

St Cecilia's RC High School



St. Cecilia's R.C. High Lent

*First Sunday of lent
Fasting*



St Cecilia We Celebrate You

V 1
*We all have offerings and talents to give
Let's all discover them, develop them and live
Inviting friends to share in our journey
We'll join together, telling our story
Stories of learning and teaching each other
We are one family like sisters and brothers
Hearing and sharing experience of life
We thank Our Lord, as we lift our voices*

chorus
*In all we do, we sing for you
We're here to praise, our blessings gifts
and faith
Respect each other, forgive forget
St Cecilia we celebrate you*

V 2
*When things go wrong we can
always start again
There is no shame in saying
sorry in the end
Consideration, everyone is
treated fairly
We thank Our Lord as we lift
our voices*

Chorus



Lent 14th February to 29th March

Millions of Christians all over the world will be marking the start of an important period of time-the festival of Lent.

- Ash Wednesday marks the beginning of Lent in Western Christian churches.
- During Lent, many people decide to give something up that they love - perhaps chocolate, sweets or even using social media.
- Others might decide to take *up* something, like helping out more with chores at home or making an effort to do nice things for their family and friends.



First week of Lent

Lent is the solemn Christian religious observance in the liturgical year commemorating the 40 days Jesus Christ spent fasting in the desert and enduring temptation by Satan, according to the Gospels of Matthew, Mark and Luke, before beginning his public ministry.



40 days in the desert

Today we are going to hear about how Jesus spent 40 days in the desert. The desert can be a dangerous place, where there is not much food or water. Let's think a bit more about that today.

Opening prayer: God of life, your Son Jesus went out into the desert to talk to you in prayer. Help us to talk to you and get closer to you this Lent, in our prayers and in our actions. Through Christ our Lord, Amen.



Scripture

Gospel: Mark 1:12-15

At once the Spirit made [Jesus] go into the desert, where he stayed forty days, being tempted by Satan. Wild animals were there also, but angels came and helped him.

After John had been put in prison, Jesus went to Galilee and preached the Good News from God. “The right time has come,” he said, “and the Kingdom of God is near! Turn away from your sins and believe the Good News!”



Gospel Reflection

Gospel reflection: Today is the first Sunday of Lent. What is Lent?

Lent is a special time when we prepare for Easter. We take time in Lent to pray more, and to think about how we live our lives. This time can help us to change for the better and grow in our faith.

As we grow closer to God, we also realize that we are called to put our faith into action, and to live our lives as God wants us to, loving and caring for all people and for the earth.



Lent

Lent lasts for 40 days, just like Jesus' time in the desert. This Lent, let's remember in our prayers all the people in the world like Aaron, Augustine and Felicia who are working hard, but who need some support.

And let's do what we can to help and support each other and our brothers and sisters around the world, as we grow in our faith this Lent and try to live as God calls us to.



Intercessions

As we try to be closer to God this Lent, we pray together:

We pray for world leaders: that they may work together to make the world a fairer place, where all people have enough food to eat.

Lord, in your mercy

Hear our prayer (response)

We pray for those who go to sea and all those who face danger in order to feed their families. May God be always with them, keeping them safe.

Lord, in your mercy

Hear our prayer

We pray for our parish, family and friends: may God guide us to share what we can and to work together so that everyone may look to the future with hope. Lord, in your mercy

Hear our Prayer



Closing prayer

Loving God, may we draw closer to you this Lent. Show us how to follow you and help us to be there for one another. Teach us to share whatever we have fairly, so that we, and our whole global family, may look to the future with hope.

Amen.

St Cecilia...

