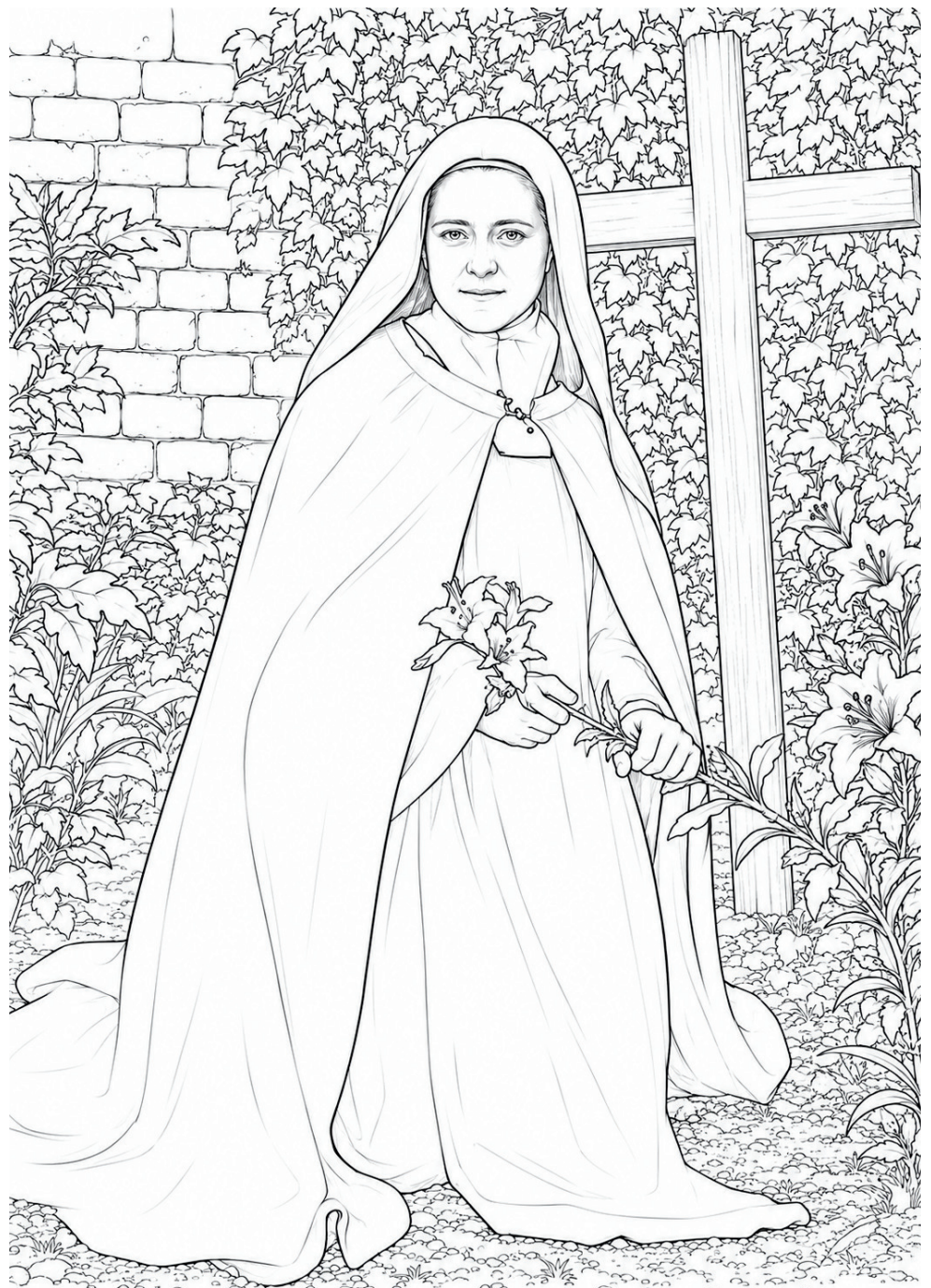




DOCTOR OF THE CHURCH

SAINT THÉRÈSE OF LISIEUX

FEAST
OCTOBER 1ST



WHO IS SHE?

St Thérèse loved Jesus with a simple and trusting heart, and she wanted to show him her love in everything she did, even in the smallest things. She taught that we do not need to do extraordinary things to become holy, we can offer Jesus our ordinary actions with great love. She called this her "Little Way", trusting that God's love is greater than our weakness and that we can become holy by loving him and others in small ways each day. In 1997, Pope St John Paul II declared her a Doctor of the Church because her simple teaching about trusting God's love has helped Christians throughout the world grow closer to Jesus.

LITTLE WAY PRAYER

O Little Thérèse of the Child Jesus, please pick a rose for me from the heavenly gardens and send it to me as a message of love. O little flower of Jesus, ask God today to grant the favours I now place with confidence in your hands (say your requests). St Thérèse, help me to always believe, as you did, in God's great love for me, so that I might imitate your "Little Way" each day. Amen.

SAINT MISSION

From being a young girl, St Thérèse and her sisters counted the sacrifices they made for Jesus. They would go without dessert or treats as a way of showing their love for him. Every time they chose to put others first, they offered it to Jesus. Your Mission is to imitate St Thérèse and count how many little sacrifices you can make for love of Jesus this week.