

**PE Key Questions**

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Nursery** | How do I move my body? |
| **Reception** | What happens to my body when I move? |
| **Year 1** | How many shapes can I make with my body? | What different ways can I kick and throw a ball? | What hazards do I need to look for to ensure I am safe? | Can I throw a ball further with my left or right hand? | How does different styles of music affect how I move my body? | Does the way I move affect the speed of a ball? |
| **Year 2** | How many ways can I move from one shape to another? | Does working with a partner change the space I need to work in safely? | Do I need to apply different tactics for attacking and defending? | How do you feel when you move to different styles of music? | Do I need to apply different tactics for attacking and defending? | Does the way I hit the ball change it’s direction? |
| **Year 3** | How does the apparatus affect how I sequence my movements? | Can I control a catch better with one or two hands? | How does my performance affect my team? | Which events need strength from the upper/lower body? | Do my peers move differently to me to a piece of music? | How can I support my team effectively? |
| **Year 4** | How can my ideas influence others and their performances? | How can I change my stance to gain more control when throwing and catching? | How do I ensure my movement changes are fluid through a sequence? | Am I able to adapt my tactics during a game to improve my performance? | Am I able to pace myself according to a specific event? E.g. sprint vs long distance running. | Am I able to adapt my tactics during a game to improve my performance? |
| **Year 5** | Am I able to edit my ideas to ensure fluidity of my movements an accompaniment? | Do I know the most effective techniques to gain and keep possession of the ball? | What different techniques can I use to produce more power when returning the ball? | Can I develop a sequence that I am confident to perform to an audience? | Do I know the most effective techniques to use for the various elements of the game? | Do I know the most effective techniques to gain and keep possession of the ball? |
| **Year 6** | Is my dance piece a reflection of me and a culmination of the skills I have acquired and perfected? | What are the elements of being a fair and respectful competitor? | What are the elements of being a fair and respectful competitor? | How can I combine my ideas with others’ to create the best final performance piece? | How can I combine my ideas with others’ to create the best final performance piece? | What are the elements of being a fair and respectful competitor? |