

# WINTER/SPRING MENU 2019/20



	Meat Free Monday	Traditional Tuesday	World Food Wednesday	Thursday Favourites	Fish Friday
Week 1	Cheese & Onion Pie Jacket Potato Selection Pasta & Sauce Diced Potatoes Beans Raspberry Sorbet with Seasonal Fruit	Baked Sausages, Yorkshire Pudding & Gravy Pasta & Sauce Hot Sandwich Special Mashed Potatoes Broccoli Cheese & Crackers with Vegetable Sticks	Sweet Chilli Chicken Jacket Potato Selection Pasta & Sauce Crusty Bread Mini Corn on the Cob Jelly & Fruit	Homemade Lamb Curry Jacket Potato Selection Pasta & Sauce Brown Rice Carrots Melon Boat	Birdseye Gluten Free Fish Fingers Quorn Burger in a Bun Pasta & Sauce Chips Mushy Peas Seasonal Fruit Sponge and Custard
Week 2	Homemade Pizza Slices Jacket Potato Selection Pasta & Sauce Baked Jacket Wedges Mini Corn on the Cob Dessert Whip with Fruit	Traditional Lancashire Hotpot Jacket Potato Selection Pasta & Sauce Wholegrain Baguette Beetroot & Red Cabbage Cheese & Crackers with Carrot & Cucumber Sticks	Spaghetti Bolognese Vegetarian Sausage Roll & Tomato Sauce Garlic Bread Mashed Potatoes Carrots Oat Crunchie with Fruit Slices	Roast Dinner with all the Trimmings Jacket Potato Selection Pasta & Sauce Roast & Mashed Potatoes Broccoli Fruity Frozen Yoghurt with Peaches	Seaside Salmon Pasta & Sauce Hot Sandwich Special Baked Jacket Wedges Garden Peas Seasonal Fruit Crumble with Custard
Week 3	Homemade Pizza Slices Veggie Sausages Jacket Potato Selection Diced Potatoes Mixed Vegetables Peach Melba	Roast Dinner with all the Trimmings Jacket Potato Selection Pasta & Sauce Roast & Mashed Potatoes Carrots Cheese & Crackers with Carrot & Cucumber Sticks	Homemade Chicken Pie Pasta & Sauce Hot Sandwich Special Wholegrain Baguette Green Beans Parsnip & Apple Cake with Custard	Baked Sausages & Gravy Cheese Flan Jacket Potato Selection Baked Jacket Wedges Broccoli Fruit Salad with Fruity Frozen Yoghurt	Tempura Fish Fillet Southern Style Quorn Burger Pasta & Sauce Chips Garden Peas Homemade Muffin

The Fresh Fayre Gang - making your school dinners taste great!

St. Clare's Junior



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