

Grab a Great Value Meal Deal



Main Meal



Dessert



OR Drink



All for the price of
£2.90

All Sandwich Meal Deal's
only £2.90

Includes up to 3 pick & mix items

Sandwich



Cookie, Fruit or Drink

...depending on sandwich choice.
Please see kitchen staff for further details.

Secondary Autumn & Winter Menu 2025/2026



expresso 

Lancashire
County Council

Lancashire Catering Service



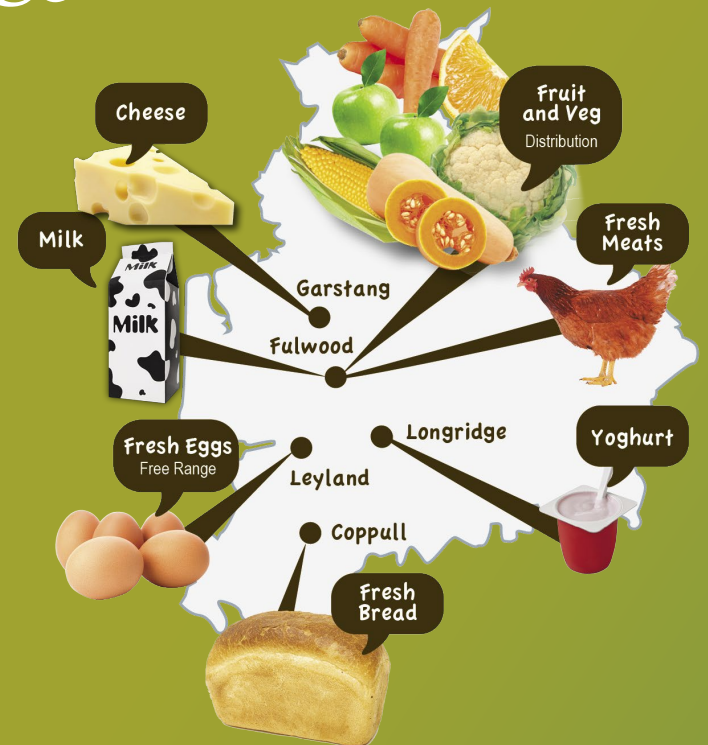
the right start

Come and join us for breakfast or morning break.

Selection of Cereals	85p
Hot Buttered Toast	25p
Bacon Barm	£1.70
½ Toasted Teacake	45p
½ Toasted Bagel	65p
Yoghurt	90p
Fresh Fruit Salad	90p /£1.60
Fresh Fruit Juice	From 75p
Bottled Water	From 65p
Milk Carton	From 65p



Locally Sourced Food



Our aim is to positively influence the diet of our children and young people, and always consider where the food we put on the plates comes from and how it was produced.

We buy local produce to support local businesses and reduce food miles.

100% of our food suppliers are classed as local and 75% of our food purchases are produced in the UK. Our service recognises the value and importance of sustainable and responsible food sourcing.

Our aim is to positively influence the diet of our children and young people, and always consider where the food we put on the plates comes from and how it was produced.

Special Diets and Allergies

It is our policy to provide a menu for those pupils with medically diagnosed food allergies, food intolerances or a medical condition which affects eating requirements.

Special diets are diets for pupils with a medically diagnosed requirement, not just a dislike of certain foods or food groups.

For further information regarding allergies and special diets, please visit www.lancashire.gov.uk/catering
@LancsCatering



Menus

Week 1

Traditional Choice Meal Deal

Monday	Swedish Style Pork & Carrot or Vegetarian Meatballs with Herby Potatoes & Seasonal Vegetables
Tuesday	Savoury Beef or Quorn Mince & Dumplings with Creamy Mashed Potatoes & Mixed Vegetables
Wednesday	Roast of the Day with Yorkshire Pudding, Roast Potatoes & Seasonal Vegetables
Thursday	Chicken or Vegetable Tikka Curry with Turmeric Rice & Coriander Naan
Friday	Harry Ramsden's Crispy Battered Fish or Salmon & Sweet Potato Fishcake with Chips & Mushy Peas

Vegetarian Choice Meal Deal

Monday	Sweet & Sour Quorn with Mixed Vegetable Rice or Noodles
Tuesday	Vegetable & Cheese Quesadilla with Chilli Potato Wedges & Mixed Salad
Wednesday	Vegetarian Sausages & Gravy with Yorkshire Pudding, Creamy Mashed Potatoes & Seasonal Vegetables
Thursday	Cheddar Cheese Whirl with Crispy Diced Potatoes & Baked Beans
Friday	Homemade Margherita Pizza with Chips & Coleslaw

Pasta Choice Meal Deal

Monday	Cooks Choice of Pasta with Tomato & Mascarpone Sauce or Pomodoro Sauce & Homemade Dough Balls
Tuesday	Cooks Choice of Pasta with Creamy Carbonara Sauce or Arrabbiata Sauce & Homemade Garlic Bread
Wednesday	Mac 'n' Cheese with Homemade Crusty Bread & Mixed Salad
Thursday	Cooks Choice of Pasta with Garlic Mushroom Sauce or Pomodoro Sauce & Homemade Dough Balls
Friday	Cooks Choice of Pasta with Tomato & Mascarpone Sauce or Arrabbiata Sauce & Homemade Garlic Bread

Desserts of the Day

Monday	Apple Crumble & Custard
Tuesday	Creamy Rice Pudding & Mixed Fruit Jam
Wednesday	Paris Sandwich Slice
Thursday	Carrot Cake Muffin
Friday	Doughnut Rings & Chocolate Sauce

Week 2

Traditional Choice Meal Deal

Monday	Pork or Vegetarian Sausages & Gravy with Creamy Mashed Potatoes & Seasonal Vegetables
Tuesday	Tex Mex - Loaded Beef or Quorn Chilli Nachos with Spicy Mexican Rice
Wednesday	Roast of the Day with Yorkshire Pudding, Roast Potatoes & Seasonal Vegetables
Thursday	Southern Style Chicken Goujons or Vegetable Fingers with Cajun Wedges, Sweetcorn & BBQ Sauce
Friday	Harry Ramsden's Crispy Battered Fish or Salmon & Sweet Potato Fishcake with Chips & Mushy Peas

Vegetarian Choice Meal Deal

Monday	Cooks Choice of Homemade Quiche with Baby Baked Potatoes & Baked Beans
Tuesday	Falafel Flatbread with a Selection of Sauces, Herby Wedges & Roasted Vegetable Medley
Wednesday	Vegetarian Meatballs & Gravy with Yorkshire Pudding, Creamy Mashed Potatoes & Seasonal Vegetables
Thursday	Sweet Chilli Vegetables & Noodles with Spring Rolls
Friday	Homemade Margherita Pizza with Chips & Coleslaw

Pasta Choice Meal Deal

Monday	Cooks Choice of Pasta with Creamy Carbonara Sauce or Arrabbiata Sauce & Homemade Dough Balls
Tuesday	Mac'n' Cheese with Homemade Crusty Bread & Mixed Salad
Wednesday	Cooks Choice of Pasta with Garlic Mushroom Sauce or Pomodoro Sauce & Homemade Dough Balls
Thursday	Beef or Vegetable Lasagne with Homemade Garlic Bread & Mixed Salad
Friday	Cooks Choice of Pasta with Tomato & Mascarpone Sauce or Arrabbiata Sauce & Homemade Dough Balls

Desserts of the Day

Monday	Jam Roly Poly & Custard
Tuesday	Vanilla Sponge & Chocolate Sauce
Wednesday	Fuity Chocolate Trifle
Thursday	Iced Finger Bun
Friday	Lemon Drizzle Cake

Week 3

Traditional Choice Meal Deal

Monday	Big Brunch - Pork or Vegetarian Sausages, Free Range Omelette, Rosti Potatoes & Baked Beans
Tuesday	Pie Day - Cooks Choice of Meat or Vegetarian Pie with Baby Potatoes & Mixed Vegetables
Wednesday	Roast of the Day with Yorkshire Pudding, Roast Potatoes & Seasonal Vegetables
Thursday	Piri Piri Chicken with Spicy Vegetable Rice & Folded Flatbread
Friday	Harry Ramsden's Crispy Battered Fish or Salmon & Sweet Potato Fishcake with Chips & Mushy Peas

Vegetarian Choice Meal Deal

Monday	Sweet Potato, Red Pepper & Coconut Curry with Turmeric Rice & Coriander Naan
Tuesday	BBQ Vegetarian Meatball Sub with Paprika Wedges & Sweetcorn
Wednesday	Vegetarian Sausages & Gravy with Yorkshire Pudding, Creamy Mashed Potato & Seasonal Vegetables
Thursday	Loaded Cheese & Onion Potato Skins with Mixed Salad & Baked Beans
Friday	Homemade Margherita Pizza with Chips & Coleslaw

Pasta Choice Meal Deal

Monday	Cooks Choice of Pasta with Tomato & Mascarpone Sauce or Pomodoro Sauce & Homemade Garlic Bread
Tuesday	Cooks Choice of Pasta with Creamy Carbonara Sauce or Arrabbiata Sauce & Homemade Dough Balls
Wednesday	Mac'n' Cheese with Homemade Crusty Bread & Mixed Salad
Thursday	Cooks Choice of Pasta with Beef or Quorn Bolognese Sauce & Homemade Garlic Bread
Friday	Cooks Choice of Pasta with Creamy Mushroom Sauce or Pomodoro Sauce & Homemade Dough Balls

Desserts of the Day

Monday	Jam Sponge & Custard
Tuesday	Chocolate Brownie
Wednesday	Cooks Choice of Mousse (Various Flavours)
Thursday	Cooks Choice of Fruit Muffin
Friday	Cinnamon Churros & Chocolate Sauce

Hot Sandwich Meal Deal -
Cooks Choice of Hot filled Panini,
Sandwich Roll or Wrap are
available daily.

Selection of Cooks Homemade
Bakes, Jelly, Yoghurt or Fruit
are available daily

Week 1

WEEK COMMENCING
24 November, 15 December, 5 & 26
January, 16 February, 9 & 30 March,
20 April

Week 2

WEEK COMMENCING
10 November, 1 & 22 December,
12 January, 2 & 23 February,
16 March, 6 & 27 April

Week 3

WEEK COMMENCING
17 November, 8 & 29 December,
19 January, 9 February, 2 & 23
March, 13 April

Welcome to the new Lancashire school meal menu portal

The portal displays live, easy-to-read
allergen and nutritional details for each
recipe on all published menus served by
Lancashire County Catering.

There is also a planner function called 'ADD
TO MY MEAL' which allows you to see all
allergens and total nutritional value of a
main course, accompaniments, dessert and
drink contained within a full school lunch

Please use the URL below
or alternatively scan the
QR code, using the camera
on your mobile device, and
simply choose the menu
from the reverse of this leaflet.

lancssecondary.mysaffronportal.com



Putting Fun into Food

