman Sleep Exercise Medicines People who help us.	How can we keep safe? Safety at home Outside safety Safety around strangers People who can help Beach /Sun Safety Getting help - Dial 999	What happens as we grow up? Main differences between boys and girls – correct scientific vocabulary Celebrating differences/stereotypes Families Keeping privates private
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Year ³/₄ A	How can we keep ourselves safe? New responsibilities Risks, hazards and danger Under pressure Safety when out and about – road, rail & water RNLI water safety lesson Dangerous substances Injuries & Emergencies.	How can we help others when they are hurt? Health & Wellbeing First Aid – British Red Cross Why is first aid important? Giving First Aid. Asthma Bleeding Broken Bones Burns <u>Why should we help others when they are hurt?</u> <u>What do Christians believe about helping others?</u>	How can we be healthy? Healthy eating and mental health Healthy Eating Food groups - Food pyramid / plate Food groups around the world Design a balanced lunch box Smoothie design & make Making recipes.	How can I stay safe? – online relationships The Digital World Digital Kindness Do I Know You? Online information. Keep it private My digital wellness <u>Who do Christians believe will keep them safe?</u>	How can we make a difference? Bright Stars ‘Making a difference’ project	What happens as we grow up? Describe male / female parts and explain what they are for Where babies come from and how they are born Changes in puberty Relationships & Families My body My choice – Keeping safe Female Genital Mutilation
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Year 3/4 B	Can we work as a class team? A new start Together everyone achieves more Working together Being considerate When things go wrong Responsibilities How did Jesus and the disciples work as a team?	What is diversity? Living in the British Isles Democracy Rules, laws and responsibility Liberty Tolerance & Respect What does it mean to be British?	How can we be a good friend? Making friends Recipe for friendship Staying friends Support Networks Conflict Resolution Identifying & standing up to bullies. Who were friends of Jesus? How do we know they were friends?	What jobs would we like? Achievements Goals Always learning Jobs & Skills No limit When I grow up	How can we make a difference? Bright Stars 'Making a difference' project	What happens as we grow up? Describe male / female parts and explain what they are for Where babies come from and how they are born Changes in puberty Relationships & Families My body My choice Female Genital Mutilation
Year 5/6	Do we have a positive mindset for learning? GMS / Metacognition (Learning to learn)	Why does money Matter? Look after it Critical consumers Value for money & ethical spending Budgeting Borrowing & saving Money in the wider world. How can we support fair trade and spend money ethically?	What are human rights? Human rights adults Children's rights Human Rights – heroes Rights and responsibilities at school. How can we support the Human Rights of others?	How can we keep ourselves healthy? Face your feelings Being Present Exercise right, sleep tight Taking care of our bodies Harmful substances How we think and feel about our bodies Healthy choices Mental Health	How can I stay safe – online relationships? My Digital Life Staying safe, happy and healthy online Online Relationships Social Media No to online bullying Fake News	What happens as we grow up? Puberty – wet-dreams, masturbation Body image Relationships – love, sexual orientation Sexual Relationships – intercourse, STI, Keeping safe, contraception Human reproduction – Conception – Birth, Surrogacy, IVF Keeping ourselves safe Female Genital Mutilation

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Year 5/6	Can we work as a class TEAM? Together everyone achieves more Communicate Compromise & Collaborate Care Unkind Behaviours Shared Responsibility.	<u>Who are refugees?</u> What is a refugee? Why do people become refugees? Famous refugees What happens to refugees? Stereotyping Debate: Should developed countries welcome refugees?	How can we keep ourselves safe? You are responsible What are the risks Making your mind up In an emergency Home – safe & sound Outdoors – playing it safe. Includes rail and road safety	How can we help others when they are hurt? First Aid British Red Cross First Aid Why is first aid important? – Revisiting Giving First Aid – Revisiting Choking Head injury Unresponsive and breathing Unresponsive and not breathing	How can we aim high / have high aspirations? You can achieve anything Breaking down barriers Future focus Equal opportunities The world of work Onwards & Upwards	What happens as we Grow Up? Puberty – wet-dreams, masturbation Body image Relationships – love, sexual orientation Sexual Relationships – intercourse, STI, Keeping safe, contraception Human reproduction – Conception – Birth, Surrogacy, IVF Keeping ourselves safe Female Genital Mutilation
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Purple type Spiritual opportunities