CITC ACTIVITY PACK

BOWLING

EQUIPMENT:

Small ball or pair of socks rolled up, selection of empty bottles or cardbord tubes

ACTIVITY:

Children set up their bottles in a triangle (see diagram), these will act as the bowling pins. The aim of the game is to knock as many pins down as possible by throwing/rolling the ball or socks at them

PROGRESSIONS:

Move further away or space the pins out more to make it harder

Try using a smaller ball/pair of socks

Play as a competition with a partner, who can get the most pins down in 10 rolls. Take it in turns and set up the pins after each roll

CITC ACTIVITY PACK

CITY MATHS QUIZ

CITY IN THE COMMUNITY

EQUIPMENT:
Pen and paper - you might also need help from a grownup to research some of the numbers

ACTIVITY:
Can you do these sums?

- Aguero's shirt number x Sterling's shirt number?
- 2 of Fernandinho's shirt number divided by Stones' shirt number?
- Number of players on a football team during a match + number of premier leagues Man City have won?
- Add these shirt numbers; Dias + Foden + Jesus + Torres + Mahrez?
- What's the biggest number you can make with Aguero, Walker and Laportes shirt numbers?
- How many of Walkers shirts would it take to make 1 of Mahrez's shirts?
- Rodri's shirt number x Cancelo's shirt number?
- What is Gundogan's shirt number squared?
- (21+13+9+20) divided by 9 = what Man City players shirt number?
- Can you add together the number of Premier Leagues, number of FA cups and number of league cups Man City have won?

CITC ACTIVITY PACK

FITNESS CHALLENGE

EQUIPMENT:

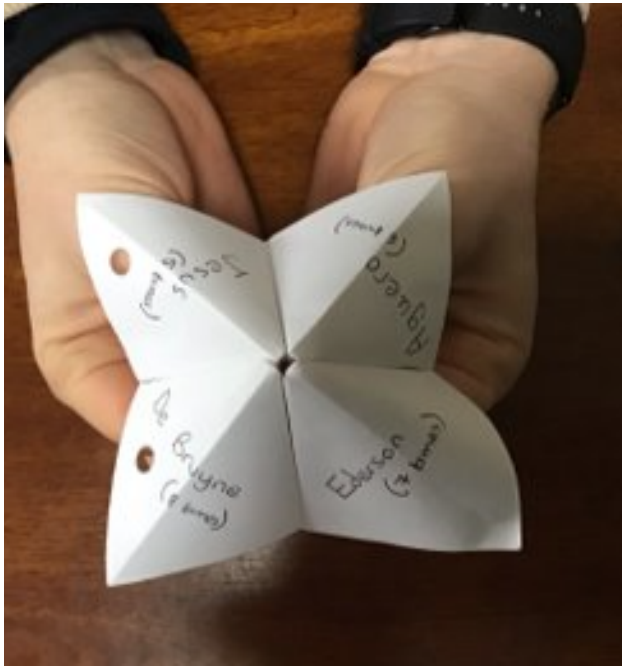
Pen, paper, scissors

ACTIVITY:

1. Fold over 1 corner to make a square. Cut off and throw away the remaining rectangle
2. Fold each corner of the square so the point is in the centre. We should now have a smaller square
3. Flip your square over and fold the corners to the centre again. Square should now be even smaller
4. Now we can start to label our sections. Flip back over so we have big squares on top. Write a players names on each square e.g. Aguero, De Bruyne
5. Flip our square back over to the side with triangles on. Now we write players and their numbers. 1 player on each small triangle
6. Fold up each triangle. Underneath each player, write a fitness challenge e.g. Dias = 10 high knees, Aguero = 10 star jumps. Add a different challenge for each player

Now we can play. Fold up each corner and put your fingers under each of the players names on the big squares.

Try it on friends and family. Remember they must do the fitness challenge at the end.



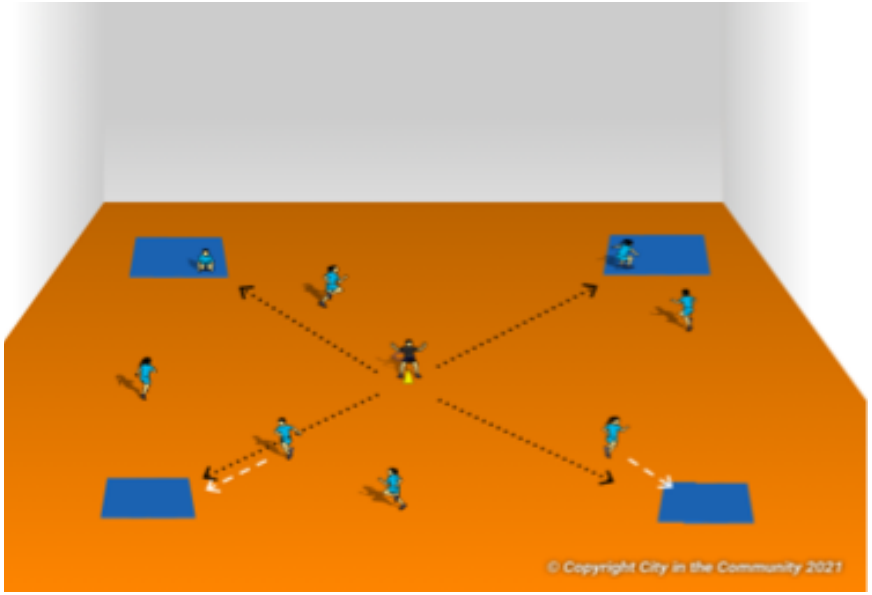
CITC ACTIVITY PACK
BLINDFOLD GUESS

EQUIPMENT:
Cones, blindfold (can use scarf/football sock etc.)

ACTIVITY:
There should be four corners created either from mats or a coned area. Select one pupil to be blindfolded in the centre of the area (this person doesn't move)

The pupil who is blindfolded will attempt to use their listening skills to work out where the other pupils are travelling (they will count down from 10). The other pupils will have to find a corner within the 10 second count down and stay there

The blindfolded pupil will point to where they think the other pupils are (eithout taking off blindfold). Pupils who are pointed to are out until the next round.



CITC ACTIVITY PACK

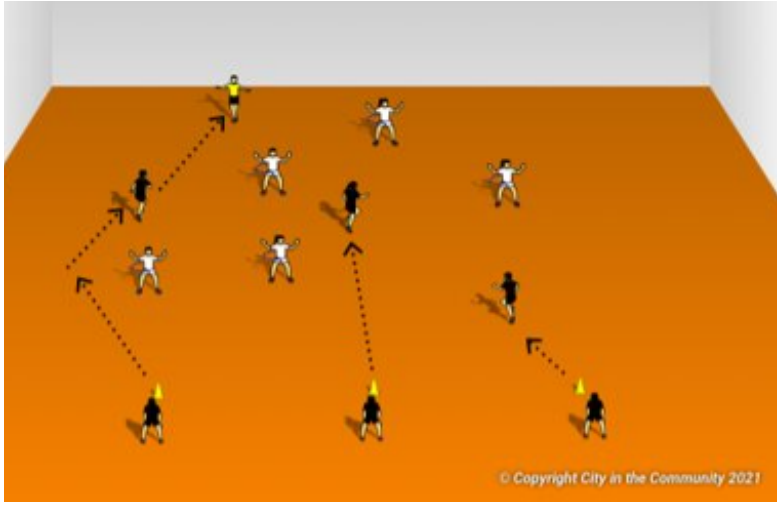
LIGHTHOUSE

EQUIPMENT:

Cones (small and large), blindfold (can use scarf/football sock etc.)

ACTIVITY:

Split the class into half – half will go into pairs, the other half will spread out inside the provided area, they will be rocks. With the paired pupils 1 will be blindfolded and 1 will not. The blindfolded pupils will be the boat, the other will be their guide. Choose one pupil who is the lighthouse, each boat must try to reach the lighthouse safely via their guides instructions to avoid rocks. Pupils must give their boat instructions such as: 2 steps forward or turn right etc. If a boat touches a rock they must stop, take their blindfold off and then become part of the rock. First team to reach the lighthouse wins (then swap roles around)



Safety **-** blindfolded pupil must walk only, on teachers command everyone freezes to avoid accidents