

Personal Development and Enrichment - Autumn 2026

At St. Cecilia's, our vision is to provide an excellent, well-rounded education and formation which celebrates our pupils' academic, emotional, and spiritual achievement, whilst preparing everyone to fulfil their full potential as human beings in God's World. Personal Development at St. Cecilia's is both plentiful and accessible to all, maximising the outcomes for every child so that they can flourish in life. We believe that developing as a human being is a key building block for 'success' in life. This 'success' has many strands including being able to relate to and contribute better to the world around you, developing safe and fulfilling relationships with others, growing a character that values equality and inclusivity whilst supporting what is right and just, having high levels of belief and fulfilling potential.

For ease of your interpretation of the document below, we can group some components of our Personal Development programme into areas such as:

- Safe Relationships
- Physical Health, Mental Health, and Wellbeing
- Relationships and Sex Education
- Equality, Inclusion and Opportunity
- Fundamental British Values
- Citizenship
- Spiritual Development
- Moral Development
- Social development
- Cultural Development
- Character Development
- Futures, Finance and Careers

You can read about examples of personal development at St Cecilia's, through the mediums of **the curriculum, extra-curricular activities, PSHE/RSE, year group activities and interventions** here:

- [Personal Development | St Cecilia's RC High School \(st-cecilias.co.uk\)](https://st-cecilias.co.uk)

Or feel free to look at specific aspects of it here:

- The curriculum: [Curriculum Delivery | St Cecilia's RC High School \(st-cecilias.co.uk\)](https://st-cecilias.co.uk)
- Department 5 year plans: [Department Pages | St Cecilia's RC High School \(st-cecilias.co.uk\)](https://st-cecilias.co.uk)

- Our PSHE/RSE curriculum: [PSHE & RSHE | St Cecilia's RC High School \(st-ceciliasschool.co.uk\)](https://st-ceciliasschool.co.uk/pshe-rse)
- Pupil leadership and ambassador groups: [Pupil Leadership and Ambassadors | St Cecilia's RC High School \(st-ceciliasschool.co.uk\)](https://st-ceciliasschool.co.uk/pupil-leadership-ambassadors)
- Our careers programme: [Careers at St Cecilia's | St Cecilia's RC High School \(st-ceciliasschool.co.uk\)](https://st-ceciliasschool.co.uk/careers)
- Safeguarding: [Safeguarding | St Cecilia's RC High School \(st-ceciliasschool.co.uk\)](https://st-ceciliasschool.co.uk/safeguarding)

Enrichment Activities This Term

	Monday	Tuesday	Wednesday	Thursday	Friday
Before School	Sensory circuits – Carlo Building 8:30am IDL – Form time	Sensory circuits – Carlo Building 8:30am IDL – Form time	IDL – Form time Prayer Programme on rotation Chapel	Sensory circuits – Carlo Building 8:30am IDL – Form time	IDL – Form time

Lunchtime	EDEN SEN Quiet lunch 13:25	EDEN SEN Quiet lunch 13:25	EDEN SEN Quiet lunch 13:25	EDEN SEN Quiet lunch 13:25	EDEN SEN Quiet lunch 13:25
	KS4 Art Club (Room 10) Geography issues and debate (Room 28) Senior Choir- Music room (All lunch) PE – Breaktime netball shooting - Sports Hall Badminton/Table Tennis –Sports Hall Mindful Crafts (2 nd Monday, Room 23)	WEEK 2 ONLY - KS4 Art Club (Room 10) PE – Breaktime netball shooting - Sports Hall Badminton/Table Tennis –Sports Hall CAFOD Club – Room 26 Mrs Holt 1:30-2pm Prayer leaders IB Chapel	PE – Breaktime netball shooting - Sports hall Badminton/Table Tennis - Sports hall Prayer Journal workshop (4 th Wednesday, Chapel LB) Visio Divina (seeing with the heart)	WEEK 1 ONLY - KS4 Art Club (Room 10) Choir- Music room (All lunch) PE – Breaktime netball shooting -Sports Hall Badminton/Table Tennis – Sports Hall Rosary Lunchtime in the chapel Mr Barden, Mrs Holt	PE – Badminton/Table Tennis – Sports Hall Week 1- Keyboard club Week 2- Open mic club Music room all lunch Maths Puzzle Society (Rm 7)

After School	Homework club – LRC – 15:15 – 16:00	Homework club – LRC – 15:15 – 16:00	Homework club – LRC – 15:15 – 16:00	Homework club – LRC – 15:15 – 16:00	Homework club – LRC – 15:15 – 16:00
	Yr11 –8 Boys Football fixtures from 14 th September – 22 nd October		Year 11 Maths Past Papers Society	KS3 Art Club	KS3 Badminton
	KS3 Netball training		Computer Club – Room 22 – 3.15pm to 4.00pm	KS4 Art Coursework Drop-in	
			PE – Yr 11 Netball fixtures at Broughton – from 16 th -30 th September	PE – Yr7-10 Netball fixtures from 5 th October – 25 th January various venues tbc	
			Yr11 –8 Boys football fixtures from 14 th September – 22 nd October	Yr11 –8 Boys Football fixtures from 14 th September – 22 nd October	
			U16 –U14 Girls Football fixtures week beginning tbc		

Personal Development - Trips and Events

Event Name	Date
Duke of Edinburgh (Y10)	Assessed Expedition – Tue 22 to Wed 23 September 2026 (Y11)
Watersports Trip 2027	03/07/2027 - 10/07/2027
Year 7 Retreat	08/12/2026
Year 8 Retreat	09/03/2027
Year 9 Retreat	11/05/2027

Year 10 Retreat	08/06/2027
Year 11 Retreat	03/11/2026
Lancashire Virtual School KS4 Futures Event/Conference	13/10/2026
Music rewards trip	18/11/2026
Lancashire Sings	March 2027