





Discover • Develop • Rejoice

Dear parent(s)/guardian(s)/Young Carer,

Identifying and supporting young carers at St Cecilia's RC High School

As a school, we are aware that some of our pupils are young carers. A young carer is someone under 18 who is caring unpaid for a family member or friend who is ill, frail, disabled or has mental health or addiction problems. They often take on practical and/or emotional caring responsibilities that would normally be expected of an adult. Research suggests there are at least 700,000 young carers in the UK but many do not realise they are a young carer.

We know that young carers may need a little extra support to enjoy and thrive in school. At St Cecilia's we are committed to ensuring that all pupils who are young carers are identified, and supported effectively.

As St Cecilia's Young Carers' Lead I have responsibility for ensuring all young carers are able to enjoy school and make good progress. If you think your child might be a young carer, or could be affected by any of the issues I have highlighted, please let me know by filling in the form below and bringing it into school in a sealed envelope addressed to me. If you do not feel comfortable doing this, or have any further questions, please contact me on 01772 783074 to speak to me directly or email me at sb@st-cecilias.lancs.sch.uk.

Any information that is given to us will be treated sensitively and no information will be shared without your knowledge.

Yours sincerely

lethisaita

Miss S Bethwaite Young Carers' School Operational Lead, AAHT/Attendance Champion DDSL/Designated Teacher CLA

✓@st-ceciliashigh

Pupil's name: _____

Class: _____

Does the pupil have parents or other family members who have a long-term illness or disability, or who are affected by mental ill-health or substance misuse?

Yes/No

If you wish, you can give further details here: (not required)

Would you like more information about the types of support the school provides to young carers?

Yes/No

If you wish to be contacted to discuss your child being or potentially being a young carer, please provide your name and the best phone number or email address to contact you on.

Name: _____

Phone No: _____ Email address: _____

Preferred time of day/day of the week: _____