

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **EYFS** | DancePD: Gross Motor  | Gym PD: Gross Motor | GamesPD: Gross Motor | DancePD: Gross Motor | Gym PD: Gross Motor | Games PD: Gross Motor |
| **Year 1** | Gymnastics Games – focus: Ball skills and games | Dance Athletics- unit 1 | GymnasticsGames –focus: Throwing, catching and aiming | Dance Games –focus: Bat/ball skills and games  | Gymnastics Games –focus: partner work | Dance Athletics – unit 2 |
| **Year 2** | DanceGames – focus: Throwing and catching/inventing games | GymnasticsAthletics – unit 1 | DanceGames– focus: aiming, hitting, kicking  | GymnasticsGames focus: Dribbling, kicking and hitting | DanceGames – Focus: Group games and inventing rules | GymnasticsAthletics – unit 2 |

**St Clare’s RC Primary School**

Whole School Long-term PE Plan

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Year 3** | GymnasticsGames – Focus: Invasion games | DanceAthletics – unit 1 | GymnasticsGames – focus: creative games making  | DanceGames – net/court/wall games - tennis | GymnasticsGames - Striking and fielding games - rounders | DanceAthletics – unit 2 |
| **Year 4** | Games – Focus: Net/wall games: VolleyballSwimming | DanceSwimming | GymnasticsSwimming | Games: Focus – invasion: footballSwimming | Games – Focus: Striking and fielding: RoundersSwimming | AthleticsSwimming |
| **Year 5** | DanceGames – Focus: Net/wall games: Netball | GymnasticsAthletics – unit 1 | DanceGames - Focus: Invasion and target (ball handling) Basketball | GymnasticsGames – Focus: Invasion games (Implement and kicking) Hockey | DanceGames – striking and fielding games - golf | GymnasticsAthletics- unit 2 |
| **Year 6** | GymnasticsGames – Focus: Invasion games – hockey and football | DanceAthletics – unit 1 | GymnasticsGames – Focus: Net/wall/court games - tennis | DanceGames – Focus: Striking and fielding - cricket | GymnasticsGames – Focus: Invasion (ball handling) - dodgeball | DanceOutdoor Adventure (residential)Athletics |