

CITY LIFESTYLES



Recipe name:

Serves:

Preparation time:

Cooking time:

Starting line-up (*ingredients*):



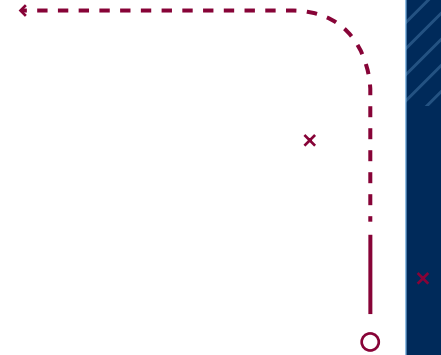
Warm-up (*preparation*):



Game plan (*method to make*):



Substitutes



Nutritional benefits:



CITY LIFESTYLES



x



**CITY IN THE
COMMUNITY**



OFFICIAL PARTNER OF CITY IN THE COMMUNITY